

# Inspira

Vol. No. 65, July 2025

The Foundation Newsletter



## From My Heart...

**M**y dear Daughters and Friends,

In last four months, exciting developments have taken place in our beloved LPF. We have got a new trustee Dr. Mrs. Lakshmi Kumar. She is a well-known educationist and an intercultural coach. She has many years of experience in School education and has been the founder Director of Orchid school for over two decades. Currently she is Director at Avasara Leadership Institute's Avasara Academy. We are fortunate to have her as a TRUSTEE and Welcome her.

We also have a new team leader join us in our mission. She is Sharmila Govande. She joined us on 15th of May as Senior General Manager. She has over 25 years of work experience in the social sector. She will be overseeing LPF's operational framework, working hand-in-hand with our teams to enhance program implementation, explore new avenues for sustainable growth of LPF. We extend a warm welcome to her. She has written a short communication to all of you, do read it and get to know her.

The year 2025 has started on a high note for all at LPF. It is the 30th year of our Beloved Foundation. 29 years completed. Quite a milestone! In this epoch-making year we have lined up many interesting activities for the Foundation, mainly focused on environment, health, safety, fun, ensuring holistic development with joyful learning experiences for our daughters. Some have already happened and others are lined up. We had Blood Donation Drive, Talks from our girls on Female Hygiene in various schools in Wardha Amravati and Nagpur. A safari to Bor Tiger Reserve, A Zumba session on world health Day, Tree plantation, food distribution to celebrate women's day, Holi and Eid at our various schools, to name a few. As we move forward, we stay rooted in our mission for empowering girls and building a future that is healthier, happier and full of many possibilities for a better life for girls.

We also celebrated Dad's 88th birthday and starting of 89th year, with great enthusiasm and happiness. Many girls from mission 1 and mission 2 Whatsapp groups participated and also many of them performed acts, dance forms for him on his favorite songs and ideas.



It was all followed by a sumptuous dinner. There were hundreds of messages from his daughters expressing their love, concern, admiration for HIM. Next year we have to start to plan as Dad will complete his 89th year and embark on his journey into his 90th year. An year, which is celebrated throughout the world as one of the most important years in one's life.

We also celebrated our 55th wedding anniversary. Five and half decades of a Happy and a fruitful life of togetherness and unconditional love for each other! We both should be a living example to all of you including our dear daughters, as to how respectfully and lovingly a couple can live a happy, constructive and an exciting life full of fun and joyful moments.

In my last message in the 64th Issue of INSPIRA, I had informed you that on 11th October 2025 our beloved LPF will celebrate 30th Birthday. I have requested you to come forward and offer your suggestion as to how we should celebrate in the coming period so that we could make our 30th year a Memorable Year. But unfortunately, not many girls have taken any initiative. Why are you girls so unconnected and so engrossed in self? Come on girls there is more to life than only looking after yourself.

Our 30th year Scholarship selection processes have started in full swing. As always, our Schools get priority.

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New batch of school girls' selection started in May/June and has got completed. We are happy that 344 children from 13 schools have been selected/ added to our family in this 15th year of our school program 2Morrow2Gather. This takes our total school family to 3584. Great Milestone when we started in 2011 only with 102 girls and 5 schools. These 344 girls have received their scholarships in a well-organized, award functions on the 19th and 24th of this month, i.e. just before this issue comes into your hands. Let us all welcome them.

The Foundation and the Trustees will soon get busy to select yet another batch of young deserving Girls, who will join our family of Lila Girls and Lila Fellows. It is the duty of each one of you to communicate to their friends and colleagues to take advantage of this facility available so that the real deserving girls change their lives. Ask your friends to visit the web site [www.lilapoonawallaoundation.com](http://www.lilapoonawallaoundation.com) for details.

The processes for all UG and PG programs have commenced with great enthusiasm and grit. Hopefully this year we would be able to complete all the selections and award functions before the year end, giving us enough time to disperse the funds and start on our skill development programs in real earnest.

We started the mission of empowering economically challenged but academically brilliant girls, 30 years ago and have been able to grow the foundation, reach out to almost 18000+ girls. It has been a tough climb, but an enjoyable and very rewarding one. However, time has come now for all senior LILA Fellows and LILA girls, who have been a part of this mission for more than 20 to 25 years, to rise and join hands, to become one family. To come up with suggestions and new ideas as to how to raise funds to sustain this foundation and keep the mission going for many years to come.

I request our senior girls to participate in making our LPF's story a grand success. Give some of your time in training, mentoring of their junior sisters and share with them success stories of their sisters. These should also encourage our girls to look for their company CSR and donation matching opportunities. Let us all join together to become one LPF family. At present many girls are not in touch with US. It is sad. Let us correct this into 100% inclusiveness and come forward to be in touch with LPF.

On this note, I am happy that the number of our daughters participating in Foundation activities has increased, but

of course it is still not enough. When I ask them, why you not join the programs, many of them give the main reason that they are busy and are short of time. Well, the most important principal of every individual is Time Management, and only the concerned individual can manage this. Never must we say, IF I COULD, I WOULD, always say IF I CAN, I WILL. We must avoid that comfort zone and put in that extra Bit, to get done that extra Bit. Nothing comes easy, not even time management. We must realize and appreciate that it is not enough to be busy; the question we should ask ourselves is what are we busy with? All of us have the same 24 hours in a day. Why it is that some are able to do so much more than the others? It is because they understand priorities. Never before have we had so little time to do so much. Urgency should not cloud importance of what needs to be done.

Have a dairy. Plan your time. A dairy helps you to set priorities and stick to them. Helps you to use your time in a productive way, encourages thought and reactivity. And helps reduce tension and stress. It gives you better control of your own life. Wish you all the best and get going to achieve the best in life.

I conclude this message here and promise all of you that in the next issue I will make a special article only on our travels with many pictures to make an enjoyable reading and something to remember. Until then, good bye! Let us all look forward to the forthcoming celebrations of our 30th year. I am sure all of you are looking forward to the next communication on this subject.

I take this opportunity to wish all of you the best that life can offer us. Dad and me continue to PRAY for all of you for your well-being, good health, success and peace. Enjoy all the forthcoming festivals and have a lot of fun.

Love you all.

Yours

A handwritten signature in cursive script that reads "Lila".

Mom to all Lila daughters and Friend to all readers.



**2025** marks a milestone year for the Lila Poonawalla Foundation as we celebrate 30 Years of Excellence, three decades of empowering young girls through education and holistic support. This special year's celebrations were centered around the themes of health, hygiene, nutrition, safety, environmental care, and joyful learning, ensuring that our LILA Girls, Seniors & Juniors experienced not just support, but also personal growth and well-being.

The celebrations began on an inspiring note with a brainstorming session held in January, it was led by our beloved Founder Trustee, Mr. Firoz Poonawalla, lovingly known as Dad. He shared his vision for celebrating meaningful and impactful activities ahead. This vision came alive in every corner of LPF-supported colleges & schools.



- In **Amravati**, LILA Girls connected with 90 students from 6th to 9th grade, sparking meaningful conversations on **menstrual hygiene, nutrition, and social media safety**. These girls used handmade charts to explain the process.
- Similar session was conducted in Adegaoon, **Nagpur**, where over 120 students from 5-9 grades attended



the session. Activities like sanitary pad distribution to girl students, short plays on hygiene and social media were taken place.

- In **Wardha**, our girls explored the **Bor Tiger Reserve**, spotting tigresses and rare birds, a magical connection with nature.
- Around 100 girls celebrated World Health Day with an energetic **Zumba session**, boosting physical and mental fitness.
- At **Badnera Old Age Home**, LILA Girls touched hearts by conducting health check-ups, singing, dancing, and sharing stories with 60+ senior residents.
- A **Blood Donation Drive** organized in collaboration with Tehmi Grant Institute Of Nursing Education (TGINE), **Pune** and Ruby Hall Clinic saw wholehearted participation from LILA Girls and members of society.
- As part of the **Mother's Day celebration**, we organized an **Article Writing Competition** on the topic, 'I love you mom because...' and a Mom's Healthy Recipe Competition for our LILA Girls.
- We also celebrated **International Nurses Day** to recognize and appreciate the selfless service, dedication, and contributions of nurses to society.
- On International Day of Yoga, LPF, in collaboration with our esteemed Partner Colleges, organised energising yoga sessions across **Wardha, Nagpur, and Bengaluru**. Over 100 participants in Wardha &



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Nagpur and 60 participants in Bengaluru, including special guests, expert trainers, committed college staff and our spirited LILA Girls, came together to stretch, breathe and embrace the path of wellness.

- Apart from this, **plantation drives** were also organised in **Wardha & Nagpur** and our LILA Girls actively participated in them.
- And most recently, our LILA Girls experienced the beauty of nature through 'Rice Cultivation' and a **Lohagad trek**, creating memories and life lessons.



- School-based activities like **"Adopt A Plant"** and **"Best Out of Waste"** fostered eco-awareness, creativity, and responsibility among our **LILA Juniors**.
- We also celebrated **Women's Day, Holi, and Eid** by distributing food grains to girl students and their families in Bapusaheb Pawar Kanyashala & Camp Education Society's Kanya School, sharing joy, hope, and togetherness.

As we continue this journey, LPF remains committed to nurturing confident, compassionate and empowered young girls ready to shape a brighter tomorrow.

## Wishings to LRF

It is difficult to believe that LPF will be entering the 30th year with new hopes and aspirations. Lila though very successful in her corporate career, decided to leave and started the Foundation with the purpose of helping girls financially to complete their studies. The beginning was small. About 20 girls were helped for their post graduate studies in India and abroad. After a few years scholarships for overseas studies were discontinued as the girls preferred to work abroad while Lila wanted them to devote their energy and efforts in nation building. India needed their expertise. In the last 29 years, the Foundation has expanded its activities many folds by offering scholarships for school education to post graduate studies in various disciplines. Every year hundreds of students receive scholarships. It is helping girls from Wardha, Amravati and Hyderabad too. For 15 years I was involved in the selection of students. We disagreed and argued but Lila was very democratic in her approach. There was complete transparency in the selection process.



The Foundation is unique in many ways. It makes all efforts to widen their knowledge and develop new skills and preparation for facing interviews. Opportunities to develop communication and oratory skills add to their confidence. LPF has become like a trade mark. Employers, who have experienced the participation of LPF girls, prefer to employ the new graduates who have received scholarships.

Lila and Firoz have become their beloved Mom and Dad. Firoz is very gentle, a great supporter and listener when girls go with their problems. The girls love him dearly. Lila is adored by the girls. She is their role model and looked up to her for advice and guidance. Many aspire to work in the corporate world and dream of holding a leadership position one day. I remember Mr. Rausing, gave her a generous gift when Lila bid goodbye to the company she was working for, from which she established LPF. He had expressed in his speech "Let hundreds of Lilas bloom". That day is not too far away. And today, we see it all and witness the love and perseverance! Wishing Foundation all the very best.

■ Love you all  
**Freny Tarapore**  
Founder Trustee



## It's a successful 30!

Education is a pivotal force in shaping lives, values and character. For under resourced children everywhere, it can mean the difference between a lifetime of poverty and prosperity. It is transformative for many- girls especially- coming from limiting financial backgrounds. This is what the Lila Poonawalla Foundation (LPF) set out to achieve: empowering young, Indian ladies to face opportunities and achievement gaps with merit cum need scholarships at the school, college and post graduate levels.



As a Founder Trustee, it was my pleasure and privilege to help fulfill Lila's dream. From 1996, when we selected our first batch of 20 Lila Fellows, her family comprises close to 20,000 daughters 25 years later!

When I think back on the many years I was a part of the selections, a flood of memories flow by..... the view across the conference table in the Blue Diamond Hotel.....girls being interviewed by a full panel of Trustees....witnessing extreme reactions of nervousness and tears..... heart wrenching stories of trauma and tragedy..... tales of extreme hardship...! Torturous treks to various schools in rural areas, the unknown terrain and many more had

been witnessed earlier. Life roughed them up. I felt it and those wet eyes left me with sleepless nights many times. On the other hand, for every one of them, the sheer motivation and will to study further prevailed. After an arduous process, it was gratifying to select the most deserving applicants every year.

Today, it is heartening to see these girls transformed into mature, confident, independent individuals, well settled and doing extremely well for themselves in the topmost companies in India and abroad. I live in San Francisco, California, close to Silicon Valley, where many Lila Fellows work and reside. I am delighted to remain connected to many of them who spend quality time in my home with their spouses and children! The very girls I interviewed years ago!

Exciting, fulfilling, joyful, insightful, and amazing would best describe my years with LPF. One of the most rewarding experiences of my life! For Lila, the giver, who has transformed so many lives, it was her vision and force from within. For the recipients of the LPF scholarships, it was a Godsend. I speak from the heart.

God Bless you all.

■ **Maya Thadhani**  
Founder Trustee

As I go down memory lane, It was back in 1996, when we, Lila Poonawalla Foundation Trustees and our Chairperson Padmashree Lila Poonawalla herself along with Firoz Poonawalla selected our first batch of extremely motivated, intelligent and enthusiastic young ladies for giving scholarships to pursue their postgraduate education either in India or abroad. This idea of starting such a foundation was entirely the brainchild of Padmashree Mrs. Lila Poonawalla. After that there was no looking back. There were times when we thought we would not be able to meet the financial demands of our ever-increasing number of Scholarships to be given every year, but with God's blessings we always managed to raise the funds and help all the deserving young girls.



Before our interviews, I would look forward to reading their essays to see how motivated the girls were. Our interviews went on for days and after the interviews our discussions on who to select went on till night. Mr. Firoz Poonawalla always kept the balance and lightened the atmosphere with good humour. My colleagues and I remained as Trustees on the Main Board till 2011. After that I was an Advisory Board Member from 2011 to 2019. From a small number of about 15 to 20 girls that we

started with, today we have a magnanimous number of girls- all calling Lila and Firoz, Mom and Dad. During my tenure as Trustee of the Foundation I had the opportunity to meet and interact with some of the most eminent women in India holding important positions in their respective fields, who were invited as Chief Guests at our Annual Scholarship giving functions. This also included none other than our dear Past President late Dr. Abdul Kalam. In 1996 we started with a bang with Dr. Kiran Bedi as our very first Chief Guest. This Foundation has done wonders over the years with the young women who were chosen for the scholarship, from grooming them to making them extremely confident young women in diverse fields.

The entire twenty-three years that I spent closely working with the Lila Poonawalla Foundation were the most memorable, educative and fulfilling years of my career. It was very heartening to see both Lila and Firoz take such minute and close interest in all the Lila Fellows and their progress through the years. In these young girls I saw a passion and a dream to rise above their economic constraints and fulfill their destiny, and also a deep gratitude to the Lila Poonawalla Foundation for helping them turn their dreams into reality.

■ **Shernaz Edibam**  
Founder Trustee  
Ex-Principal, B.N.N. Dastur Primary School

# *Inspira* Corporate Engagements and Interactions



Hoganas India (LPF's Corporate partner) team – Mr. Sunil Muralidharan - President, Metal consumables & Elements, Mr. Munish Sharma - Market President, India, Mr. Vinay Shende - Director, Human Resources, Administration & Communications met Mrs. Lila Poonawalla & team LPF.



Women leaders of Cadence Design Systems, Pune, engaged in an inspiring interaction session with Mrs. Lila Poonawalla.



TietoEvry (LPF's Corporate partner) team Mr. Trond Vinje – Group HR Head, Mr. Vinu Sekhar – India HR Head, Mr. Ashwani Batra – Director & CFO (India and USA), and Ms. Neha Barman –India HR Branding met Mrs. Lila Poonawalla.



During the International Women's Day celebration week, Mrs. Lila Poonawalla (Chairperson, LPF) was invited as a speaker at Quorum Software.



Prof. Goran Grosskopf and Ms. Birgita met Mrs. Lila Poonawalla, Mr. Firoz Poonawalla, interacted with our LILA Girls, and LPF's functional leaders.



During the International Women's Day celebration week, Mrs. Lila Poonawalla (Chairperson, LPF) was invited as a speaker at Tata Technologies Ltd. LPF's corporate partner.



Lila Poonawalla Foundation (LPF) signed MoU with BRAC's Vishwakarma Institutes (VI), Pune



Dear all,

We've truly come a long way. Think about the struggles of Savitribai Phule just to start a school for girls. Now, we're witnessing a transformative shift in girls' higher education. Young women are increasingly breaking through societal norms and economic constraints, pursuing their academic aspirations with determination.

Recent reports indicate a remarkable surge in female enrollment in higher education, with All India Survey for Higher Education (AISHE, 2021) studies showing a **28% year-on-year growth**, significantly outpacing male enrollment. This upward trend reflects a growing recognition of the value of educating girls, not just for their individual empowerment but for the holistic development of families and the nation. While we appreciate this growth, data also shows that while more than 90% of girls enroll in schools, only 50% enroll for higher secondary level (UDISE data) and much lesser percentage opt for graduate and postgraduate studies.

Challenges persist. Deep-rooted cultural and social norms, financial hardships, and a lack of adequate infrastructure in some regions hinder girls' access to and completion of

higher education. This is where organizations like the Lila Poonawalla Foundation (LPF) play a crucial role.

As the new Senior GM, Operations, I am incredibly excited and eager to contribute to this vital cause and work with the pioneering foundation of India. I look forward to working closely with our dedicated team to further **strengthen our operations, enhance our outreach**, ensuring even more deserving girls to benefit from our programs. My focus will be on **nurturing our corporate partnerships** to create more robust scholarship and placement opportunities.

I look forward to the continued support of Lila Alumni, Lila fellows, Lila girls, Lila seniors and lila juniors to honor the opportunity they have received to learn, grow and empower themselves to become independent and responsible global citizens. Together, we will continue to empower the next generation of women leaders, innovators, and change-makers, driving forward the progress of our nation.

Warm regards,

■ **Sharmila Govande**  
Senior General Manager  
Lila Poonawalla Foundation

## From the Parent's eyes

### Never be afraid to let your daughters dream!

"I am proud of my daughter. She is going to achieve every goal she sets." These were the proud words of **Mrs. Ragini Pandey, mother of Aastha Pandey, Lila Girl 2024.**



Like every parent, **Mr. and Mrs. Pandey dreamed of giving their daughter the best possible future.** Aastha, in turn, matched that dream with her dedication and determination to reach new heights each day. With a smile, Mrs. Pandey shares that Aastha enjoys studying so much that she often forgets to eat. "She just loses herself in her books," she says. Aastha dreams of working at a multinational company and hopes to travel the world—Japan being at the top of her wish list.

Currently in her third year of IT Engineering after completing a diploma in the same field, Aastha's aspirations once caused concern for her parents. The family went through a difficult financial phase after COVID-19, losing their main sources of income. To sustain themselves, they opened a small laundry shop. "When Aastha told us she wanted to go to Japan, we had to break her heart and tell her we couldn't afford to fulfill that dream," recalls Mrs. Pandey.



A similar dilemma arose when Aastha secured admission to the Cummins College of Engineering for Women in Pune. The cost of higher education seemed beyond their reach—until the Lila Poonawalla Foundation came into their lives. Aastha learned about the scholarship through her college professors and shared it with her family. Although unsure if she would be selected, she decided to give it a try. Mrs. Pandey recalls how nervous Aastha was

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before the interview but proudly notes that she faced it with courage, later describing it as one of the most memorable moments of her life.

Mr. and Mrs. Pandey also had the opportunity to meet Lila Mom and Firoz Dad. "We were truly inspired and in awe of them," they said. **"We will always be thankful—not just for supporting our daughter's education, but for empowering her in every way."**

Originally from Varanasi, the Pandey family moved to Pune in search of a better future for their children. However, they still face discouragement from extended family in their village. "One relative once called and said his daughter was already married with a child, and that we should think of getting Aastha married soon too. They told us that educating her would only make it harder to find a groom and we'd have to pay a big dowry," shared Mrs. Pandey. "My husband immediately shut them down and said our daughter would never need to give dowry—her education will open doors on its own."

Things are changing, though. Mrs. Pandey proudly shares that now, when they visit their village, people

praise Aastha and even encourage their own daughters to study hard. Aastha and her family have become role models, setting an example for others and paving a new path for young girls with big dreams.

Mrs. Pandey considers the Lila Poonawalla Foundation to be a blessing. "LPF has been like a gift from God," she says. "The financial support and training programs have not only helped us educate our daughter but have shaped her into the amazing young woman she is becoming."

Mr. and Mrs. Pandey hope to one day give back to the foundation that changed their lives. Mrs. Pandey's message to other parents is simple yet powerful: **"Don't let society or money stop you from letting your daughters be who they want to be."** She adds, "Money may come and go, but people like Lila Mom and Firoz Dad will always be there to help. So never be afraid to let your daughters dream."

■ - Compiled by Tazeen Shaikh  
LG 2017

## We are blessed to have LPF

Our LILA sister- **Aliya Doddamani, LJ of the year 2019, is yet another example of 'girls do have aspirations.'** She stays at Pune city and wishes to become Chartered Accountant (CA) in the first attempt. As we all know, this is one of the toughest exams identified in our country and Aliya was able to dream about it and take steps for its accomplishment because of LPF.



"Aliya was smart in studies since her school days. Every teacher was fond of her. She came to know from her teachers at school about LPF and its process for scholarship. She was very overwhelmed by hearing all that and said that *Ammi, Mai bahot padhungi aur mere sapne pure karungi. Mujhe LPF ki scholarship chahie jo mujhe yeh housla de ki sapne pure hote hai bas hume aage badhte rehna hai!*" **say Mr and Mrs Doddamani.** They further add, "We then never stopped her for dreaming and asked her to pursue Science for higher education. But then, she insisted that, if my friends are taking Science, it doesn't mean that I should also take it up. Foundation has taught us that we should possess and pursue the things of our choice and interest. I will take Commerce stream and aim to become CA."

These strong words of Aliya made her parents very proud and burden less that they knew she was perfectly aligned with her dreams. Her Mom adds, "Let the girls study and make them stand on their feet as this is the real necessity for the generations to come. Marriage will be a part of their life, but do not hamper their career." She further adds, **"The various training and Career guidance programs, English lectures** were very effective and girls have benefitted a lot from it. Also,



we had met Mom and Dad in few of the programs and talking with them is really so motivating. Taking this opportunity of new column in INSPIRA, we are very thankful to them for everything!

We, at LPF wish Aliya good luck and all the best for her future dreams and may you accomplish all the desired endeavours!





## Happiness was back in life!

A girl full of dreams, a girl with sincerity, a girl with grit and perseverance... was about to get missed in the overcrowded world. The true gem was then identified by LPF at a young age of schooling era and then the journey towards a better life began. We are describing our LILA sister- **a LJ of the year 2021, Mariyam Chaudhari**



"Encouraging girls to study and make them continue their studies with excellence is the prime moto of LPF. **This foundation has not only opened the doors for girls but also have given an assurance for bright future**" say Mr and Mrs Chaudhari. They further add, "We were not even able to purchase the basic study material and pay fees for Mariyam. Her father is a sole bread winner for a family of 5 people. The burden was heavy. But the years after LPF came in our lives, it made all simple and easy! This was at various levels of help provided every year including the school books, cover, bag, uniform school shoes etc. **Their only requirement was that, she should keep a good score in the academics and continue to study.**"

Also, they mentioned about the school teachers who kept up the motivation and it was they who introduced the parents with LPF scholarship. Mr and Mrs Chaudhari were earlier unaware about LPF scholarship and support. But then, the process began with application, interview, and finally the day arrived when they received the letter. **Mr Chaudhari says, "Our happiness was multiplied many times. Her studies speeded up and her happiness and overall development was at top!** She felt happy from within and gave a promise that she will never anyone of us down. And till date as she is about to take her admission for Diploma, she is up to the mark and will continue in future years too!



**The various training and Career guidance programs, English lectures, online sessions on development and study related inputs were very effective** that it reflected in her academics and personal life too. Also, because of the school timings and other commitments at work the parents wished to meet Mom and Dad and thank them in person, but were not able to. Taking this opportunity of new column in INSPIRA, we are very happy to thank them for everything! says Mrs Chaudhari.

Mariyam will continue her studies and will follow her passion of becoming a successful engineer. We, at LPF wish her a great good luck and all the best for her future endeavours! ■

## Winner of National level project expo (Vidyut-2025)

**Sreepathi Sai Krishna Sri**, a B.Tech student from the CSE branch at CMR College of Engineering and Technology, is proud to share her experience from the Vidyut-2025 Project Expo. She developed a hardware project titled **HOIST CRATE**, an automated iron box lifting mechanism. The project earned a patent and has also been recognized by several industries, with whom she has begun collaborations for marketing.



Her passion for innovation led her and her team to participate in the Expo, where their project secured **first place**. The panel members were highly supportive and

provided valuable insights that enriched their experience. This achievement stands out as a memorable milestone in her academic journey. Through this project, she gained important skills in **team collaboration, communication**, and a better understanding of **industrial professionalism**.

She also acknowledges the **technical sessions conducted by the Lila Poonawalla Foundation**, which played a key role in motivating her and guiding her progress.

She expresses her sincere gratitude for the support and learning opportunities.

■ **Compiled by  
Sonal Mohite Walunj  
LF 2012**

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**V**aishnavi Budhe, Lila Girl 2021, from Cummins College of Engineering for Women, Nagpur. She has received a LPF fellowship for B.Tech in the Computer Engineering field. This fellowship helped her to continue her studies despite financial constraints. With graduation behind her, she is now excited to channel her learning and experiences into her next adventure—whether that's further studies or launching her career.



Vaishnavi Budhe, as a vice president of the Yuva Wing of Swasthya Vriksh Foundation. It is an organization dedicated to creating positive change and empowering communities. She takes immense pride in our initiative to provide free cervical cancer vaccines to young girls, ensuring a healthier future. We are actively working to eradicate cervical cancer, which is the second fastest-growing cancer among women in India, through the 'CANCER KAVACH' initiative. Sadly, 27% of the death



rate from cervical cancer in the world is from India. Some people think that cancer journey is a private one but she think that it's a tool. One to help others to deal with their own journey. To help find the ups and positives and to let them know they are not alone. I have decided to work for this main cause.

Cervical cancer is a type of cancer that occurs in the cells of the cervix — the lower part of the uterus that connects to the vagina. It often has no early symptoms. Human papillomavirus (HPV) is a group of related viruses, some of which can lead to cervical cancer. Due to lack of awareness and the high cost of the preventive cervical cancer (HPV) vaccine, it is still scarcely available to underprivileged girls in rural areas.

Cervical cancer remains one of the most common, dangerous, and fastest-growing cancers among women — yet it is preventable. Unfortunately, many girls miss out on the HPV vaccine due to financial constraints and



lack of awareness. Swasthya Vriksh Foundation, Nagpur [Reg no: F-0037380(NGP)], is an NGO that works widely for the betterment of healthcare-related concerns. Our NGO aims to bridge this gap by offering free vaccinations and spreading awareness. Till now, Swasthya Vriksh Foundation has vaccinated 15,000+ girls free of cost. We are still providing free vaccines for underprivileged girls aged 9 to 20.

Through workshops, seminars, and awareness drives, we educate young women about the importance of vaccination and regular health check-ups. The response from students has been inspiring, with many stepping up as volunteers to promote this cause within their communities.

Beyond vaccinations, her team believe in empowering young women to take charge of their health. This movement is not just about protection; it is about instilling confidence and responsibility in every girl. With continuous efforts, her aim to expand our initiative to reach more communities. With a strong passion for social justice and sustainable development, she is committed to driving impactful initiatives that address pressing issues such as education and healthcare. Her role involves collaborating with diverse teams, engaging with people, and implementing innovative programs that make a tangible difference in people's lives. She feels proud to be part of a mission-driven organization that strives to build a more equitable and compassionate world.

To every young woman reading this — **Your health is your power.** Join us in making a difference and ensuring a brighter, healthier future for all. **Together, we can create change!.**

Compiled by Dr. Rita Madanlal Shetiya  
(LF -2005, PA 2011)



## Placement Data Joining Date 16.07.2024 to 31.03.2025 (Pune)

Sr No.	Name	Scholarship Year	Course	Company Name	Designation
1	Prithvi Shyam Samant	2020	B ( PG )	Springer Nature	Editorial Advisor
2	Poonam Balaso Gawade	2020	D (Engineering)	Rockwell Automation	Associate functional consultant
3	Abha Sanjay Pathak	2020	D (Engineering)	Capgemini	Trainee
4	Anuradha Deepak Dhavale	2020	D (Engineering)	Steep Graph Systems Pvt. Ltd	PLM Intern
5	Farzin Mubin Mulani	2020	D (Engineering)	Accenture	Packaged App Development Associate
6	Fiyona Piyush Shah	2020	D (Engineering)	Worldline Global services Pvt Ltd	Trainee Engineer
7	Juee Tribhuj Shelke	2020	D (Engineering)	Tech Mahindra	Software Engineer
8	Komal Eknath Borchate	2020	D (Engineering)	Accenture	Packaged App Development Analyst
9	Namrata Popat Jadhav	2020	D (Engineering)	Amdocs	Software Engineer
10	Neha Sunil Kadam	2020	D (Engineering)	Western Union	Trainee Associate
11	Pooja Pramod Dani	2020	D (Engineering)	Capgemini	Software Developer
12	Pooja Sagar Shinde	2020	D (Engineering)	Capita	Software Developer
13	Prerana Praphulla Pandit	2020	D (Engineering)	TCS	System Engineer
14	Sakshi Balasaheb Khaire	2020	D (Engineering)	SAP Labs India	Associate Developer
15	Sakshi Nitin Jagtap	2020	D (Engineering)	Deloitte	Analyst Trainee
16	Sakshi Prakash Bagul	2020	D (Engineering)	Capgemini	Software Engineer Analyst
17	Sakshi Santosh Chame	2020	D (Engineering)	Confluxsys Pvt. Ltd.	Trainee Software Engineer
18	Sakshi Santosh Ranmode	2020	D (Engineering)	Mercedes Benz India	Graduate Aapperntice Trainee (GAT)
19	Sandhya Santosh Rakhunde	2020	D (Engineering)	JPMorgan Chase & Co.	Software Engineer
20	Sayali Ramesh Wakchaure	2020	D (Engineering)	Capgemini	Analyst(A4)
21	Shraddha Amar Vagare	2020	D (Engineering)	Ayaan Autonomous System	GET
22	Shweta Goraksha Jadhav	2020	D (Engineering)	Western Union	Trainee
23	Vaishnavi Vasant Gudulkar	2020	D (Engineering)	Alfa Laval	GET
24	Vaishnavi Hiradas Khilari	2020	D (Engineering)	CRANE Co. (Cp&S)	Design Engineer
25	Akanksha Machhindra Daware	2020	D (Engineering)	IBM	Associate System Engineer
26	Iqra Mushtaque Khan	2020	D (Engineering)	Barclays	Software Developer
27	Rasika Santosh Deshmukh	2020	D (Engineering)	Accenture	Associate Software Developer
28	Rutuja Mohan Sathe	2020	D (Engineering)	Accenture	Associate Application Developer
29	Sneha Sanjay Inamdar	2020	D (Engineering)	Accenture	Packaged App Development Associate
30	Bhagyashree Vijay Bhandarkar	2020	D (Engineering)	Aditya Birla Capital	GET
31	Pranoti Mahavir Kalyani	2020	D (Engineering)	Ador Welding Pvt. Ltd.	Embedded Engineer
32	Divya Ulhasrao Challawar	2020	D (Engineering)	Amdocs	Software developer
33	Nikita Hemant Bankar	2020	D (Engineering)	Amdocs	Software Test Engineer
34	Sanjana Prabhakar Gadagi	2020	D (Engineering)	City Corporation Limited	Software Developer
35	Aarti Sanjay Golande	2020	D (Engineering)	Deloitte	Analyst
36	Saloni Arunrao Raut	2020	D (Engineering)	Emerson Export Engineering Centre II	Graduate Engineer Trainee
37	Tanaya Nilesh Bhanjale	2020	D (Engineering)	Nomura	Analyst
38	Divya Shailendra Bhujbal	2020	D (Engineering)	o9 Solutions	Associate Application Engineer

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Sr No.	Name	Scholarship Year	Course	Company Name	Designation
39	Vaishnavi Madhukarrao Surkar	2020	D (Engineering)	Persistent Systems	Software Engineer
40	Sanjana Vekateshwarrao Haridas	2020	D (Engineering)	Siemens Digital Industries Software	Software Engineer
41	Harshada Santosh Chaudhari	2020	D (Engineering)	Capgemini	Software Engineer
42	Shweta Shantaram Shivale	2020	D (Engineering)	Uno Minda Limited	Graduate Engineer Trainee
43	Dnyaneshwari Vikas Navale	2020	D (Engineering)	EPAM Systems	Junior Software Test Automation Engineer
44	Khushi Shyam Jadhav	2020	D (Engineering)	Transcom	Customer Associate
45	Komal Tanaji Patil	2020	D (Engineering)	PTC	Devops Engineer
46	Maithili Santosh Jagtap	2020	D (Engineering)	Capgemini	Analyst
47	Prachi Ganesh Jadhav	2020	D (Engineering)	Infosys Ltd	Specialist Programmer
48	Shifa Zakir Khan	2020	D (Engineering)	Telstra	Software Associate
49	Snehal Sanjay Gholap	2020	D (Engineering)	SLB One Subsea	GET
50	Sonam Vinod Pal	2020	D (Engineering)	Western Union	Associate Trainee
51	Vaishnavi Nitin Jagadale	2020	D (Engineering)	Vodafone Idea	Graduate Engineer Trainee
52	Anushka Deepak Shelke	2020	D (Engineering)	JPMorgan Chase & Co.	Software Engineering Porgramer
53	Vaishnavi Ramprasad More	2020	D (Engineering)	Schlumberger	Software Engineer
54	Prajakta Ganesh Jadhav	2020	D (Engineering)	TCS	System Engineer
55	Pritee Balasaheb Ghumare	2020	D (Engineering)	Western Union	Data Engineer
56	Ahilya Pandurang Bandgar	2020	D (Engineering)	Capgemini	Software Developer
57	Aishwarya Ganesh Muley	2020	D (Engineering)	Barclays	Developer
58	Akshada Kailas Kale	2020	D (Engineering)	SEW Eurodrive India Pvt. Ltd	Graduate Engineer Trainee
59	Ankita Vijay Jamdade	2020	D (Engineering)	IBM	SAP Security
60	Gargi Prakash Kale	2020	D (Engineering)	Sasken Technology	Associate Software Engineer
61	Harshda Arjun Vahile	2020	D (Engineering)	TCS	System Engineer
62	Nikita Madhukar Wadekar	2020	D (Engineering)	Capgemini	Software Engineer
63	Prachi Chandrakant Potdar	2020	D (Engineering)	Capgemini	Software Engineer
64	Rutuja Lalaso Mane	2020	D (Engineering)	Worley India Pvt. Ltd	Graduate trainee
65	Sakshi Shrinivas Katkam	2020	D (Engineering)	Cognizant	Program analyst trainee
66	Sampada Shivaji Bhosale	2020	D (Engineering)	Accenture	Application Developer
67	Sanika Dattatrya Salunkhe	2020	D (Engineering)	Amdocs	DWH DI Developer
68	Sanskriti Abaji Pokharkar	2020	D (Engineering)	Capgemini	Software Engineer
69	Sayali Sanjay Lokhande	2020	D (Engineering)	Capgemini	Data Analyst
70	Shruti Sunil Sandbhor	2020	D (Engineering)	PTC	Associate Q A analyst
71	Snehal Shivaji Dhindle	2020	D (Engineering)	Capgemini	Analyst
72	Swaranjali Prakash Mule	2020	D (Engineering)	Yardi Software Pvt Ltd	Software Engineer
73	Tararani Arun Bangar	2020	D (Engineering)	Capgemini	Software Engineer
74	Vaishnavi Narayan Jadhav	2020	D (Engineering)	Atlas Copco	GET
75	Diksha Dnyaneshwar Jadhav	2020	E (Science)	Southstar Software	Data Entry Operator
76	Vaibhavi Vijay Chaudhari	2020	E (Science)	Wipro	Network Engineer
77	Janhavi Nirmal Deore	2020	E (Science)	EXL Service	Executive
78	Angelin Shibu Raichel	2020	H (Nursing)	Lilawati Hospital	Staff Nurse
79	Ardra Shinimol Varghese	2020	H (Nursing)	Ruby Hall Clinic	Staff Nurse
80	Bhagyashri Hanumant Gayakwad	2020	H (Nursing)	Breach Candy Hospital	Staff Nurse
81	Elizabeth Biju Marutikuzhiyil	2020	H (Nursing)	Breach Candy Hospital	Staff Nurse
82	Lumavati Sanjay Durkar	2020	H (Nursing)	Bharati Vidyapeeth Hospital	Staff Nurse



Sr No.	Name	Scholarship Year	Course	Company Name	Designation
83	Manasi Nileshkumar Waghambare	2020	H (Nursing)	Symbiosis Hospital	Trainee Nurse
84	Merlin Philip Vimala	2020	H (Nursing)	Ruby Hall clinic	Staff Nurse
85	Neha Chandrakant Durgade	2020	H (Nursing)	Deenanath Mangeshkar Hospital	Staff Nurse
86	Neha Kapurchand Chopde	2020	H (Nursing)	Symbiosis Hospital	Staff Nurse
87	Nikita Rajendra Sharma	2020	H (Nursing)	Ruby Hall Clinic	Staff Nurse
88	Prerana Prakash Dhebe	2020	H (Nursing)	Breach Candy Hospital	Staff Nurse
89	Riddhi Pralhad Bhagat	2020	H (Nursing)	Deenanath Mangeshkar Hospital	Staff Nurse
90	Riya Varghese Aleyamma	2020	H (Nursing)	Breach Candy Hospital	Staff Nurse
91	Shweta Shivaji Dimble	2020	H (Nursing)	Bharati Vidyapeeth Hospital	Staff Nurse
92	Vaishnavi Vishwanath Kide	2020	H (Nursing)	Bel Air college	Clinical Instructor
93	Shweta Baban Mule	2020	K (2nd Year Engineering)	General Industrial Controls Private Limited	Embedded Engineer
94	Achal Rajesh Mate	2020	K (2nd Year Engineering)	AB InBev	Data Scientist
95	Snehal Digambar Shitole	2020	K (2nd Year Engineering)	L&T infotech	GET
96	Madhuri Sunil Kandhare	2020	K (2nd Year Engineering)	Qualitas as Global	Lead Generation Executive
97	Aboli Chandrakant Joshi	2020	K (2nd Year Engineering)	KSB	Trainee
98	Gunjan Sahebrao Mali	2020	K (2nd Year Engineering)	G Source Technologies	Graduate Engineer
99	Kirti Sharad Borghare	2020	K (2nd Year Engineering)	SS Techno Ltd	Proposal Engineer
100	Komal Balasaheb Kharsade	2020	K (2nd Year Engineering)	NSEIT	IT Supervisor
101	Madhavi Laxman Bhosale	2020	K (2nd Year Engineering)	Neilsoft Pvt.Ltd.	Jr Engineer
102	Mansi Gajanan Chavan	2020	K (2nd Year Engineering)	Jet2travel technology	Junior Test Analyst
103	Mrunali Kisan Kale	2020	K (2nd Year Engineering)	Maveric Systems	SDE
104	Shilpa Gorakshanath Bhalerao	2020	K (2nd Year Engineering)	Capgemini	Software Engineer
105	Shraddha Navnath Bangar	2020	K (2nd Year Engineering)	NeeeyamoWorks	Associate Product Developer
106	Vaishnavi Deepak Patil	2020	K (2nd Year Engineering)	Uno Minda Limited	Senior Engineer
107	Kajal Ganpat Thete	2020	L (Pharmacy)	Fortrea	Jr regulatory affair specialist
108	Mayuri Gopinath Divekar	2020	L (Pharmacy)	Suma soft	Medical Writing
109	Pranali Ashok Zende	2020	L (Pharmacy)	AICTS command Hospital	Project Technical Support
110	Gauri Ishwar Kolhe	2020	L (Pharmacy)	Advantmed	Medical Coder
111	Eram Faiyaz Pathan	2020	L (Pharmacy)	Fedora Solutions	Account Receivable Representative
112	Pooja Goraksha Pate	2020	L (Pharmacy)	Sharandchadra Pawar College	Lecturer
113	Pratiksha Sambhaji Dhumal	2020	L (Pharmacy)	Shivkrupa Medical shop	Chemist
114	Priyanka Babasaheb Bhandari	2020	L (Pharmacy)	Congnizant	Jr Data Ananyst Pharmacovigilance
115	Sanjana Vijay Adsul	2021	B ( PG )	Hexaware	Developer

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Sr No.	Name	Scholarship Year	Course	Company Name	Designation
116	Deepika Vijay Chavan	2021	B ( PG )	Kamal Nayan Bajaj School	Secondary Teacher
117	Priya Ramanna Koli	2021	B ( PG )	Manipal Hospital	Staff Nurse
118	Khushboo Pravin Chaudhari	2021	D (Engineering)	Deutsche Bank	Software Developer Engineer
119	Kshitija Kishor Shinde	2021	D (Engineering)	Qspider	Trainee
120	Lavanya Jaya Moolya	2021	D (Engineering)	LTIMindtree	Trainee
121	Pranali Sharad Paigude	2021	D (Engineering)	Dassault Systems	Software Developer Intern
122	Pratiksha Machindra Devare	2021	D (Engineering)	Accenture	Trainee
123	Pratiksha Santosh Darekar	2021	D (Engineering)	Dassault Systems	Software Engineer
124	Priti Anandrao Shinde	2021	D (Engineering)	Amdocs	Trainee
125	Sakshi Shankar Kadu	2021	D (Engineering)	Enabled System	GET
126	Sakshi Kailas Jadhav	2021	D (Engineering)	Deutsche Bank	Software Engineer
127	Shweta Jyotiram Gawali	2021	D (Engineering)	Raja Software Labs	Software Developer
128	Vaishnavi Sandip Patil	2021	D (Engineering)	Uno Minda Limited	Graduate Engineer Trainee
129	Mansi Raju Dhamale	2021	E (Science)	Amdocs	Associate Technical & Business Operations Agent
130	Bhavika Narayan Kamdi	2021	E (Science)	Wipro	Associate
131	Nikita Deoram Pawar	2021	E (Science)	TCS	GET
132	Pranali Rajendra Borigidde	2021	K (2nd year Engineering)	Electromech	GET
133	Anuradha Arun Partudkar	2021	K (2nd year Engineering)	Tech Mahindra	Associate Software Engineer
134	Anushka Ramesh Pawar	2021	K (2nd year Engineering)	KSB	GET
135	Ashlesha Baswaraj Takle	2021	K (2nd year Engineering)	Simens Technology and Services Pvt Ltd.	GET
136	Ganeshwari Nitin Patil	2021	K (2nd year Engineering)	Visteon	Software Engineer
137	Gayatri Pandit Bidwai	2021	K (2nd year Engineering)	Yardi Software Pvt Ltd	Software Engineer
138	Ikra Arifkhan Pathan	2021	K (2nd year Engineering)	Capgemini	Trainee
139	Pratiksha Vijay Kulkarni	2021	K (2nd year Engineering)	Accenture	Packaged App Development
140	Ritika Ajay Pawar	2021	K (2nd year Engineering)	TCS	System Engineer
141	Sakshi Pandharinath Dherange	2021	K (2nd year Engineering)	HSBC	Software Engineer
142	Shivani Kamalakar Vyavahare	2021	K (2nd year Engineering)	ElectroMech	Graduate Engineer Trainee
143	Shweta Shivaji Mane	2021	K (2nd year Engineering)	Tech Mahindra	Associate Software Engineer
144	Surbhi Shivaji Gaikwad	2021	K (2nd year Engineering)	Uno Minda Limited	Graduate Engineer Trainee
145	Tasmiya Yunus Pathan	2021	K (2nd year Engineering)	Simplify Healthcare	Trainee Software Engineer
146	Vedika Harish Patil	2021	K (2nd year Engineering)	Bajaj Finserv Private Limited	Software Developer
147	Zuben Firoz Khan	2021	K (2nd year Engineering)	Borosil	Embedded Firmware Engineer
148	Yashashri Madhukar Sonawane	2021	K (2nd year Engineering)	Boeing	Entry Level Software Engineer



Sr No.	Name	Scholarship Year	Course	Company Name	Designation
149	Aishwarya Amar Patankar	2021	K (2nd year Engineering)	Citi Bank	Developer
150	Pranjal Sanjay Naphade	2021	K (2nd year Engineering)	GalaxE Solutions	Associate Developer
151	Sarita Avdhut Landge	2021	K (2nd year Engineering)	Technip	Software Trainee Engineer
152	Mansi Bhanudas Sonar	2021	K (2nd year Engineering)	Mahindra Life Space	Graduate Engineer Trainee
153	Pragati Sanjay Thonte	2021	K (2nd year Engineering)	Neilsoft Pvt.Ltd.	Jr Engineer
154	Diksha Dilip Konale	2021	K (2nd year Engineering)	Persistent Systems	Software Engineer
155	Khushi Manoj Agrawal	2021	K (2nd year Engineering)	Providence India	Software Developer
156	Prerana Prashant Bhosale	2021	K (2nd year Engineering)	PTC	Associate Software Analyst
157	Shrutika Raju Wagh	2021	K (2nd year Engineering)	PTC	Associate Software Analyst
158	Samruddhi Rajendra Ankalkhope	2021	K (2nd year Engineering)	Technique Energies	RCC Design
159	Aparna Rajendra More	2021	K (2nd year Engineering)	Worley India Pvt. Ltd	Graduate Civil Engineer
160	Gauri Dharmaraj Barabde	2021	K (2nd year Engineering)	Worley India Pvt. Ltd	Graduate Engineer Trainee
161	Mrudula Subhash Dakre	2021	K (2nd year Engineering)	Worley India Pvt. Ltd	Graduate Engineer Trainee
162	Nikita Rajesh Mahalle	2021	K (2nd year Engineering)	Worley India Pvt. Ltd	Graduate Engineer Trainee
163	Ankita Shahuraj Bhosale	2021	K (2nd year Engineering)	Om Sai Intex Pvt. Ltd.	Bangalore
164	Dnyaneshwari Balasaheb Bangar	2021	K (2nd year Engineering)	Caterpillar India Pvt Ltd.	Associate Engineer
165	Payal Shrikrushna Deshpande	2021	K (2nd year Engineering)	Esko Graphics India Private Limited	Software Engineer Trainee
166	Savani Pravin Kalekar	2021	K (2nd year Engineering)	Amdocs	Software Developer
167	Utkarsha Vasantrao Kakade	2021	K (2nd year Engineering)	Walmart Global Tech	Software Developer 2
168	Purva Ganesh Thite	2021	K (2nd year Engineering)	BMC Software	Associate Product Developer
169	Vaishnavi Vilas Pawar	2021	K (2nd year Engineering)	Schneider Electric	GET
170	Diksha Dinakar Patil	2021	K (2nd year Engineering)	Simens Technology and Services Pvt Ltd.	Mechanical Design Engineer
171	Saloni Pramod Wagh	2021	K (2nd year Engineering)	Whirlpool Corporation	Software Engineer
172	Akanksha Namadev Gawade	2021	K (2nd year Engineering)	Western Union	Trainee Associate Solution Engineer
173	Devyani Dnyaneshwar Ushir	2021	K (2nd year Engineering)	LTIMindtree	Software Engineer
174	Krutika Santosh Barad	2021	K (2nd year Engineering)	LogicMonitor	Associate Software Engineer
175	Mayuri Nishikant Deshpande	2021	K (2nd year Engineering)	Wipro Pari	GET
176	Mrudula Sanjay Kandalkar	2021	K (2nd year Engineering)	TCS	Processs Expert

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Sr No.	Name	Scholarship Year	Course	Company Name	Designation
177	Nikita Rajaram Badhekar	2021	K (2nd year Engineering)	Accenture	ASE
178	Pradnya Ramesh Ghodke	2021	K (2nd year Engineering)	Capgemini	Software Engineer
179	Rutuja Chandrakant Pawar	2021	K (2nd year Engineering)	FAURECIA INDIA PVT LTD	GET
180	Rutuja Kantilal Purohit	2021	K (2nd year Engineering)	Deenanath Mangeshkar Hospital	Biomedical Engineer
181	Sakshi Sanjay Bhadale	2021	K (2nd year Engineering)	Styleinconsultancy	HR Recruiter
182	Sakshi Santosh Bochara	2021	K (2nd year Engineering)	HURON Consulting Group	Oracle Analyst
183	Sakshi Santosh Patil	2021	K (2nd year Engineering)	TCS	Associate System Engineer
184	Samiksha Madhukar Rodke	2021	K (2nd year Engineering)	Capgemini	Senior Analyst
185	Shraddha Gajanan Warade	2021	K (2nd year Engineering)	Capgemini	Software Analyst
186	Siddhi Ganesh Gawade	2021	K (2nd year Engineering)	BUSINESSNEXT	Tester
187	Tejashree Ganesh Rajguru	2021	K (2nd year Engineering)	Apraava	GET
188	Vaishnavi Suresh Nigade	2021	K (2nd year Engineering)	Persistent Systems	Software Engineer
189	Shubhangi Vasudev Nalawade	2022	B ( PG )	Sudarshan Pharma Industries Ltd.	Business Development Executive
190	Amruta Arjun Gade	2022	B ( PG )	MIT Vishwaraj college of nursing	Clinical Instructor
191	Arpita Govind Thombare	2022	B ( PG )	Amnet Content Source	Editorial Assistant
192	Kishori Bholenath Khandave	2022	B ( PG )	Ghokhale Education Society Nashik	Clinical Instructor
193	Mrunmayee Mahesh Bangar	2022	B ( PG )	Workday	Technical Support Indelivery Analyst
194	Shweta Dipak Varpe	2022	B ( PG )	Jaihind College of Engineering (Kuran)	Technical Assistant
195	Snehal Kailas Kapare	2022	B ( PG )	Vishwaraj Institute	Clinical Instructor
196	Akshata Ramdas Pansare	2022	B ( PG )	Emcure Pharmaceuticals Limited	Analytical Chemistry Researcher
197	Gousiya Alim Shaikh	2022	B ( PG )	Abeda Inamdar College, Azam Campus	Assistant Professor
198	Akshata Kamlakar Kalbhor	2022	K (2nd Year Engineering)	Atlas Copco	Trainee
199	Sanika Santosh Patil	2022	K (2nd Year Engineering)	Wells Fargo	Program Associate
200	Ojaswi Vinod Waychal	2022	K (2nd Year Engineering)	Worley India Pvt. Ltd	Graduate Engineer Trainee
201	Gayatri Panditrao Patil	2022	K (2nd Year Engineering)	Oracle	Associate Consultant

## Placement Data Joining Date 16.07.2024 to 31.03.2025 (Hyderabad)

Sr. No.	Name	Scholarship Year	Course	Company Name	Designation
1	Aruna Palthyavath	2020	D (Engineering)	TCS	System Engineer
2	Harsha Vardhini Kyatam	2020	D (Engineering)	Accenture	Software Engineer
3	Ishrath Begum	2020	D (Engineering)	Capgemini	Software Engineer
4	Mayuri Padma Rupa	2020	D (Engineering)	Movate	Trainee Engineer
5	Mounika Gogi	2020	D (Engineering)	Sutherland	Associate
6	Neha Kothakota	2020	D (Engineering)	Bank Of America	Software Engineer
7	Neha Rudra	2020	D (Engineering)	Bank Of America	Software Engineer
8	Neharika Tappetla	2020	D (Engineering)	PWC	Associate
9	Nida Afroz Mohammad	2020	D (Engineering)	Huntamatic Private Limited	Cyber Security Analyst
10	Nishitha Chiliveri	2020	D (Engineering)	TCS	System Engineer
11	Pravalika Siddam	2020	D (Engineering)	Accenture	Mobile Application Developer
12	Rakshitha Sevela Reddy	2020	D (Engineering)	Accellor Software Pvt. Ltd.	Software Engineer-1
13	Rishitha Bandi	2020	D (Engineering)	Mindsprint	Junior Engineer
14	Shreya Madupathi	2020	D (Engineering)	Infosys	Specialist Programmer
15	Sindhuja Sonti	2020	D (Engineering)	Bank Of America	Assistant
16	Sneha Bandarajulu	2020	D (Engineering)	Capgemini	Analyst
17	Sri Lakshmi Kohir	2020	D (Engineering)	Bank Of America	Software Engineer
18	Srinidhi Vasireddy	2020	D (Engineering)	Accenture	Associate Software Engineer
19	Tabassum Iqra	2020	D (Engineering)	Codeyoung	English & Coding Mentor (Tutor)
20	Tejaswi Dhanampally	2020	D (Engineering)	Accenture	Packaged App Development Associate
21	Videepthi Vedantham	2020	D (Engineering)	Experian	Executive Associate
22	Yuktha Akhila Bajoju	2020	D (Engineering)	Capgemini	Analyst
23	Harshitha Thopuri	2020	D (Engineering)	Oracle	Associate Consultant
24	Mounika Chinthigari	2020	D (Engineering)	Bharat Electronic Limited, Ministry Of Defence (Bel)	Deputy Engineer
25	Sahasra Lakshmi Jallipalli	2020	D (Engineering)	Vedanta Resources Limited	Graduate Engineer
26	Sahithi Boge	2020	D (Engineering)	Accenture	Packaged App Development Associate
27	Sheeba Manukonda	2020	D (Engineering)	Western Union	Associate Solution Engineer
28	Shreyaa Bhanu Ravula	2020	D (Engineering)	Verisk Analytics	Cat Modelling Analyst I
29	Sneha Chowdary Ratnala	2020	D (Engineering)	Flipkart	Software Developer Engineer
30	Suvarchala Pashya Reddy	2020	D (Engineering)	Vedanta Resources Limited	Graduate Engineer
31	Varshika Tigulla	2020	D (Engineering)	Astra Microwave Products Ltd.	Engineer



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Sr. No.	Name	Scholarship Year	Course	Company Name	Designation
32	Vennela Ganditi	2020	D (Engineering)	Jakson	Graduate Engineer
33	Blessy Boorla	2020	D (Engineering)	Capgemini	Data Analyst
34	Geetha Vani Bacchu	2020	D (Engineering)	ABB Ltd	Associate Project Engineer
35	Himabindhu Nidikonda	2020	D (Engineering)	Elmer Technologies	Document Review Analyst
36	Indu Pagadala	2020	D (Engineering)	Mivada Technologies	Software Engineer
37	Lahari Bhoga	2020	D (Engineering)	TCS	Assistant System Engineer
38	Laxmi Prasanna Dhuruji	2020	D (Engineering)	Accenture	Application Developer
39	Manasa Dekonda	2020	D (Engineering)	Tech Mahindra	Associate Software Engineer
40	Mohini Potala	2020	D (Engineering)	Bank Of America	Software Engineer
41	Nagalakshmi Doodigama	2020	D (Engineering)	Amazon	Investigation Associate
42	Nirmala Vijaya Ambati	2020	D (Engineering)	Accenture	Application Developer
43	Pragna Sai Donga	2020	D (Engineering)	Accenture	Packaged App Development Associate
44	Mani Pranathi Mulastham	2020	D (Engineering)	Accenture	Package Application Associate Developer
45	Rochitha Tadakapally	2020	D (Engineering)	Alacrity	Developer
46	Sahitya Kanchanapalli	2020	D (Engineering)	Accenture	Full Pack Web Developer
47	Saipranathi Vutukoori	2020	D (Engineering)	ABB Ltd	Associate Project Engineer
48	Sai Pravallika Gundapaneni	2020	D (Engineering)	Accenture	Associate Package Developer
49	Sharanya Gouru Reddy	2020	D (Engineering)	Kyndryl	Associate Technical Engineer
50	Shivani Alane	2020	D (Engineering)	Genpact	Associate
51	Sindhu Varala	2020	D (Engineering)	CtrlS	Associate Engineer
52	Sravani Gundepalli	2020	D (Engineering)	IBM	Software Developer
53	Sruthi Sagar Ginne	2020	D (Engineering)	Capgemini	Software Engineer
54	Sudeepthi Dema	2020	D (Engineering)	ABB Ltd	Associate Project Engineer
55	Sumayya Shaik	2020	D (Engineering)	Wipro	Mapping Associate
56	Uma Harika Devi Musunuri	2020	D (Engineering)	Accenture	Associate Software Engineer
57	Akhila Banoth	2020	K (2nd Year Engineering)	DRDO	Associate Engineer
58	Anusha Godavarthi	2020	K (2nd Year Engineering)	Amazon	Go Ai Associate
59	Divya Malkajgiri	2020	K (2nd Year Engineering)	TechnipFMC	Product Engineer -1
60	Archana Dayakar Addetla	2021	K (2nd Year Engineering)	Accenture	Associate Software Engineer
61	Ashwini Annapureddy Mankena	2021	K (2nd Year Engineering)	Capgemini	Software Engineer
62	Deepthi Srinivasulu Duvva	2021	K (2nd Year Engineering)	Worley	Instrusmentation Engineer

Sr. No.	Name	Scholarship Year	Course	Company Name	Designation
63	Divya Ramulu Modala	2021	K (2nd Year Engineering)	Capgemini	Data Analyst
64	Geethika Siva Prasad Chilakamarti	2021	K (2nd Year Engineering)	Finastra	Associate Software Engineer
65	Kaveri Dhanraj Chiranjeevi	2021	K (2nd Year Engineering)	Accenture	Associate Software Engineer
66	Pavithra Srinivasa Rao Jampa	2021	K (2nd Year Engineering)	Accenture	Associate Software Engineer
67	Pranavi Ravi Kumar Sirikonda	2021	K (2nd Year Engineering)	Accenture	Application Development Associate
68	Pravalika Prabhakar Reddy	2021	K (2nd Year Engineering)	Soctronics	Engineer
69	Ruchitha Lingareddy Gaddam	2021	K (2nd Year Engineering)	Tata Consulting Engineers	Graduate Engineer
70	Shivanjali Raju Dasari	2021	K (2nd Year Engineering)	Accenture	Associate Software Engineer
71	Shravani Mudhiraj Chintakayala	2021	K (2nd Year Engineering)	Amazon	Shipping & Delivery Support
72	Sindhuja Sathyanarayana Ramidi	2021	K (2nd Year Engineering)	Capgemini	Engineer
73	Soundharya Manaiiah Pittala	2021	K (2nd Year Engineering)	Accenture	Package Web Developer
74	Srivani Rama Krishna Mandala	2021	K (2nd Year Engineering)	Accenture	Packaged App Development Associate
75	Sruthi Sai Nannapaneni	2021	K (2nd Year Engineering)	Accenture	Associate
76	Supraja Kishan Enugurthi	2021	K (2nd Year Engineering)	Honeywell	Software Engineer
77	Supriya Satyanarayana Bandi	2021	K (2nd Year Engineering)	Wipro	Project Engineer
78	Sushma Rambabu Vallepu	2021	K (2nd Year Engineering)	Union Bank Of Switzerland (Ubs)	Security Specialist
79	Susmitha Rambabu Gandu	2021	K (2nd Year Engineering)	Lloyds Technologies Centre	Graduate Engineer
80	Suvidha Srinivasa Rao Vaddula	2021	K (2nd Year Engineering)	Ashok Leyland	Engineer
81	Tejaswi Srishailam Enikepally	2021	K (2nd Year Engineering)	Accenture	Associate Software Engineer
82	Thapaswini Venkatanarayana Konka	2021	K (2nd Year Engineering)	Amazon	Cloud Support Associate
83	Vennela Venkanna Akkenapally	2021	K (2nd Year Engineering)	Qualizeal Technologies India Private Limited	Associate Software Developer Engineer
84	Vineetha Parsha Dumpala	2021	K (2nd Year Engineering)	Capgemini	A4 Analyst
85	Bhargavi Ravikumar Madipelly	2022	K (2nd Year Engineering)	LTI Mindtree	Technical Assistance
86	Sirisha Sudarshan Aavula	2022	K (2nd Year Engineering)	Opentext Technologies	Associate Engineer

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## Placement Data Joining Date 16.7.2024 to 31.3.2025 (Wardha/Nagpur)

Sr. No.	Name	Scholarship Year	Course	Company Name	Designation
1	Shefali Hansraj Pawar	2020	K (Engineering After Diploma)	Water Resource Department	Civil Engineering Assistant
2	Avanti Nitin Panchbudhe	2020	D (Engineering)	Siemens Ltd	Graduate Engineer Trainee
3	Sejal Somankar	2020	D (Engineering)	Fortress Infracon Ltd	Jr. Engineer
4	Vamika Kapoor	2020	D (Engineering)	IBM	Associate System Engineer
5	Tejal Banduji Bele	2020	K (Engineering After Diploma)	L & T Technologies Servicess	Fun Fluent Admin
6	Sakshi Rajendra Morghare	2020	K (Engineering After Diploma)	Hexaware Technology	Trainee Engineer
7	Gayatri Kishor Khairkar	2020	D (Engineering)	Smart Data Company (MIHAN)	Trainee Software Engineer
8	Rohanshi Sunil Gawande	2020	D (Engineering)	Kraft Powercon India Limited	Design Engineer (R & D)
9	Rutuja Vikas Khodke	2020	D (Engineering)	Fujitsu Consulting India Pvt. Ltd.	Cloud Management Trainee
10	Glory Shiril Das	2020	H (Nursing)	Yashoda Hospital Malakpet	Staff Nurse – ICCU
11	Harshali Gulabrao Raut	2020	D (Engineering)	Capgemini	A4 Analyst
12	Shrushti Ravindra Khiratkar	2021	D (Engineering)	Atlas Copco	Jr. Graduate Trainee
13	Apurva Devendra Bahade	2021	D (Engineering)	Atlas Copco	Jr. Graduate Trainee
14	Gunashree Khemraj Bawankule	2021	D (Engineering)	Atlas Copco	Jr. Graduate Trainee
15	Aditi Narayan Ragit	2021	D (Engineering)	Atlas Copco	Jr. Graduate Trainee
16	Apurva Uday Malode	2021	D (Engineering)	Atlas Copco	Jr. Graduate Trainee
17	Mahawish Karim Sheikh	2021	K (Engineering After Diploma)	Smart Data Enterprise	Associate Trainee
18	Raffat Abdul Nabi Khan	2021	D (Engineering)	Performance Mods	E Commerce Specialist
19	Mehvish Anwar Khan	2021	K (Engineering After Diploma)	Q Pharmaceutical Company	Office Assistant
20	Shruti Anil Khaire	2021	D (Engineering)	Techwalnut Innovations LLP	Software Engineer
21	Ruchita Gajanan Chakole	2021	D (Engineering)	Tata Technology	Graduate Engineer Trainee
22	Vaishnavi Dilip Bibekar	2021	D (Engineering)	Siemens Ltd	Graduate Engineer Trainee
23	Kshipra Dhananjay Deshpande	2021	D (Engineering)	Capgemini	Data Analyst
24	Harita Prashant Wandhare	2021	D (Engineering)	FORVIA (Faurecia)	Graduate Engineer Trainee
25	Samiksha Naresh Khapre	2021	D (Engineering)	Bristlecone	Graduate Engineer Trainee
26	Ritika Manoj Junghare	2021	D (Engineering)	Siemens Ltd	Graduate Engineer Trainee
27	Isha Madhukar Yelane	2021	D (Engineering)	Tata Technology	Graduate Engineer Trainee
28	Samruddhi Dilip Mahalle	2021	D (Engineering)	VST Tillers Tractors Ltd.	Graduate Engineer Trainee
29	Akshata Narendra Udupurkar	2022	K (Engineering After Diploma)	HCL Technologies	Software Developer Engineer



## Placement data Joining Date :-16/7/2024 to 31/3/2025 (Amravati)

Sr. No.	Name	Scholarship Year	Course	Company Name	Designation
1	Jaya Manik Waghmare	2014	H (Nursing)	Regional reference super speciality hospital	Staff Nurse
2	Purva Gautam Manwar	2014	H (Nursing)	Government of medical college hospital	Staff Nurse
3	Neha Subhash Singh	2015	D (Engineering)	SBI Bank	Assitant manager
4	Neha Vinod Kaikade	2015	D (Engineering)	Public Work Department	Junior Engineer
5	Rutuja Rajendra Pathare	2015	D (Engineering)	Public Work Department	Junior Engineer
6	Harshada Uddhavrao Dhonge	2015	H (Nursing)	Chemetall Hospital	Staff Nurse
7	Sharon Sidhu Mitta	2015	H (Nursing)	Prabhadevi Nursing College	Tutor
8	Akanksha Pramod Bhangе	2016	D (Engineering)	Water Resource Department	Civil engineer assitant
9	Kajal Sharad Badukale	2016	D (Engineering)	Revenue department	Village revenue officer
10	Priti Narendra Gudadhe	2016	E ( Agriculture)	Shri. Shivaji School	Tutor
11	Raksha Dattatray Deshmukh	2016	H (Nursing)	Symbosis College of Nursing	Staff Nurse
12	Vaishnavi Dipak Takarkhede	2017	H (Nursing)	Super Speciality Hospital	Staff Nurse
13	Bhagyashri Rajendra Chaudhari	2017	K (Engineering After Diploma)	Water Resource Department	Civil Engineering Assitant
14	Pratiksha Ramdas Chaudhari	2017	K (Engineering After Diploma)	Jilha Parishad	Junior engineer
15	Komal Haridasji Mankar	2018	K (Engineering After Diploma)	Shri education academy	Tutor
16	Anushka Sanjay Akhare	2019	D (Engineering)	Neexly	UIUX Desiner
17	Apurva Rajendra Mankar	2019	D (Engineering)	Capgemini	A4 analyst
18	Arpita Ganeshrao Telharkar	2019	D (Engineering)	Aditya Birla Capital	Assitant Manager
19	Mayuri Ravindra Awankar	2019	D (Engineering)	QualityKiosk Technology	Traineer Engineer
20	Mohini Ram Kakade	2019	D (Engineering)	Pusad urban co operative bank	Clerk
21	Namrata Mahesh Baraskar	2019	D (Engineering)	Pinnacle Pvt. Ltd.	Associate Salesforce developer
22	Payoshni Sunil Mankar	2019	D (Engineering)	Cummins college of Engineering	Research Fellow
23	Pragati Raju Lanjewar	2019	D (Engineering)	Amdocs	Functional test Engineer
24	Pratiksha Umesh Akotkar	2019	D (Engineering)	Thinkcogent	Research Analyst

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Sr. No.	Name	Scholarship Year	Course	Company Name	Designation
25	Ritika Girishrao Belsare	2019	D (Engineering)	Synechron	Junior Associate Developer
26	Samiksha Mohan Khedkar	2019	D (Engineering)	Tudip Company	Assistant software developer
27	Sejal Nandkishor Kale	2019	D (Engineering)	Tech Mahindra	ASE
28	Vaishnavi Dadarao Gulhane	2019	D (Engineering)	Eilisy technologies	Associate software Engineer
29	Divya Pradip Rakhe	2019	K ( Engineering After Diploma)	Accenture	Package app development associate
30	Komal Bharat Sawant	2019	K (Engineering After Diploma)	Samarth Hospital	Receptionist
31	Prachi Pradip Rakhonde	2019	K (Engineering After Diploma)	Acefone software	SDE 1
32	Prachi Sheshrao Lanjurkar	2019	K (Engineering After Diploma)	Concentrix	Senior representative
33	Shivani Ganeshrao Gawande	2019	K (Engineering After Diploma)	Ecozen Solution	Data Entry executive
34	Vaishnavi Vinod Dange	2019	K (Engineering After Diploma)	New Vision software	QA Engineer
35	Vibhakti Sanjay Kavale	2019	K (Engineering After Diploma)	Infosys	System Engineer
36	Amruta Vinodrao Wadurkar	2020	D (Engineering)	Cognizant	Programmer Analyst
37	Chanchal Vinodrao Sambhe	2020	D (Engineering)	PBR Research	Software Engineer
38	Divya Rajendra Sharma	2020	D (Engineering)	TCS	Trainee
39	Eshwari Prabhakar Tayade	2020	D (Engineering)	Fendahl CTRM Technology	Trainee Software Engineer
40	Gauri Rajendra Shirbhate	2020	D (Engineering)	MRR Soft (Amla Commerce )	Software Engineer
41	Gauri Pradiprao Gawande	2020	D (Engineering)	iASYS Technology Solution	Full Stack Developer
42	Janhavi Rajendra Banarase	2020	D (Engineering)	HSBC Software Development	Trainee Software Engineer
43	Pranoti Pradip Pohokar	2020	D (Engineering)	Tech mahindra	Software Developer
44	Priyanka Ravindra Makrande	2020	D (Engineering)	Legal wings	Fullstack developer
45	Priyanka Pandhari Thakare	2020	D (Engineering)	Cap gemini	A4 analyst
46	Purva Pramod Sawarkar	2020	D (Engineering)	Accenture	Package application development associate
47	Rabab Mansoor Sabir	2020	D (Engineering)	Cap gemini	A4 analyst
48	Rashi Sanjay Gupta	2020	D (Engineering)	Miniorange	Business analyst
49	Sagarika Pradip Thakare	2020	D (Engineering)	Zensar technologies	Associate prompt engineer

Sr. No.	Name	Scholarship Year	Course	Company Name	Designation
50	Sakshi Purushottam Ladole	2020	D (Engineering)	Siemens	Trainee Engineer
51	Sakshi Rajesh Kucheriya	2020	D (Engineering)	Cap gemini	Software engineer
52	Sakshi Vinod Dighade	2020	D (Engineering)	Net business	Salesforce Engineer
53	Salony Rajendra Newale	2020	D (Engineering)	Cap gemini	A4 analyst
54	Samruddhi Pravinrao Lokhande	2020	D (Engineering)	Cap gemini	Software Engineer
55	Sanober Abeer Mohd. Ikramullah Khan	2020	D (Engineering)	TCS	Associate System Engineer
56	Shahewar Shafique Khan	2020	D (Engineering)	Cap gemini	A4 analyst
57	Shankhavi Pravinrao Chutke	2020	D (Engineering)	TCS	System Engineer
58	Shrutika Pramod Tayde	2020	D (Engineering)	Cap gemini	Software Engineer
59	Tanvi Rajesh Shirbhate	2020	D (Engineering)	Cap gemini	A4 analyst
60	Vaibhavi Nandkishor Gawande	2020	D (Engineering)	RADD engineering services	Design engineer
61	Vaibhavi Vijay Thamke	2020	D (Engineering)	Cap gemini	A4 analyst
62	Vaishnavi Vinodrao Babhulkar	2020	D (Engineering)	Deloitte USI	Analyst Trainee
63	Janhavi Rajesh Kuche	2020	K (Engineering After Diploma)	Amber	Operation associate
64	Khushboo Sudama Yadav	2020	K (Engineering After Diploma)	TCS	Assistant System Engineer - Trainee
65	Krushna Santosh Pohokar	2020	K (Engineering After Diploma)	Qualitykishor Technologies	Digital quality engineer
66	Mrunmayee Bhimrao Pusadkar	2020	K (Engineering After Diploma)	Tech mahindra	Assitant System Engineer
67	Neha Pradip Urkude	2020	K (Engineering After Diploma)	Adroit	Technical Manager
68	Sakshi Rajeshrao Deshmukh	2020	K (Engineering After Diploma)	TCS	Business Development Associate
69	Sanskriti Rameshrao Yavatkar	2020	K (Engineering After Diploma)	Kamalraj Properties	Trainee Purchase Executive
70	Siddhi Chetan Anasane	2020	K (Engineering After Diploma)	TCS	Assoicate System Engineer
71	Vedika Kishor Pachghare	2020	K (Engineering After Diploma)	Atkins Construction company	Graduate Engineer
72	Komal Vishnu Bathe	2021	K (Engineering After Diploma)	Advik Hi tech	Trainee
73	Pratiksha Vinayakrao Bhore	2021	K (Engineering After Diploma)	Sthapatya Consultants (i) Pvt Ltd	AMC Assitant
74	Samiksha Rajendra Burghate	2021	K (Engineering After Diploma)	Capgemini	Software Engineer
75	Sanjana Rupchand Kathane	2021	K (Engineering After Diploma)	TCS	Engineer Trainee



contd. from page 23...

## Placement Data Joining Date 16.7.2024 to 31.3.2025 (Bangalore)

Sr. No.	Name	Scholarship Year	Course	Company Name	Designation
1	Kadeejath Sarfeena Ahamadali	2021	D (Engineering)	OLA - KRUTIM	Audio Annotator
2	Nandini Halasiddeshwara Danappanavar	2021	D (Engineering)	Shreya infra & Puran Interiors	Intern & Cost Estimation
3	Sahana Meenakshi Arunkumar	2021	D (Engineering)	CMAAN Technologies	Full stack Developer
4	Lavanya Gayathri Amarendra	2021	D (Engineering)	ABB	Associate Project Engineer
5	Preethi Shivamma Rajamma	2021	Engineering	ABB	Associate Project Engineer
6	Lakshana Vanitha Kamaraj	2021	D (Engineering)	Open Text	Associate Software Engineer
7	Ankitha Malathi Chandrashekhar	2022	K (Engineering after Diploma)	Havells	Software Developer

### I Love You Mom Because...

I love you, Mom **Mamta** because your name itself means love and care, and that's what you gave me in abundance. Though you're no longer here, your memories live in every heartbeat of mine. I miss your soft touch, your warm smile, and how you made every pain disappear with just a hug.



Every Mother's Day, when you were with me, I used to dress you up, do your makeup with so much love, bake your favorite chocolate cake, and click pictures together those are now my most precious memories. Your absence left a void that nothing can ever fill, but your love still lights my way. Every Mother's Day reminds me of you, and yes, it makes me emotional — because I miss you, Mumma

But in this journey of life, I was blessed again with another mother, **my Lila Mom** through **LPF**.

She may not have held my little hands, but she held my dreams, lifted my spirit, and gave me strength. Through her and LPF, I found a family of strong, empowered women, my Lila Sisters, support, and a purpose to keep going, just like you always wanted, Mumma. I now walk with both of you in my heart, **one in heaven, and one guiding me on Earth**. Thank you, Mumma Mamta, for being my angel. And thank you, Lila Mom, for being the light in my life when I needed it the most.

I love you both because of you, I'm not just surviving; I'm growing, learning, and becoming the person I want to be.

**Happy Mother's Day to my two moms — one in the stars, and one who helps me reach for them.**



## Fueled by Purpose, Framed by LPF: The Story of Lila Girl Pratiksha

"Passion is the fuel that drives purpose; when you pursue your dreams with dedication, the journey itself becomes a reward."

These words beautifully capture the life and journey of Pratiksha Fating, a determined, grounded, and focused Lila Girl from the 2017 batch. Her story is one of grit, transformation, and the incredible power of opportunity when paired with perseverance.

### Early Education & Determination

Pratiksha began her educational journey in a Primary Girls School in her hometown, where the early spark for learning was ignited. In 5th grade, she attempted the Jawahar Navodaya Vidyalaya Samiti entrance exam, a highly competitive test with students from across the district vying for limited seats. Her success in the exam became a defining moment.

At Jawahar Navodaya Vidyalaya (JNV), she received a holistic education from 6th to 12th standard—one that went beyond books. It was here that she developed discipline, leadership skills, and the confidence to think beyond her circumstances. Yet, as her schooling came to an end, she faced a challenge familiar to many bright

students from modest backgrounds: the financial burden of higher education.

### Turning Point: The Lila Poonawalla Foundation

Just when continuing her dreams felt uncertain, the Lila Poonawalla Foundation (LPF) entered her life like a guiding light. Selected as a Lila Girl in 2017, Pratiksha received not just financial support for her engineering education at Datta Meghe Institute of Engineering, Technology and Research, Wardha, but also mentorship and life-shaping experiences.

She describes Lila Mom and Firoz Dad as sources of constant wisdom, motivation, and warmth. Their life stories, values, and commitment to empowering girls instilled in her a deeper sense of purpose. "LPF believed in me when I doubted myself," she shares. "And that belief made all the difference."

She actively participated in personality development and skill-building programs, which boosted her communication, confidence, leadership, and workplace readiness. The Foundation gave her more than education—it gave her a foundation for life.





## The Climb: Career and Growth

After graduating, Pratiksha began her professional journey with Aadhar Housing Finance Ltd., where she worked as a Data Analyst for over three years. Her role gave her deep exposure to financial data, reporting tools, and decision-making processes. With every project, she gained insight into how data shapes business performance and strategy.

Her consistent learning, grounded mindset, and growing expertise paved the way for her current role as Manager – Data Analyst at Bank of Maharashtra, Pune, where she now draws a package of ₹17.25 LPA. In this position, Pratiksha plays a pivotal role in driving strategic insights, enabling informed decision-making, and contributing to the digital transformation of one of India's leading public sector banks.

## A Journey of Strength, Purpose & Impact

Looking back, Pratiksha reflects on her path—from a small-town classroom to a nationalized bank—with gratitude. “It wasn’t always easy,” she admits. “But every challenge became a stepping stone. Every doubt became fuel. And every bit of belief—especially from LPF—helped shape the woman I am today.”

Her story is a testament to the power of education, opportunity, and community. It reminds us that dreams rooted in purpose, nurtured by guidance, and strengthened by effort can lead to extraordinary outcomes.

## To the Girls Who Dream:

“Never give up on your dreams. Take that first step—you’ll be amazed at the doors that open. Opportunities often wait just beyond hesitation, so be bold, be brave, and believe in yourself. Scholarships are not just financial aid; they are belief in your potential. Use them as a launchpad to break barriers and build the life you envision. Your journey may begin in silence, but one day, it will inspire countless others.”

With pride, purpose, and humility,

■ Pratiksha Fating  
Lila Girl 2017  
Manager – Data Analyst  
Bank of Maharashtra, Pune

## Encouragement, Trust and Support matters!

Our LILA sister Susmitha Gandu, is a proud LG from the 2021 batch who has completed her B.Tech in Information Technology from G. Narayanamma Institute of Technology and Science, Hyderabad.

## Family Background:

Susmitha comes from a humble background. Her father is a farmer, and her mother is a homemaker. At the time of receiving the scholarship, her family's annual income was ₹90,000.

## Current Pursuits:

Today, Susmitha is working as a Graduate Engineer at Lloyds Technology Centre, Hyderabad, with an impressive package of ₹10 LPA. She joined the company on November 20th, 2024.

During her time with LPF, she attended five skill-building and training programs, which contributed immensely to her professional and personal development.

Susmitha says, “I would like to take this opportunity to express my sincere gratitude to the Lila Poonawalla Foundation for the invaluable support provided through the scholarship program. The scholarship has been a cornerstone of my success, empowering me to achieve my academic and personal goals. It has not only



alleviated financial burdens but has also inspired me to work harder toward my aspirations. I am deeply thankful for the opportunities and encouragement the foundation has provided me. Wishing you and the entire team at the Lila Poonawalla Foundation a future filled with happiness, health, and success.”s

■ - Compiled by Siddhi Phaphale

LG 2021



### Introduction -

Diabetes mellitus is a chronic metabolic disorder characterized by too much glucose in the blood and urine due to defective insulin action or deficiency in its secretion. Insulin, a hormone produced by the beta cells of the Islets of Langerhans of the pancreas helps to utilize glucose for the production of energy by the body. Insulin helps in glucose uptake by the cells, prevents rise in blood sugar and maintains its level within normal limits. In diabetes, glucose does not enter body cells, but accumulates in the blood. After it reaches a certain limit, it starts appearing in urine. It draws out more water with it and hence there is excessive urination.

### Prevalence -

It is generally believed that diabetes is more prevalent in affluent societies, where obesity is a major health problem. However, it is observed that undernourished subjects are equally susceptible to diabetes. In India 2.5 percent of the population are affected with diabetes and more than 90% of all diabetics belong to the non insulin dependent type.

### Common Types

There are two main types of diabetes.

1. Insulin dependent diabetes mellitus. (Type - 1)
2. Non-insulin dependent diabetes mellitus. (Type - 2)



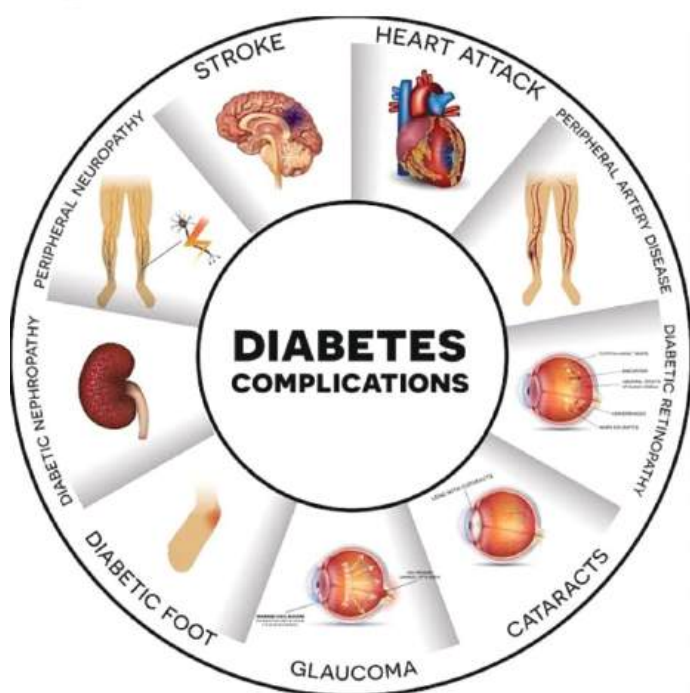
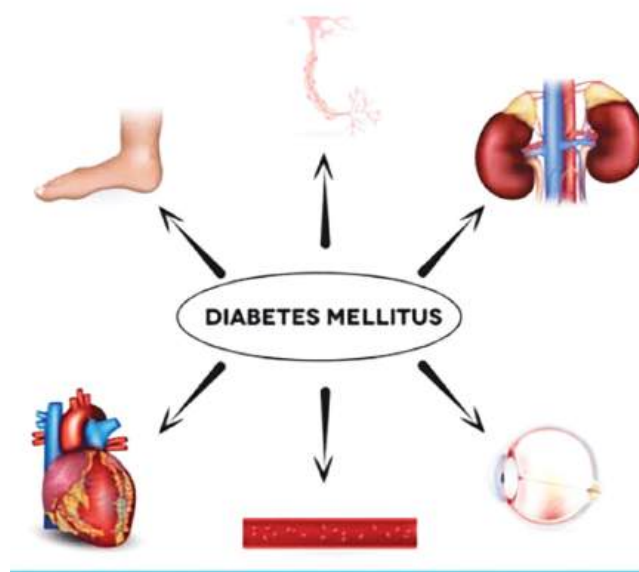
### Insulin Dependent Diabetes (IDDM or Type - 1) -

This type of diabetes usually affects children or adolescents and is known as juvenile onset diabetes. There is little or no production of insulin and as a result, such individuals require daily insulin injections. There is usually a sudden onset. The symptoms get severe, when insulin injections are discontinued. The diabetic can develop a life-threatening metabolic complication referred to as ketoacidosis.

### Non-Insulin Dependent Diabetes (NIDDM or Type 2)

This usually affects overweight or obese adults and is known as adult onset diabetes. Non insulin dependent diabetes develops slowly and is usually milder and more stable. The insulin production may be normal or even high. However the insulin produced is not as effective as normal. In subjects with this type of diabetes, diet, exercise or oral anti-diabetic drugs may be enough to control the raised blood sugar levels.

### Some other types of Diabetes Mellitus



1. Malnutrition related Diabetes Mellitus - Here pancreas fails to produce enough insulin
2. Gestational Diabetes Mellitus (GDM) It occurs in 1% of pregnant women

### Predisposing factors

1. Heredity - If both the parents are diabetic 99% chances
2. Obesity
3. Age over 35 years, Diabetes Mellitus is more prevalent in Men

4. Lack of physical activity increases the chance of developing DM
5. Malnutrition - It impairs the cell function
6. Stress - Susceptible individuals are at high risk
7. Intake of simple sugar

## Symptoms -

1. Polydipsia (EXCessive thirst).
2. Polyphagia (Increased appetite especially for sweets).
3. Polyuria (frequent urination) and nocturia Itching.
4. Easy tiring, weakness or irritability.
5. Drowsiness.
6. Slow healing of cuts and wounds.
7. Frequent infections of the skin, gums and vagina and pain in the legs, feet, urinary tract
8. Blurred vision.
9. Hyperglycaemia (elevated blood sugar level)
10. Glucosuria

## Diagnostic tests

Normal Blood sugar levels

(BSL)

BSL Fasting (Empty stomach) 100 mg/dl

BSL (Post prandial) 120 mg/dl

1. Blood sugar levels are key diagnostic tests
2. HbA1C (To the average of the last 3 months)
3. Urinary sugar test
4. Benedict's test

## Objectives in the Management of Diabetes

1. Reduce the sugar in blood and urine.
2. Maintain ideal body weight.
3. Treat the symptoms Reduce serum lipids, Provide adequate nutrition, Avoid acute complications.
4. Prevent vascular complications

## Diet Tips for Diabetics

1. No sweets / Sugar, jaggery, dried fruits in any form
2. No rice and rice products
3. No coconut water
4. No Bakery items

## Diet Chart for Diabetic Patients



5. Avoid mutton
6. Avoid full cream milk

## Dietary suggestions

Early morning – 6 AM

250 ml of water + 1 spoon of Fenugreek seeds powder

6:30 AM – A few nuts (2 Almonds, 2 walnuts )

7 AM – ½ Cup of tea or coffee ( No sugar or jaggery)

8:30 AM – Breakfast

(Avoid Pohe)

Daliya/Rava/ Oats Upma – Plate

11 AM – An Apple (75 GM)

1:30 PM – Lunch

½ Bhakri or 1 Phulka + 1 Katori green leafy + 100 GM salad + 1 katori daal

5 PM – ½ katori boiled sprouts + 50 GM salad

Or

1 boiled egg

8 PM Dinner – ½ Roti or 1 Phulka + 1 katori gourd vegetables (Bitter gourd, bottle gourd, ridge gourd, snake gourd, oakra) + 100 GM Salad

■ Dr. Priyanka Musale

MD (Hom) FCHD (Skin)

Consultant Homoeopath

Consultant Dietician

**Vaishnavi Bobade** ■  
(LG 2022)

Vaishnavi was selected for the oratory competition at the district-level youth parliament organized by the NSS at Sant Gadge Baba University in Amaravati.



**Joshna B Joy** ■  
(LG 2023)

Joshna B. Joy secured the second runner-up position in elocution competition and was felicitated with a certificate, a trophy, and a cash prize. Following this, she was selected to participate in the TNAI competition, a state-level competition for nursing students in Maharashtra, where she secured the first runner-up position in the elocution competition.



**Anushka Jadhav** ■  
(LG 2023)

Anushka won Smart India Hackathon (SIH) 2024 with a winning prize of ₹1 lakh. She always received Academic Excellence Recognition



**Shrushti Gawande** ■  
(LG 2016)

Shrushti was awarded a gold medal by Hon'ble Shri Pratapraoji Jadhav, State Minister (Ministry of AYUSH), at the Convocation ceremony of my Master's in Mental Health Nursing program for securing 1st position in the Master's program at the College.





**Vaishnavi Joshi ■**  
(LG 2016)

She was awarded a gold medal by Hon'ble Shri Pratapraoji Jadhav, State Minister (Ministry of AYUSH), at the Convocation ceremony of my Bachelor's in Nursing program for securing 1st position in the Bachelor's program at the College.



**Dr. Rita Shetiya ■**  
(PA 2008)

Rita had been awarded Adarsh Samaj Seva Gaurav Purskar, organized by Swarajya Kranti Sena and Global Women Award, Organized by International Women's Commission, Delhi. She has also received Global Leadership Award, organized by GLGA, USA, Seva Ratna Purskar, Organized by Shantidoot Parivar, and a professional Expertise certificate in Advanced Journalism, USA



**Rutuja Rajendra Gunavare ■**  
(LF 2020)

Rutuja Gunavare, currently working as a Data Engineer in Facile Infoserv Pvt. Ltd. Has received the "Rising Star of the Year" award—one of the company's highest honors.





Haripriya Rajagopal  
LF 2003  
USD 4772



Shalaka Kathapurkar  
LF 1999  
USD 3541.97



Lavina Correia  
LF 2013  
USD 2250



Ashonita Chavan  
LF 2002  
USD 2074.5



Ketaki Pandit  
LG\_2014  
USD 2,000



Rahul & Shilpa Tikekar  
LF 2001  
USD 1700



Gayatri Kesar  
LF 2003  
USD 1200



Kumkum & Nitinkumar Srivastav  
LF 2001  
USD 1067



Vrushali Gaud  
LF 2000  
USD 1000



Sonali Aditya  
LF 1997  
USD 970



Asmita Katdare  
LF 1996  
USD 595

**Note :** Information provided here is USA donation of more than 100 USD given to LPF for period from July 2024 to March 2025.

contd. from page 24...

Dear Dad,  
Wishing you a very Happy Birthday!

On this special day, I want to express my deepest gratitude for the love, wisdom, and unwavering support you've given to every one of us in the LPF family.

Your vision, kindness, and belief in empowering young women have shaped countless lives—including mine. We are truly blessed to call you Dad.

May this year bring you immense joy, good health, and the same warmth and positivity you've always given us.

We celebrate not just your birthday, but the beautiful legacy you continue to build every single day.

With heartfelt wishes and love,

■ Your proud LILA daughter,  
Ankitha M D  
LG 2023



Dear Mom, Dad, and LPF Family,

I'm Myakala Pooja, LG 2021. After completing my diploma, I wasn't sure if I could continue studies due to financial challenges. But when my father found an LPF scholarship ad, I applied—and that opportunity changed my life.

Thanks to LPF, I completed my graduation and am now proudly working at Capgemini. This journey wouldn't have been possible without Mom and Dad's constant support and the foundation's belief in me.

Thank you for giving wings to my dreams!

With love and gratitude.



■ Your daughter,  
Myakala Pooja  
LG 2021

contd. on page 33...





Asmita Patil  
LG 2012  
112400



Rashmi Sure  
LF 2016  
85000



Jyothi Rajesh Narayanan  
LF 2001  
79300



Ritu Jinturkar  
LF 2003  
74340



Puja Borude  
LG 2012  
71250



Amruta Nagtilak  
LG 2011  
69300



Supriya Jeture-More  
LG 2010  
68300



Pratiksha Ghule  
LG 2012  
67700



Vimal watwani  
LG 2011  
60000



Akshada Todkar  
LG 2014  
55700



Minal Manish Kane  
LF 1997  
50000



Lubainah Merchant  
LF 1999  
50000



Sayali Shah- Parikh  
LF 2011  
34000



Anonymous Lila Girl  
LG 2012  
30000



Rashmi Joshi  
LF 2001  
25000



Kinjal Rathod  
LG 20132  
25000



Aishwarya Bidwai  
LG 2017  
25000



Manisha Deshpande  
LF 1999  
25000



Anjum Pathan  
LG 2010  
25000



Samruddhi S. Desai  
LG 2019  
10000



Sanvedna Khaire  
LG 2013  
10000

**Note:** Information provided here is donation of Rs. 10,000/- and more given to LPF for period from July 2024 to March 2025.



contd. from page 31...

Dear Dad,

I know this birthday message is reaching you a little late—and that's on purpose. On the 14th of April, so many people reach out to you, and you deserve every single one of those warm wishes. But I wanted mine to come quietly afterward, when things slow down, so you could read this and feel how truly special you are to me.



Dad, you've always been more than just a father. You're the calm in my storms, the steady hand that's always there to guide me, and the voice that makes everything feel right. In so many ways, you've shaped how I see the world—with strength, with kindness, and with a quiet confidence that I admire every day.

Your presence has always given me a sense of security I can't put into words. The way you listen without judgment, support without hesitation, and love without limits—it's something rare, and I cherish it more than I can ever explain.

Happy (belated) Birthday, Dad. You are, and always will be, my greatest inspiration and my constant source of strength. I hope this message reminds you how deeply you are loved—not just on your birthday, but every day.

■ With all my love,  
Rajnandini Shinde  
Lila Girl 2021

Hi Dad,

How are you and Mom? I'm Snehal, LG 2021, currently in my final year of Engineering (ENTC).



Wishing you the happiest birthday! May your day be filled with good health, joy, and the same evergreen happiness you always bring into our lives.

Today, I want to celebrate not just the amazing father you are, but the incredible person who has shaped my journey with your strength, guidance, and love.

Being a part of LPF showed me how powerful a support system can be—and when I think of strength and inspiration, I think of you. Like LPF empowers girls to follow their dreams, you've empowered me with your values and belief in my potential.

You've taught me that success is about character, compassion, and consistency. Your sacrifices and unconditional love have been the foundation of everything I've achieved.

Thank you for being my dad, my mentor, and my biggest supporter. I hope to make you proud every day—just as you've always made me proud to be your daughter.

With all my love,

Happy Birthday once again, Papa!

■ Yours lovingly,  
Snehal Suryawanshi  
Lila Girl 2021

Dear Mom,

Thanks a lot for this—and also for sending the hard copy of Inspira with my published article. My mother was particularly excited to read it, and so was my daughter Navika, seeing her and her mamma's pictures.



I'm really, really grateful to you for giving me the opportunity to share my story and inspire my other sisters.

Here's wishing you, Dad, and everyone at the Foundation a Merry Christmas and a Happy New Year!

■ Kind regards,  
Kavita Ghoshbiswas  
LF 2000

My dear Firoz,

Your devotion, dedication, and sincere efforts have ignited the lamp of knowledge and confidence in young girls. They have left the portals of institutions ready to make a place for themselves in the professional world and society—living an independent life and supporting their parents, siblings, and family.

Every year, they bring laurels to LPF. May the Almighty bless you with good health and energy to continue working on your life's mission. Wishing you a very Happy Birthday!

■ With love and good wishes,  
Freny Tarapore  
Ex-Board of Trustee

Subject: Happy 89th Birthday,  
Dad – "A Pillar Beside the  
Legacy!"

Today we celebrate not just your  
age, but the wisdom, love, and  
strength you've shared through  
each of these 89 years. Your life  
has been a blessing to everyone  
around you—especially to me. I'm so grateful for  
your guidance and never-ending support.



May your day be filled with peace, joy, and all the  
love you so deeply deserve. Here's to the incredible  
journey you've had, and to many more happy,  
healthy, and beautiful moments ahead.

You walk with honor, head held high,  
With prayers around you like stars in the sky.  
May the evil eye never find your light,  
You're guarded by love both day and night.  
Let the jealous whisper, let the haters stare,  
You're too blessed to be bothered—you don't even  
care!

While they stress and scroll through gossip feeds,  
You're chilling with chai and planting seeds!  
You've always stood like a steady tree, sheltering all.  
You fix what's broken, you share your bread,  
You crack your jokes when tears are shed.  
Your humor's sharp, your timing gold,  
Your dad-jokes? Classic and never old!  
"Don't waste light," you'd say with a grin,  
Yet you light up every room you're in.  
So here's to you—my legend, my guide—  
With love that swells like an ocean tide.  
Happy 89th, superhero and best friend—  
May your joy and strength never end.

We love you, Dad—more than words can ever  
express.

■ Your loving daughter,  
Alfiya Farheen

Hello Dad,  
How are you?

First of all, wishing you many  
more happy returns of the day!

You're the biggest celebrity in  
my life. On your birthday today,  
I wish to thank you for all the  
love and care you've showered upon us, and for  
everything you have taught me.



May the Lord keep you fit and healthy always.  
Dad, I'm happy to inform you that I've successfully  
completed my nursing degree. This journey was a  
struggle for me. Despite facing many obstacles, I  
always tried to stay calm. You have always been my  
inspiration and helped me choose the right path for  
my life. I promise that I'll always strive to make you  
proud.

Your generosity gave me the chance to be part of the  
LPF family and your life—and I'll always be thankful  
for that.

My life is truly blessed to have you in it.

Wishing you the happiest birthday, dear Dad.

■ Yours truly,  
Arpita Devane  
LG 2020

Dear Mom & Dad,

Thank you so much for the  
wonderful birthday wishes. I'm  
truly grateful to have you in  
my life. Your constant support  
means more to me than words  
can express, and I feel incredibly  
fortunate to be a part of the Lila  
Poonawalla Foundation.



Whatever I have achieved today is because of LPF.  
The training programs arranged by the foundation  
taught me so many valuable lessons and played a vital  
role in shaping both my personal and professional  
journey. I was especially touched by the message on  
the birthday e-card: "An expert at anything was once  
a beginner." That line really resonated with me, and  
I will carry it with me as I keep striving to grow and  
improve. I know I can do even better, and I promise  
to stay connected with the foundation.

Once again, thank you so much, Mom & Dad, for  
your love, encouragement, and thoughtful birthday  
wishes.

■ With love,  
Your Daughter,  
Pooja Bandel  
LG 2016 & 2019

Dear Mom,

Today is a very special and auspicious day for all women—because it's our day, Mom.

A woman represents the origin of the world.

"The willingness to listen,

The patience to understand,

The strength to support,

The heart to care,

And just to be there—

That is the beauty of you."

Wishing you a very Happy Women's Day, Mom!

You are the inspiration, support, motivation, and strength for all your daughters—and for all LG girls.

Thank you, from the bottom of my heart.

■ Your loving daughter,  
Anjali Pise  
LG 2017



Dear Dad and Mom,

I hope this message finds you in great health and happiness.

Today, as I share the joyful news of my placement at IBM, I am filled with immense gratitude and appreciation for the unwavering support, guidance, and encouragement you have all extended to me.

Firoz Dada and Lila Mom, your love and belief in me have been the foundation of my journey. Even during the most challenging times, your faith gave me strength and inspired me to keep moving forward. I feel truly blessed to be a part of the Lila Poonawalla Foundation family, where I have always felt seen, supported, and empowered.

Preeti Ma'am, I am especially thankful for your constant mentorship and motivation. Your sessions and training programs didn't just prepare me for placement—they shaped my mindset for the real world. Your encouragement helped me recognize my potential and gave me the tools to succeed.

The Lila Poonawalla Foundation has been one of the greatest blessings in my life. Beyond financial support, it has given me a community that genuinely cares about my growth and success. I am honored to be a Lila Girl, and I promise to carry forward the values instilled in me by this incredible foundation.

Thank you once again for your love, generosity, and belief in me. I'm excited for the journey ahead and look forward to making you proud.

With all my love and gratitude,

■ Anushka Rakshe  
LG 2022



Dear Dad,

Wishing you a very Happy Father's Day!

I never imagined I would get to celebrate this day again after losing my father... but this year feels different. This year, I have someone to call Dad again.

Even though we aren't in touch every day, your presence in my life has made a deep difference. Through the Lila Poonawalla Foundation, you've not just supported my education — you've given me a sense of belonging and hope. Because of you and Mom, I could pay my college fees and even own a laptop — something I never thought would be possible in my second year of engineering.

But beyond the financial help, it's the love, care, and values you share with us LILA girls that touch the heart the most. It's rare to find someone who chooses to be a parent to hundreds of girls like me — especially when you have no obligation to. And yet, you do it with so much warmth and sincerity.

Thank you for being a guiding light, a support system, and a father figure to me. Today, I feel incredibly lucky and grateful to be part of this family.

■ With love,  
Palavi Bhawe  
LILA Girl 2024



Dear Mom, Dad, and LPF,

I'm Kshitija, Lila Girl 2021. I hope this message finds you well. I'm writing to express my heartfelt gratitude for the warm birthday wishes you sent my way. Your thoughtful gesture truly made my day even more special and reminded me of the incredible support and encouragement I've always received from the foundation.

Being associated with the Lila Poonawalla Foundation is truly a privilege. Your kindness reflects the inspiring values that LPF stands for. Thank you for making me feel appreciated and valued.

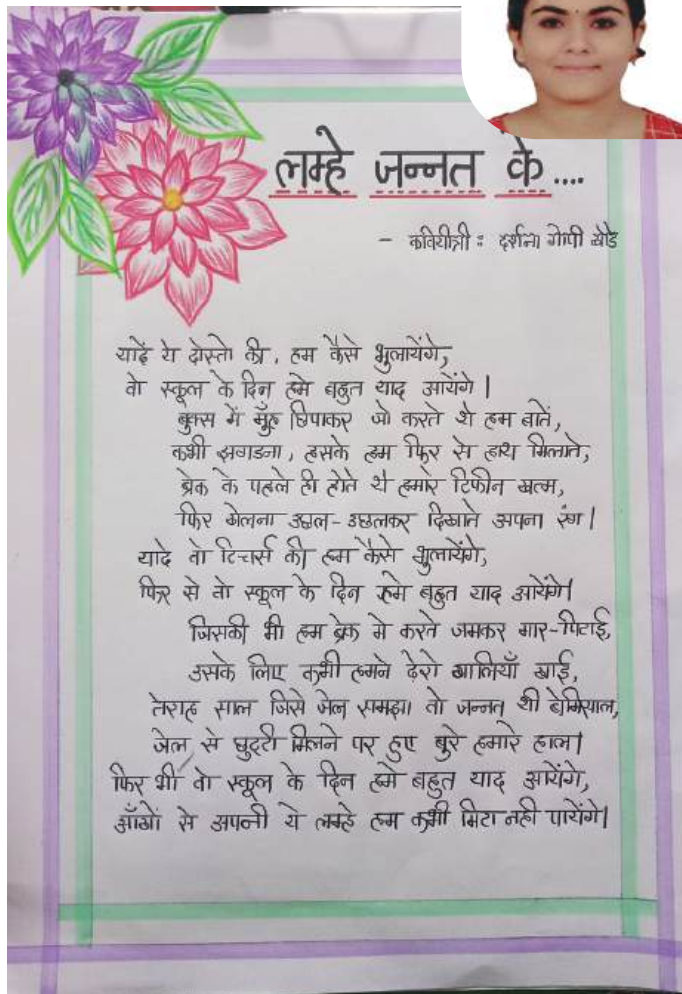
Once again, thank you for the lovely wishes and for the meaningful work you continue to do. I look forward to continuing this journey with LPF and contributing to its noble mission.

Warm regards,  
■ Kshitija Shinde  
LG 2021





**Darshana Gopi Khode** ■  
LG 2023



**Akansha Raju Mahore** ■  
LG 2023



■ **Abhinaya Motapothula**  
LG2023



■ **Shreya Kadam**  
LG 2023



**Sakshi Thakur** ■  
LG 2023



इंसानियत कब हैवानियत में बदल गई

इंसानियत कब हैवानियत में बदल गई समझ ही ना आया,

आज फिर द्रौपदी का चीरहरण दोहराया,

कौरव पांडव तो सभी थे वहाँ बस एक द्रौपदी को बचाने वाला कृष्ण ही ना आया।

आज फिर एक निर्भया की कहानी हुई,

उस अंधेरी रात में न जाने किसकी बेटी तार-तार हुई,

आज फिर एक लड़की किसीके हवस का शिकार हुई।

हैवानियत की हर सीमा लांघ आया,

लाखों काली को तोड़कर भी मन ना भरा,

तो अब काली पर उतर आया,

इस दुनिया को तो ठीक से देखा भी ना था उसने,

और तूने अपनी असलियत दिखा दी,

खेलने-कूदने की उम्र में ऐसा दर्द दिया कि जिसे वो बेचारी समझ भी ना पाई।

लहक-चहक कर इठलाने वाली तितली थी वो,

उसके ऐसे पंख काटे कि फिर वो उड़ भी ना पाई,

इतने से सुकून ना मिला तो अपने ही हाथों से उसकी कफन सजाई।

कब तक किसीके हवस का शिकार बनेगी,

कब तक सारे जुल्मों को चुपचाप सहेगी,

किसका इंतज़ार कर रही है,

हर बार द्रौपदी को बचाने कृष्ण ना आएगा,

द्रौपदी को अपनी रक्षा के लिए खुद खड़ा होना होगा, क्योंकि

कौरव तो कई जन्मे इस कलयुग में पर एक ही कृष्ण कितनी द्रौपदियों को बचाएगा।

डे सळीश्री , अब ध्यान से सुनो बात मेरी,

पापा की परी बनकर जीली अब पापा की शेरनी बनने की बारी,

ज़रा देखे तो कोई नज़र उठाके हमें,

उन नज़रों को झुकाने की है बारी,

और कोई छुए तो हमारे दामन को अपने गंदे हाथों से,

उन हाथों को उखाड़ फेंकने की है बारी,

पापा की परी बनकर जीली,

अब पापा की शेरनी बनने की है बारी।

**Akanksha Nall** ■  
LG 2022



**Sayali Tanpure** ■  
LF 2024





**Disha Parolsande** ■  
LG 2023

## Where Fear Ends

Let not fear hold you back,  
Battling fear is not hard to crack,  
When you have a backup plan in  
your sack,  
You already know the hack!

IDCD — the code you keep,  
To dig down low, to dive in deep.  
Identify fears, don't look away,  
Face them bold, come what may.

Define them well, break the disguise,  
Clear the fog, cut through the lies.  
Trace the root, confront the cause —  
That's the right approach to break all pause.

Choosing a backup plan is setting the stage,  
A safety net for your mental cage.  
With safety assured and mind set free,  
You're ready to flow like a fearless sea.

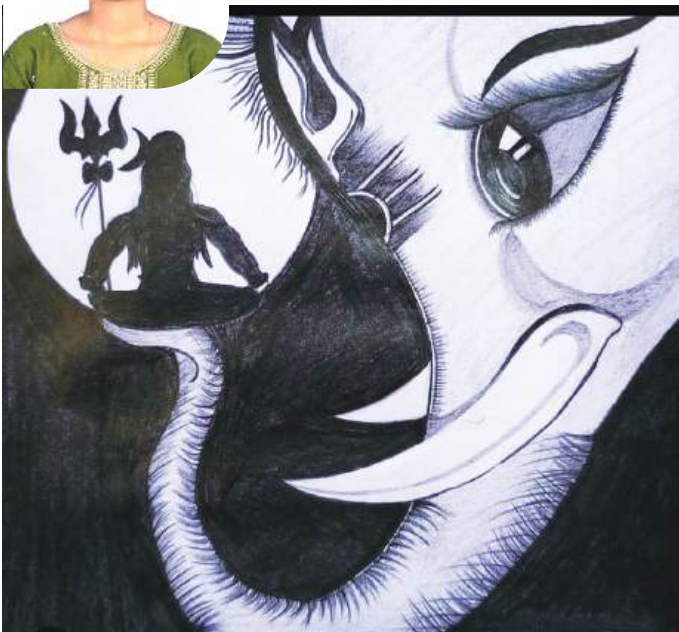
Now take the leap, no second guess,  
Let action follow, no more stress.  
With wings of triumph, strong and wide,  
Soar through the sky, let your spirit glide!



**Niramala Devi Patel** ■  
LG 2024



■ **Yamini Reddy**  
LG 2022





**Perna\_Joshi** ■  
LG 2023



■ **Sakshi Jadhav**  
LG 2021



contd. from page 9...

## Journey to work with Havells as a Software Engineer

Ankitha Malathi Chandrashekar hails from the **Chikkamagalur** District of Karnataka. Her father is a farmer and her mother a homemaker, with a sister who is also pursuing higher education. This made it financially challenging for her parents to support both daughters in their academic journeys. Despite these obstacles, Ankitha remained exceptionally focused and consistent in her studies, achieving **a CGPA of above 9 every year**. Her dedication not only built her confidence but also shaped her into a more organized and goal-driven individual.

Her hard work was rewarded with placement offers from two reputed companies:

- **Consilio** – ₹8 LPA (Full-Time)
- **Havells** – ₹11.5 LPA (Dual Opportunity: Internship + Full-Time)

After thoughtful consideration and consulting with



mentors, including **Lila Mom** from the **Lila Poonawalla Foundation**, she chose to join **Havells** as a **Software Engineer** — a decision that aligned with both her aspirations and long-term career growth.

Ankitha's journey is a shining example of how resilience, academic excellence, and the right support can open doors to exceptional opportunities.

Ankita expresses her heartfelt gratitude to the Lila Poonawalla Foundation for their immense support, which not only helped her achieve her academic goals but also empowered her to believe in herself. LPF played a pivotal role in shaping her future, and she will always remain thankful to Lila Mom and Firoz Dad for their constant encouragement and love.

She feels proud and happy to have made LPF proud and to have shown them the results of their hard work. She sincerely hopes that all deserving girls get the opportunity to join LPF as students and experience the same support and growth that she did.

■ **Compiled by**  
**Sonal Mohite Walunj**  
LF 2012

## Women Empowerment: A Step towards Equality and Progress

As we know, the history of **women empowerment** is deeply rooted in the struggle for gender equality and justice. For centuries, women around the world were denied basic rights such as education, voting, property ownership, and freedom of expression.



women empowerment is the process of giving women the freedom, confidence, and opportunities to make their own decisions, pursue education and careers, and participate equally in society. It is about challenging traditional roles, breaking societal barriers, and ensuring women have equal rights and dignity in all spheres of life—social, political, economic, and cultural.

Empowering women is not just a matter of justice; it is essential for the overall development of any nation. When women are educated and empowered, they contribute significantly to economic growth, social change, and sustainable development. A society that respects and uplifts its women lays a stronger foundation for future generations. As Malala Yousafzai rightly said, **"We cannot all succeed when half of us are held back."**

"Women, they have minds, and they have souls, as well as just hearts. And they've got ambition, and they've got talent, as well as just beauty. I'm so sick of people saying that love is all a woman is fit for."

Over the years, women have proven their capabilities in every field—from science and politics to sports and entrepreneurship. However, the journey toward equality is far from over. Many women still face discrimination, violence, lack of education, and limited access to healthcare and employment opportunities. Empowerment means addressing these issues head-on and creating an environment where women can thrive safely and equally.

Education plays a crucial role in this journey. An educated woman is more likely to stand up for her rights, educate her family, and actively participate in decision-making.

Education is one of the most powerful tools of empowerment. An educated woman is more likely to stand up for her rights, raise healthier families, and contribute meaningfully to society.

Equally vital is **economic empowerment**. When women have control over their finances, access to jobs, and freedom to start businesses, they gain independence and respect. Financial empowerment helps them escape cycles of abuse, poverty, and dependence.

**Michelle Obama** once said, **"There is no limit to what we, as women, can accomplish."** This highlights the power of education and the importance of believing in women's potential.

Economic independence is another pillar of women empowerment. Financially independent women are more confident, respected, and capable of escaping cycles of

poverty or abuse. Programs that support women entrepreneurs, skill development, and fair pay are crucial. Beyoncé once said, *"We need to reshape our own perception of how we view ourselves. We have to step up as women and take the lead."*

True empowerment also comes from economic independence. When women have control over their finances and careers, they can lead lives of dignity and self-respect. Financial literacy, entrepreneurship opportunities, and equal pay are vital steps toward economic empowerment. As **Oprah Winfrey** said, **"Think like a queen. A queen is not afraid to fail. Failure is another stepping stone to greatness."**

In today's world, women are leading countries, launching businesses, discovering medicines, building technologies, and defending rights. But many still face challenges—child marriage, wage gaps, domestic violence, lack of representation, and more. We must continue to push forward until every girl is born into a world of equal chances and respect.

**"Strong women: may we know them, may we be them, may we raise them."**

Throughout history, women have been denied basic rights and confined to traditional roles. But brave women across the globe stood up, raised their voices, and paved the way for change. The fight for women's empowerment began with the suffrage movement, where women demanded the right to vote. Over time, this evolved into broader struggles for education, employment, political participation, and protection against gender-based violence.

Empowering women means giving them access to education, healthcare, jobs, and representation. Education is the most powerful tool in this mission. An educated woman not only improves her own life but also contributes to her family, economy, and society.

Today, empowering women is more than giving opportunities — it's about creating systems that recognize and uplift their strength, intelligence, and resilience. As we know, when women are educated, economies grow.

But empowerment goes beyond education and money. It also means **freedom from violence, discrimination, and societal pressure**. Every woman deserves to feel safe in her home, workplace, and community.

**"Empowerment isn't about dominance. It's about making space for others to rise alongside you."**

Social empowerment is equally important. Ending violence against women, challenging harmful gender roles, and giving women a voice in decision-making spaces is essential.

In today's world, women are leading countries, launching businesses, discovering medicines, building technologies,

and defending rights. But many still face challenges—child marriage, wage gaps, domestic violence, lack of representation, and more. We must continue to push forward until every girl is born into a world of equal chances and respect.

**"You are the author of your own story. Write it boldly, rewrite it fearlessly, and inspire others with every chapter."**

In the digital age, technology offers new paths for empowerment. Women can now access information, create businesses online, raise awareness, and build global networks. Yet the digital divide still prevents many rural and underprivileged women from enjoying these opportunities. Bridging this gap is essential for inclusive growth.

Women's voices must also be heard in the halls of power. Political empowerment—giving women an equal say in decisions that affect their lives and communities—is essential. Women leaders bring empathy, insight, and a broader perspective to governance. Countries with strong female representation in government often have better social outcomes.

Still, challenges remain. Many girls are still forced into child marriage, denied access to school, subjected to

harmful traditions, and trapped in poverty. Many working women face pay gaps, lack of maternity benefits, and glass ceilings. The journey to full empowerment is ongoing, and it demands the **collective effort of governments, societies, and individuals.**

Cultural empowerment is equally important. Breaking gender stereotypes in movies, media, and literature allows women to express their identity freely. Empowered women are now becoming symbols of strength in sports, entertainment, art, and activism. Icons like **Serena Williams, Priyanka Chopra, Greta Thunberg, and Lata Mangeshkar** inspire millions to dream beyond limits.

**"Fierce, fabulous, and unstoppable."**

In conclusion, women empowerment is not just a goal—it is a movement that transforms lives, families, communities, and nations. Empowering women uplifts everyone. It is high time we break all the stereotypes and support every woman in realizing her dreams. After all, when you empower a woman, you empower a generation.

■ - **Namrata Shashikant More**  
LG-2022

Dear Mom,  
How are you?

Thank you for sharing this volume of INSPIRA!

It's truly inspirational—Sonali's adventure, Hamsa's achievements, and of course, your "Landing" section... such an amazing read! I was eagerly waiting for the issue to go through and yet all stories apart from the ones mentioned here are very interesting.

Kudos to the INSPIRA team for putting it all together!

Thank you once again.

Warm regards,

■ **Rashmi Amol Joshi (Soman)**  
LF 2001



Hey dear LPF family,  
Being a Lila Girl honestly feels like being part of something truly special—a warm, strong, and uplifting family.

Reading this issue of INSPIRA, I was deeply moved by the stories—from placements to travels, and all the amazing things our sisters are accomplishing. I could genuinely feel the love and effort that Mom, Dad, and the entire LPF team poured into it. It reminded me how lucky we are to have this kind of support and sense of belonging. The whole vibe of the magazine felt like a warm hug—comforting and motivating at the same time.

Thank you for always being there and for making us believe in ourselves. I'm genuinely proud to be a Lila Girl.

Forever proud to wear the Lila Girl title with love and confidence!

Love you LPF, always and forever  
With Regards,

■ **Bagathi Navya Sri**  
LG 2023





Dear Dad,

We are filled with gratitude for all that you have done for us. You care for us as if we were your own children, and having a guardian like you is a true blessing. Your kindness, love, and unwavering support mean everything to us. We feel so lucky to have Mom and Dad who always put our needs above their own.

Happy Birthday, Dad! We deeply appreciate your love and care. You mean the world to us. Wishing you good health, happiness, and many joyful years ahead. We love you DAD!

Your daughter,



■ **Swaranjali Gawande**  
LG 2022

Dear didi,

I recently read INSPIRA, which was a wonderful collection of different art forms by Lila Girls, and I was truly inspired by the amazing work that Lila Mom and Firoz Dad are doing.

They are deeply committed to encouraging girls' education. As we all know, educating a boy benefits an individual, but educating a girl uplifts an entire family. This shows just how powerful girls' education really is.

INSPIRA features so many Lila Girls who are incredibly talented—not just academically, but in many other ways as well.

Your loving daughter,



■ **Ravuri Sai kruthika**  
LG 2023

Dear Mom,

I read the INSPIRA article, and every moment spent with it filled me with happiness as I discovered the many secrets of success shared within its pages.

Many Lila Fellows carried out impactful projects that benefited entire communities. Through those projects and the stories in INSPIRA, I learned about the inspiring journeys of many Lila Sisters—and realized how much I still have to learn on my own path to success.

Reaching 30 years is no small feat—it's a testament to the dedication and tireless efforts of Mom, Dad, and the entire Lila family. The training programs offered have truly transformed many lives, including mine.

One line in particular stayed with me: "Do not hold grudges, be happy." I paused when I read it, then read it again—it brought me a sense of peace and joy.

I sincerely pray that the Lila Foundation continues its incredible journey and someday celebrates its 100th anniversary.

Regards,

■ **Naga Lakshmi Hanumatrimurthulu kantipudi,**  
LG 2020,



Dear Mom and Dad,

After reading the INSPIRA magazine, I felt really emotional learning about the hardships Mom faced during the early days of her career. I was truly inspired by how she overcame those challenges and how Dad stood by her side throughout. It made me feel like one of their daughters.

Reading the success stories of so many Lila Girls filled me with happiness and pride.

I've always been passionate about drawing and painting, and I'm excited to share one of my artworks here.

Yours lovingly,

■ **Prasanna Nomula**  
LG 2022



Dear Mom and Dad,

I am truly grateful to be a part of the FPF Family. Reading about the inspiring stories of LILA Girls has motivated me to push forward with confidence. Inspira has taught me the importance of self-reflection, goal-setting and believing in myself. I thank my LPF family for providing such a supportive platform where we can all learn, share, and celebrate each other's achievements.

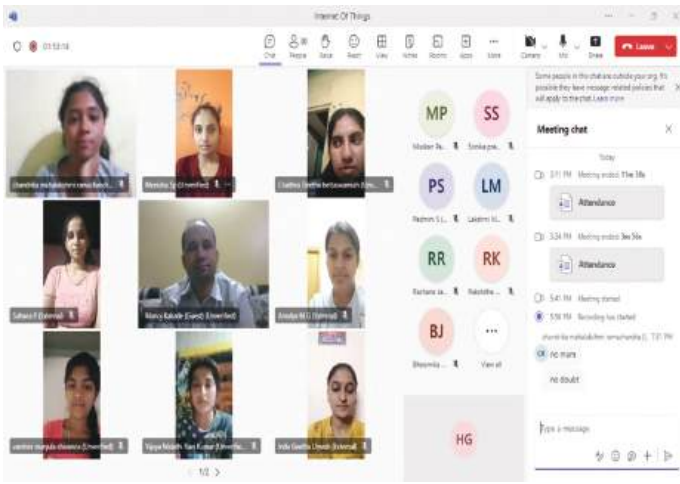
Inspira is not just a Newsletter—it's a mirror of our dreams, and struggles.

Your loving daughter,

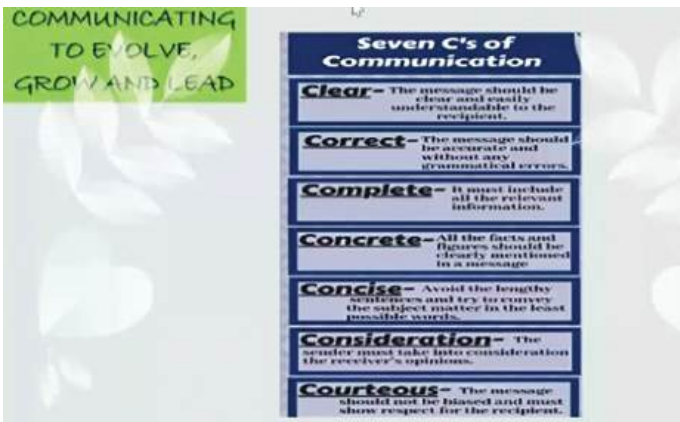
■ **Vinuthna Vooradi**  
LG 2023



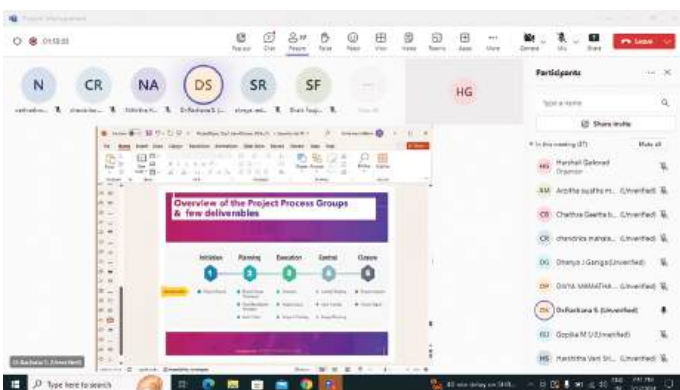
## Bengaluru



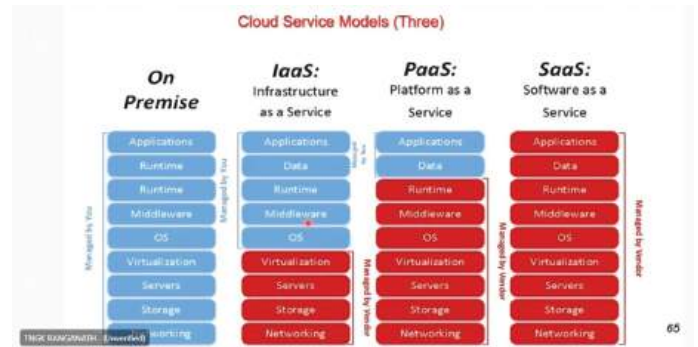
Internet of things conducted by LPF Trainer Mr. Manoj Kakade



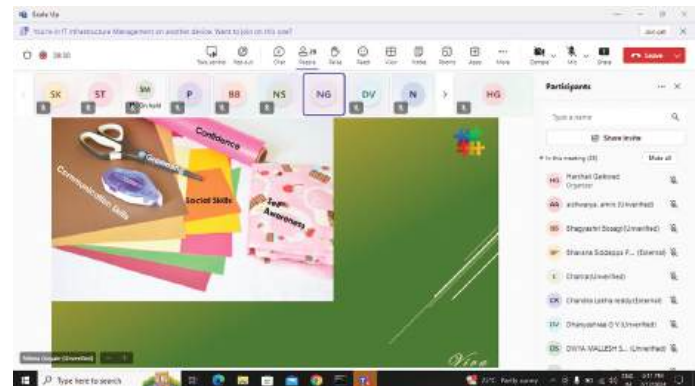
Communication to lead, grow and evolve conducted by LPF Trainer Ms. Shilpa Vora



Project Management conducted by LPF Trainer Dr. Rachana Shikare



IT Infrastructure Management conducted by LPF Trainer Dr. Ranganath Krishnan

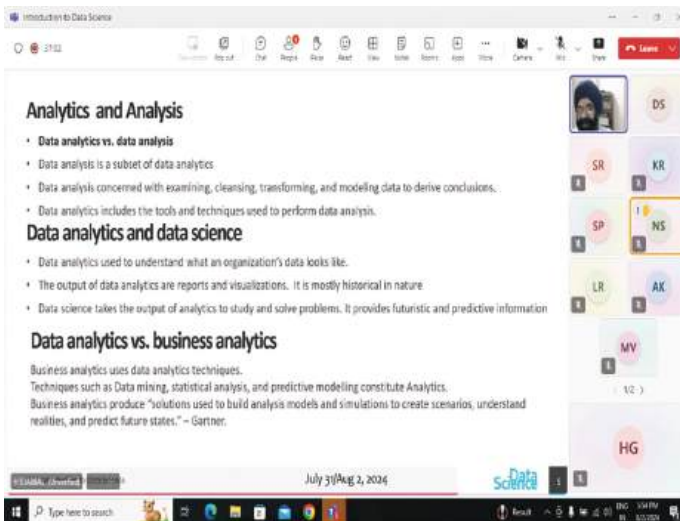


Scale Up conducted by LPF Trainer Ms. Nilima Gogate



Block chain conducted by LPF Trainer Mrs. Sonali Patwe

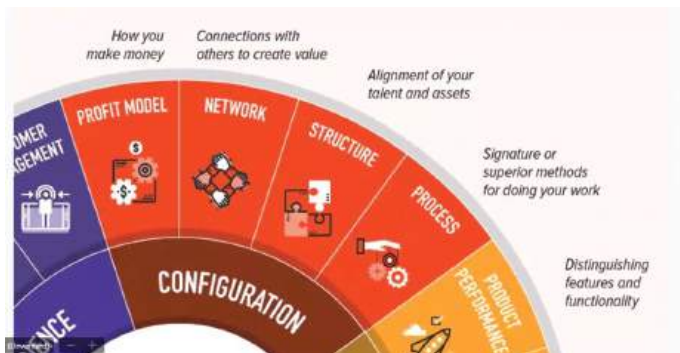




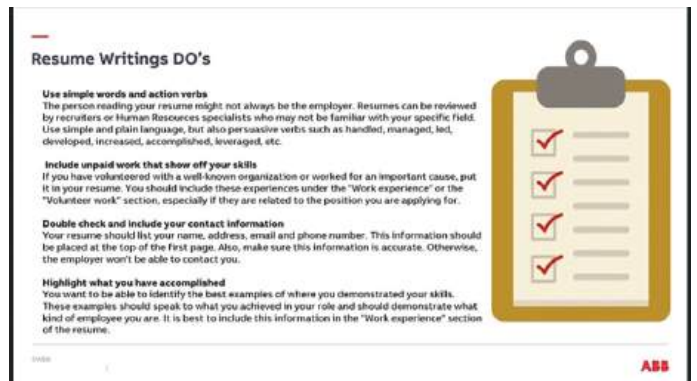
*Introduction to Data Science conducted by LPF Trainer Dr. Harvinder Jabbal*



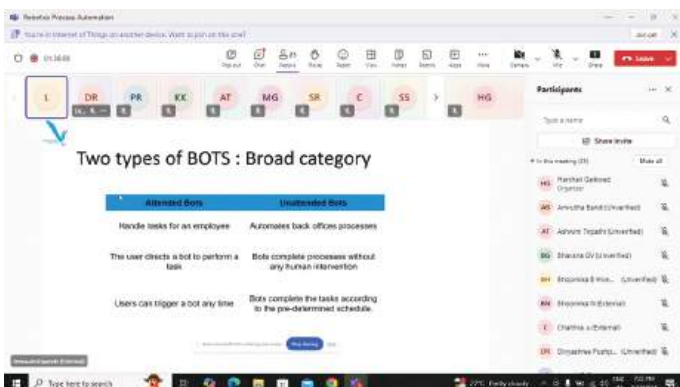
*Self-development program on soft skills conducted by Corporate Partner Ms. Ulka Raut (ABB)*



*Innovation & Technology Management conducted by LPF Trainer Ms. Pradnya Kashikar*



*Resume Building conducted by Corporate Partner Ms. Sulakshana Dey and Ms. Rashmi (ABB)*



*Robotics Process Automation conducted by LPF Trainer Ms. Leena Deshpande*



*LILA Girls Posing Group photo during the Basic Values and Ethics with Mrs. R. Lakshmi*



## Hyderabad



Introduction to Machine Learning by Mr. Pravin Futane.



Internet of things session by Mr. Manjo Kakade.

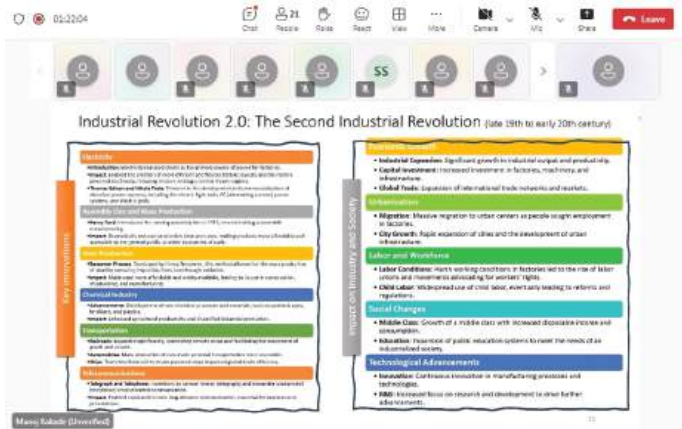
## Pune



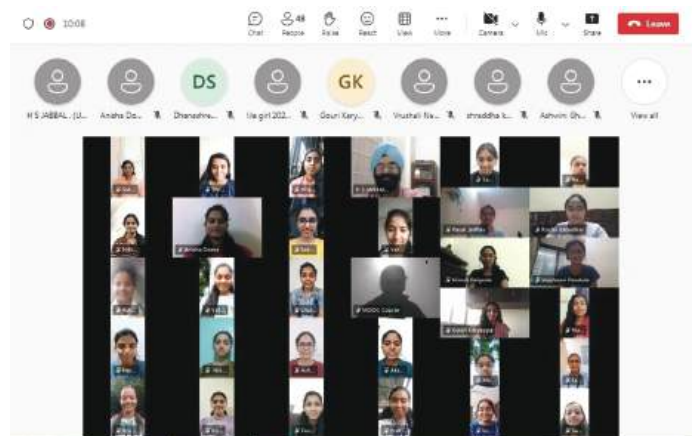
Administration of Drugs & Opportunities in Drug Industry by Ms. Priti Deshmukh.



Ms. Smita Gune explained about the Transmission Media & Standards in Fundamentals of Computer networks.



Mr. Manoj Kakade explained the Industry Revolution key Innovation about Robotic Process Automation.



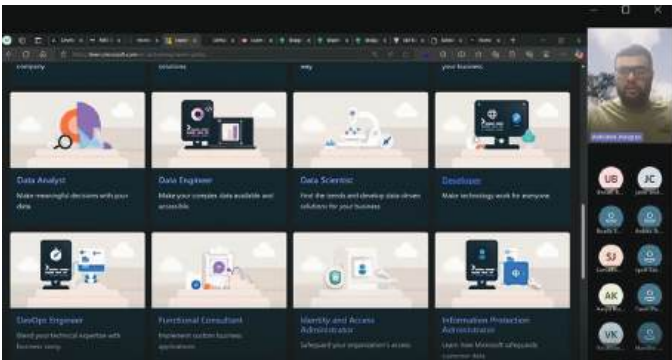
Group photo during the session of Introduction to Data Science by Dr. Harvinder Singh Jabbal.



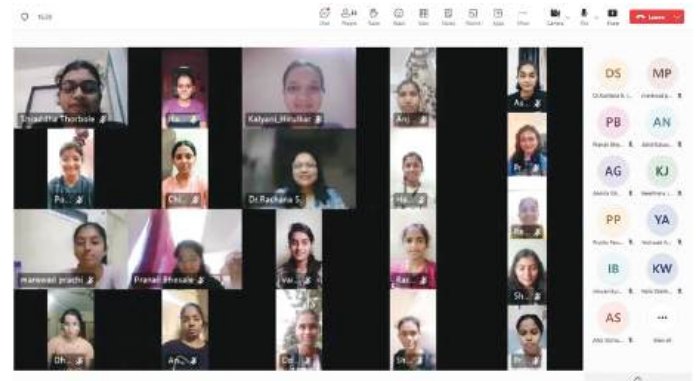
*Ms. Sarika Zende shared the information about Medication Management during the training program Basic Nursing Skills Development.*



*Computer Networking by Ms. Smita Gune*



*ABB Volunteer share the thought to LILA Girls of exciting career opportunities in Cloud Computing.*



*Group photo with Ms. Rachana Shikhare during the Project Management session.  
Top of Form Bottom of Form*



*Certificate Distribution during CRP-5 program*



*Group Photo of during the session on Chest Tube, Ventilator & Airway Management by Ms. Priya Nimishe*



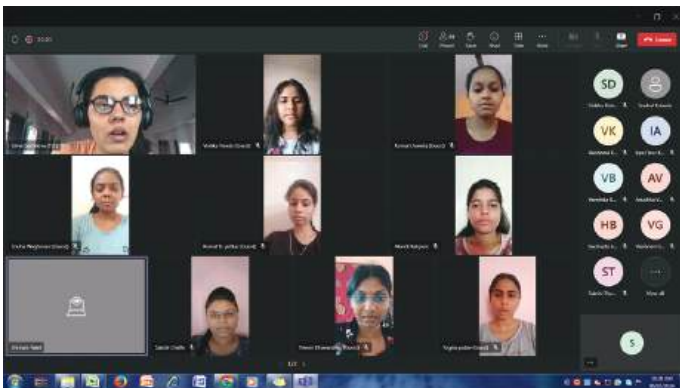


Group picture during CRP-5 program



CRP -5 Valedictory session

## Wardha



Basic & Advanced Excel session conducted by Corporate Volunteer Mr. Shriram Patel (Tata Pro Engage).



Project Management by ABB volunteers

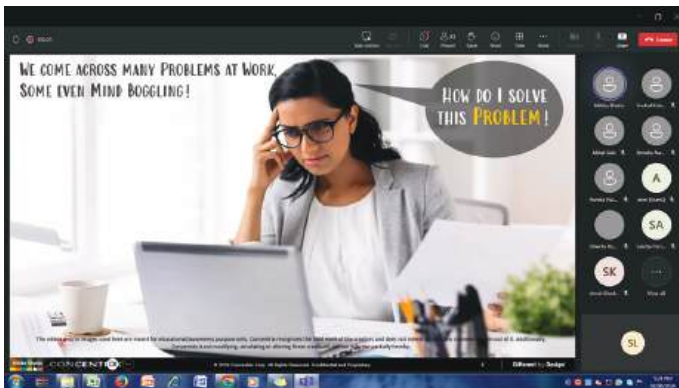


LILA Girls participated in the session "Effective Tricks for Cracking Interviews" conducted by LPF Trainer Mr. Vishesh Prasad, where they learned time management techniques.



Scale-Up session conducted by LPF Trainer Dr. Nilima Gogate.





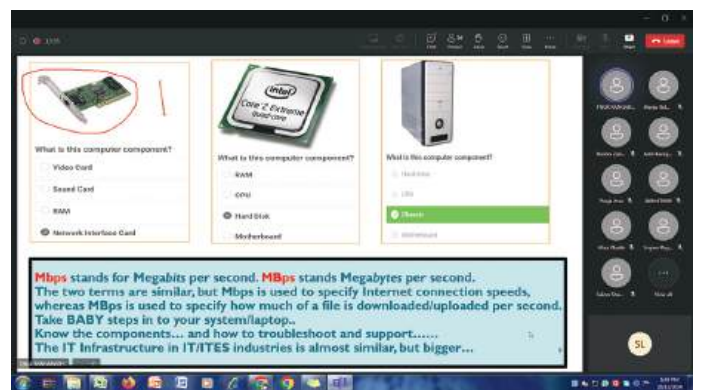
*Design Thinking session conducted by Corporate Volunteer Ms. Palak Agrawal (Concentrix).*



*LILA Girls created mind maps during the Mind Mapping session conducted by Mr. Vishesh Prasad.*



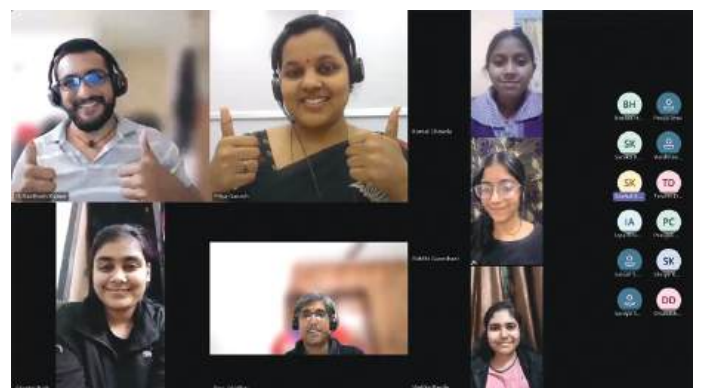
*Group photo taken during the session "Inspiring Ingenuity" conducted by Corporate Volunteer Ms. Shinam Dhangra (Concentrix).*



*Technical session by ABB volunteers*



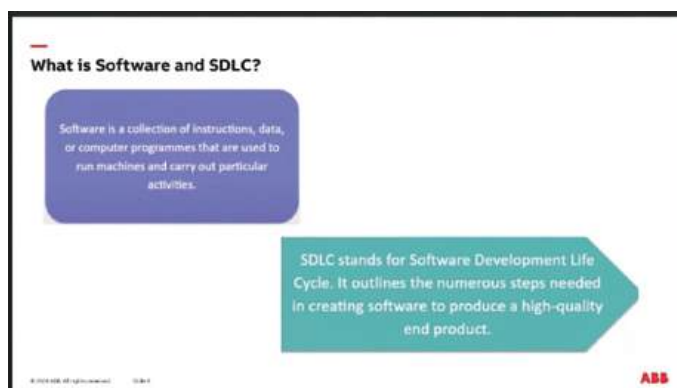
*Self-Defense session conducted by LPF Trainer Mr. Ulhas Wagh.*



*Group photo taken during the Public Speaking session conducted by Corporate Volunteer Ms. Priya (BNY Mellon).*

## Devops Methodology Session by ABB

Mr. Ved Choudhary(ABB) conducted Devops Methodology online session for final year Engineering LILA Girls. Which is really very good session. It emphasizes collaboration, automation, integration and rapid feedback cycles. These characteristics help ensure a culture of building, testing, and releasing software that is more reliable and at a high velocity. It's

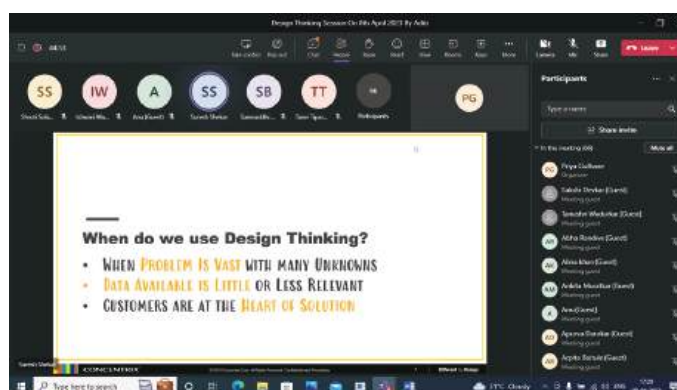


*Devops Methodology session by ABB team*

a software development practice that combines software development and IT operations. DevOps is a powerful way to improve your development and delivery of software. By focusing on the three pillars – culture, process, and tools – you can enjoy the benefits of DevOps, like faster work, better quality, cost savings, and happier customers.

## Design Thinking Session by BNY Mellon

Ms. Rajashree Bhattad (BNY Mellon) conducted Design Thinking Online Session for third year Engineering LILA Girls. We get to know about creative thinking, design thinking process, timeline, fundamentals of design thinking, fundamental tools



*Design Thinking session by BNY Mellon team*

for creativity, creativity through empathy, resolving a complex problem, terrific to traffic and a creative journey. The session was very useful and interesting for all of us. We got to know about the importance of projects.

## Leadership Talk session by Rao.Giridhar & Swati Gurukrishnan (BNY Mellon).

Rao.Giridhar & Swati Gurukrishnan (BNY Mellon) conducted Leadership Talk session for third year Engineering LILA Girls. Leadership is important knowledge about how to manage Leadership and which concept we are using that. Leadership training topics



*Leadership Talk session by BNY Mellon team*

for managers often focus on advanced skills like strategic thinking, decision-making, conflict resolution, and team building. These topics help managers lead teams, make informed decisions, and foster a productive work environment.



## IT Infrastructure Management conducted by Mr. Ranganath Krishnan.

Mr. Ranganath Krishnan led a class on 'IT Infrastructure Management' for LILA girls of 2nd year engineering. From this session girl learnt about the critical domain of IT Infrastructure Management. As future IT professionals, it's essential to girls to understand the importance of managing an organization's IT infrastructure, which includes hardware, software, networks and data centers. Effective IT infrastructure management ensures the availability, reliability, and security of IT services, which in turn supports business operations and drives success. Throughout this course, sir has delved into the key concepts, best practices, and frameworks



of IT infrastructure management, including IT service management, network management, server management and IT asset management. By the end of this course, girls had a comprehensive understanding of IT infrastructure management and be equipped with the skills to design, implement and manage IT infrastructures that meet

business needs.

Further, Sathwika, LG 2023 expresses thank you and adds, "IT Infrastructure session covered essential topics like hardware, software, cloud computing, sensors, operating systems, storage etc., which are very useful."

## Industrial Visit

Ms. Sowmya from Deloitte has visited Hyderabad regional office on 27th September 2024. She had an interaction with 2021-22 batches of LILA girls. She discussed about

the project implementations, challenges & improvement areas.



## Industrial Visit to B&R Automation Pvt. Ltd.

LILA Girls studying in the 2<sup>nd</sup> year of engineering visited the B&R Automation Pvt. Ltd. The visit commenced with an in-depth overview of B&R, covering aspects such as Marketing, HR, the education network and a tour of the facility. The highlight of the visit was the engaging interaction and insightful experience shared by female employees of B&R, which greatly motivated the LILA Girls. LILA Girls



learned extensively about the company's services, including innovations like delta robots, vision cameras and magnetic levitation. They also gained insights into current trends such as textiles, food and beverages and more. It was an exceptionally informative experience, offering a deep dive into the automation industry.



## Global Conference sponsored by Johnson Control India (JCI)

The World Sustainable Development Summit (WSDS) 2025 served as a dynamic platform for meaningful conversations and collaborations around climate action, sustainability, and innovation. With the theme "Partnerships for Accelerating Sustainable Development and Climate Solutions," this year's summit brought together a remarkable lineup of global leaders, ministers, CEOs, founders, and experts who offered invaluable insights into creating a sustainable future. It was the third consecutive year that JCI sponsored 2 LILA Girls and one LPF team member for this WSDS 2025. They had the incredible opportunity to attend and learn from this enriching experience. Over three these days, the participants explored a range of critical themes including green finance, ecosystem restoration, climate justice, tech-driven sustainability, and resilience-building. Some



of the highlighted thematic tracks were "Greening the Future: Sustainable Solutions for Environmental Restoration," "Science and Policy Action on Reducing Plastic and Chemical Waste in Marine Environments," "Partnerships for a Greener Future," and discussions on multilateralism ahead of COP30 and COP33, sustainable energy transitions, infrastructure for resilience, and bridging the climate finance gap. A key takeaway echoed



across all sessions was that sustainability is not a solo endeavor—it demands collective responsibility, where individuals and nations unite with a shared vision and commitment.



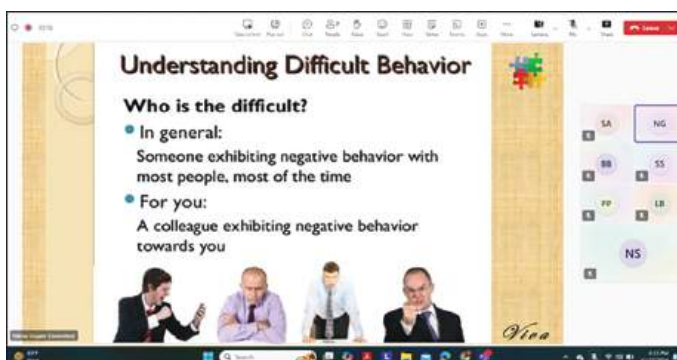
"The summit wasn't just an eye-opener; it was truly a transformative experience. Being there really deepened my understanding of sustainability, not just on an intellectual level, but emotionally too. I've always tried



to incorporate sustainable practices into my daily life and projects, but this summit made me realize that those efforts are just the beginning—there's so much more we can all do. One of the most powerful aspects was the opportunity to meet and interact with change-makers from around the world. Everyone brought such unique perspectives, and it really reinforced the idea that even small, consistent actions by individuals can lead to big changes. Throughout the event, the urgency of tackling climate change, environmental degradation, and rising carbon emissions was emphasized in every session. WSDS 2025 wasn't just informative—it was a call to action. It reminded me that with innovation, collaboration, and determination, we truly can create a just, resilient, and sustainable world." Vaishnavi Pandhale, LG-2023, Pune

## Campus to Corporate conducted by Ms. Nilima Gogate.

Ms. Nilima Gogate Instructed a course on 'Campus to Corporate' for LILA girls of Final year engineering. As final year girls prepare to transition from campus life to the corporate world, it's essential to understand the skills and mindset required to succeed in this new environment. The journey from campus to corporate is a significant one and it's crucial to bridge the gap between academic knowledge and professional expectations. Throughout this training, Ma'am has focused on developing the essential skills, attitudes and behaviors necessary to thrive in the corporate world. Ma'am has explored topics such as communication, teamwork, time management, adaptability, and problem-solving, as well as industry-



specific knowledge and best practices. By the end of this program, girls equipped with the confidence, skills and expertise to make a seamless transition from campus to corporate and launch a successful career.

Also, Sushma, LILA Girl 2020 says, "The content covered a wide range of topics that are crucial for bridging the gap between campus life and professional careers. I particularly appreciated the practical advice on workplace expectations, communication skills, and time management. The session also provided useful tips on building a professional network and navigating corporate culture, which I believe will be incredibly beneficial as we begin our job search and internships."

## Winning with Body Language

Ms. Monika Nair (trainer), conducted an engaging workshop on Winning with Body Language for 3<sup>rd</sup> year nursing LILA Girls. The workshop, focused at enhancing the girl's ability to navigate diverse situations with ease, was both interactive and impactful, offering valuable tools for mastering the often-overlooked art of non-verbal communication. From the outset, trainer's friendly and approachable demeanor put the girls at ease, creating an environment where they felt comfortable to engage, ask questions and explore the nuances of body language. Her interactive style encouraged active participation and



the activities she facilitated were designed to help the girls develop a deeper self-awareness. By highlighting the power of body language in conveying confidence, warmth and professionalism, the session served as a transformative learning experience for the girls. By the end of the session, the LILA Girls had gained not just practical tips for improving their body language, but

also valuable insights into emotional resilience, self-awareness and the importance of continuous personal development.

## Brand U by Concentrix

A valuable session on Brand U for 3<sup>rd</sup> year science, engineering and pharmacy LILA Girls was conducted by Ms. Sheila from Concentrix, led an enlightening presentation where she detailed what constitutes a brand, how a brand establishes itself and the essential qualities required for effective branding. Using compelling examples, she

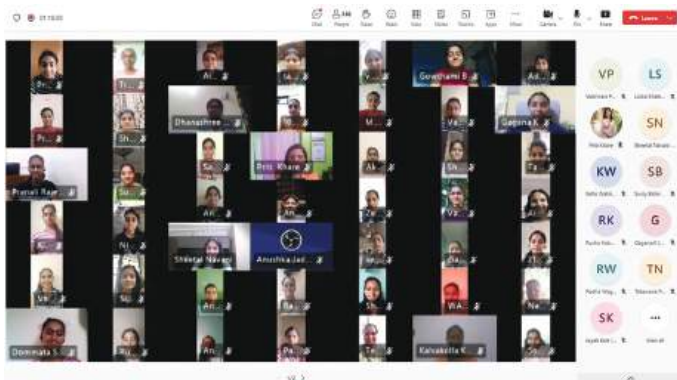


connected these insights to both professional and personal aspects of life. The session emphasized the importance of personal branding, effective communication and continuous self-improvement. The practical tips and strategies for developing a personal brand, with a strong emphasis on self-awareness and confidence.



## LPF Thought Leadership Series: 'My Journey and Personal Financial Knowhow for Women'

The session, 'My Journey and Personal Financial Knowhow for Women', by Ms. Sheetal Navani, Executive Director of Desai Brothers Ltd. (DBL), the distinguished speaker for a session that left a lasting impact on the LILA Girls. The session provided invaluable insights into financial independence and personal growth, aimed specifically at empowering young women. Drawing from her extensive career and personal experiences, Ms. Navani shared her inspiring journey with the LILA girls, offering candid advice and practical knowledge on achieving financial independence. Through her story, she



highlighted the challenges and triumphs that shaped her path, underscoring the importance of fearlessly pursuing one's goals while taking control of one's financial future. Beyond financial tips, she spoke about the importance of persistence, resilience and self-belief, especially for women who aspire to break barriers and achieve greatness in their careers. Her words resonated deeply with the LILA girls, encouraging them to build not only their financial independence but also their inner strength and confidence.

## Child Health Care in Nursing & Know your Patient

The 2<sup>nd</sup> year bachelor of nursing LILA Girls attended an insightful and hands-on session 'Child Health Care in Nursing & Know Your Patient' conducted by Ms. Priya Nimishe. The session provided an in-depth look into the essential skills and knowledge needed for effective pediatric nursing, focusing on the care of young patients and the unique responsibilities of pediatric nurses. Priya ma'am shared her expertise with the girls, guiding them through



the specific procedures and tasks that pediatric nurses are required to perform. The session not only covered clinical skills but also emphasized the importance of building a positive rapport with young patients. The session also delved into the roles and responsibilities of a pediatric nurse, highlighting how nurses must tailor their approach to meet the emotional and physical needs of children in healthcare settings.

## Success Keys for Cracking Interviews by ABB

Mr. Vatsal Kedia from ABB conducted an informative session on 'Success Keys for Cracking Interviews for final year engineering LILA Girls. The session provided valuable strategies and tips that are essential for succeeding in interviews and securing career opportunities. Vatsal shared key insights drawn from his own experiences, giving the girls a clearer understanding of how interviews are typically conducted. He emphasized practical strategies for making a strong impression, preparing effectively and showcasing one's skills and achievements. In addition

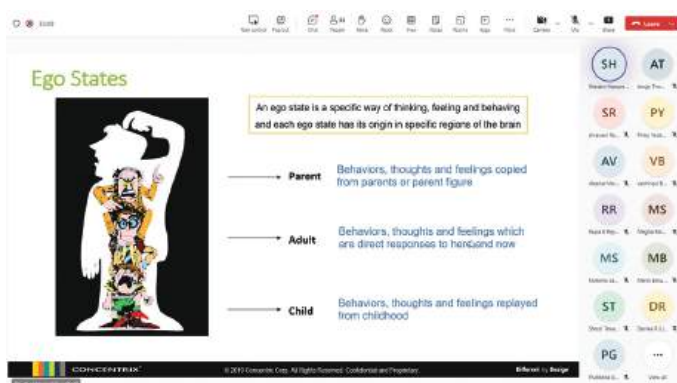


to valuable resume-building tips, the session also covered current trends and emerging technologies in the engineering industry, helping the LILA Girls stay informed and prepared for the rapidly evolving job market. The session was an eye-opener for the LILA Girls, equipping them with the knowledge and confidence they need to approach job interviews with a strategic mindset. By focusing not only on technical expertise but also on soft skills and industry trends, Vatsal ensured that the LILA Girls are well-prepared for the next phase of their careers.



## Basic Nursing Skills Development

The training program on Basic Nursing Skills Development for the 2<sup>nd</sup> year bachelor of nursing LILA Girls by Ms. Sarika Zende. The session, conducted by Ms. Sarika Zende, was highly beneficial for the girls as they embark on their nursing practice. Sarika ma'am, with her engaging and interactive approach, shared a wealth of knowledge drawn from her personal work experience. Her session covered a wide range of essential topics, including medication management, common errors in nursing practice, International Patient Safety Goals (IPSG) and drop factors, among others. These discussions not only provided the girls

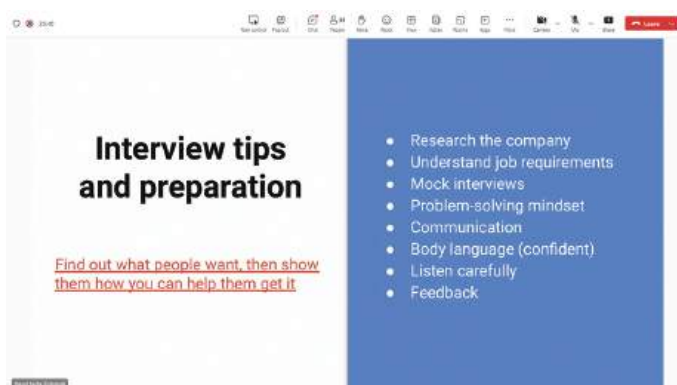


with practical information but also highlighted the critical importance of precision and safety in nursing practice. The LILA Girls were equipped with practical skills and a clearer understanding of the standards and protocols necessary to ensure quality patient care. Overall, the session was an invaluable learning experience, enriching the nursing student's

knowledge and better preparing them for their future careers in healthcare. Sarika ma'am expertise and guidance have undoubtedly set the foundation for the LILA Girls as they continue their journey in the field of nursing.

## Transaction Analysis by Concentrix

An enriching session for 3<sup>rd</sup> year science, nursing and pharmacy LILA Girls, by Ms. Shadan Hassan, from Concentrix shared valuable insights about the Transaction Analysis. The trainer explained the fundamentals of Transaction Analysis, offering a deeper understanding of how effective communication



can enhance our interactions and personal growth. From the session the LILA Girls gained knowledge that Transaction Analysis (TA) is a framework to analyze communication through three ego states Parent, Adult and Child. It helps improve interactions, resolve conflicts and foster better relationships.

## Time Management by Mr. Manish Upadhyay (LPF Trainer)

This program was conducted by Mr. Manish Upadhyay for Engineering Batch LG 2024(Nagpur). The time management session focused on teaching effective strategies for prioritizing tasks and maximizing productivity. Participants learned techniques to manage their time more efficiently. By the end of the session, everyone gained practical skills to better balance their personal and professional



responsibilities. Shruti Gondal (LG 2024, Nagpur) says, "This session not only provides us with valuable learning experiences and ideas but also teaches us how to manage and value time. A beautiful quote that captures this lesson is, Time is not money, but more than money." This insight will be incredibly helpful in our future lives."

## Advance Values & Ethics by Mr. Mohammad Ujjainwala (LPF Trainer)

The Advanced Values and Ethics session was conducted by Mr. Mohammad Ujjainwala for the Engineering Batch (LG 2022). This insightful session emphasized the importance of strong communication skills, integrity, and ethical behavior in both personal and professional growth.

Participants engaged in interactive activities designed to enhance their listening and speaking abilities while also reflecting on core values and ethical decision-making.



By the end of the session, the LILA Girls felt more confident not only in communicating clearly but also in leading with responsibility and purpose.

Dimpal Girade (LG 2022 Nagpur) expresses as, "The session was eye-opening. The exercises on active listening and clear expression helped

me understand how crucial effective communication is for leadership. I feel more confident in my ability to connect with others and drive positive change."

## Self Defense by Mr. Ulhas Wagh (LPF Trainer)

The program was conducted by Mr. Ulhas Wagh for the Engineering & Nursing Batch (LG 2024). The session focused on Self-Defense training, where LILA Girls were taught basic techniques to protect themselves in challenging situations. Through practical demonstrations and

interactive activities, the session aimed to build their confidence, enhance awareness, and promote personal safety. By the end, participants felt more empowered and better prepared to handle real-life scenarios with



courage and presence of mind.

Shilpa Yadav (LG 2024 Wardha) adds, "I learnt several self-defense techniques, including how to effectively attack an opponent and block their attacks. The session also covered important kicks and punches, along with exercise

methods to build a strong body. Additionally, I learned how to maintain eye contact and develop mental and physical strength."

## Financial Literacy by Mr. Jessie Moses & Mr. Balsubramanian Miren (Corporate Volunteer- BNY Mellon)

The program was conducted by Mr. Jessie Moses and Mr. Balsubramanian Miren for the Engineering & Nursing Batch (LG 2022). The session focused on enhancing the participants' understanding of Financial Literacy, covering

essential topics such as budgeting, saving, investing, and planning for future financial security. Through interactive discussions and real-life examples, the LILA Girls gained practical knowledge to make informed financial decisions



and manage their personal finances more effectively.

Achal Sayankar (LG 2022 Wardha) says "The session was very knowledgeable and provided valuable insights that I can apply to my work. The resources shared were

extremely helpful. I gained a deeper understanding of financial management, investment strategies, and budgeting tools, all of which will assist me in making better financial decisions in the future."

Dear readers,

First of all please accept my sincere apologies for a delayed issue of our beloved Inspira. But, this year as **we are celebrating the 30<sup>th</sup> year of our beloved LPF**, we thought of coming up with new ideas. And thereby on the this occasion, I would like to wish Mom, Dad and all the well-wishers and associated members of LPF, a very big congratulations and thank you. The sapling planted by beloved Mom and Dad is now growing into a big tree with multiple branches and blooming faces. Many generations have been moulded through education by our Foundation. The strong pillars, hard work, perseverance and confidence have made this all possible.

So, also, with this new look of Inspira, few columns from this issue onwards are renamed and **few new additions like hearing our parent's heart** have been added up in the list. We will soon be able to add **corporate interviews**



and make it available to the readers with the links from our official page. **Also, we will be hearing our senior LILA sisters soon.** Many stories, the hurdles at that era, the support of LPF and what we look forward to in life will be given a thought by these sisters. **Many more wishes from our senior associated members and many stories to be looked in this issue.**

Thinking of this, the newsletter we all are reading today, it's not just about me involved in the complete process of editing and compiling Inspira, but a team work! Our editorial team members are thereby added alongside. Hope to see you all soon with new version in the next issue! Till then, keep smiling and have a great time! Love you all

Regards,

**Kashmira Deval**  
**LG 2012 LF 2015 and**  
**PA 2017**