



From My Heart...

Dear Daughters,

How time flies! Our first issue of INSPIRA was released on 12th July 2000. My first starting message FROM MY HEART said it all. **"I was not looking for my dreams to interpret my life, but rather for my life to interpret my dreams"** and that is exactly what has happened. When I wrote this, we had 150 daughters in our family. In just 2 decades, we are now a booming, ever-growing family of almost 11,000 daughters and the journey continues... there is no full stop!

This is 58th issue of our beautiful newsletter called INSPIRA. LPF motto has been to inspire young girls to become confident young ladies. This magazine was therefore named as INSPIRA. The Foundation has a laudatory constitution, yet a simple objective "To assist young girls to go beyond just graduation, before they step into the world to seek their destiny." Higher education brings professional literacy to woman thus empowering them not only technologically but also psychologically. It changes their mindset and boosts their confidence which is ultimately necessary for achieving economic independence.

COVID Pandemic has taken its toll. Some of our daughters have lost one or both their parents. Indeed, very sad and stressful for the young ones who left behind. Also, many lost their close relatives. Our staff and their families were affected and still we are not completely out of this dreadful situation. The problem continues. Please take maximum care as yet all this is not over. You must wear the mask, take vaccination, maintain personal hygiene and use sanitizer liberally. Social distance is difficult to maintain but you can always be conscience in this regard. Avoid going to crowded places as far as possible. Dad and me, pray for all of your well-being. Keep well.

I am pleased to give you a glimpse of the wonderful function we had on 21st of August 2021. It actually had four important events rolled into one. I was congratulated for my birthday by Shri Walchand Sanchetti, President of Camp Education Society (CES), who is well known for his life time social work. I was honored as a chairperson of LPF for completing 25 years of this phenomenal journey. Furthermore, we celebrated the achievers- Lila Juniors (LJ) for their marvelous SSC results and Lila Seniors (LS) for their excellent HSC result. We gave them beautiful

food grain pack, a pen set with a beautiful cup designed as a nib of a fountain pen and we also gifted them with smart phones which will help them with their on-line studies and programs. In the same function, our beloved trustees Freny Tarapore, Roda Mehta and Vandana Belitkar, were honored for their



long association with LPF. After the function, we all enjoyed a sumptuous lunch. This is the first time when such an experiment was carried out, where LPF joined hands with three schools of CES to jointly sponsor this function. The results are very encouraging.

We need to CONGRATULATE ourselves for continuing to make excellent progress. You will all be happy to know that yet another LPF office is being opened. This time we have gone to Bangalore, capital of Karnataka. Last year, we had the pleasure of opening the office in Hyderabad, capital of Telangana. In both these districts we are focusing on graduate engineering scholarships. Our dream is to go PAN India with our engineering scholarships. Next destination planned is in Tamilnadu, Chennai district. All of you are requested and invited to visit our offices in Wardha, Amravati, Hyderabad and Bangalore whenever you are there. These offices are in position to receive you with lots of love and provide care to all the visitors.

We also continue to distribute food grains to, not only our daughters and their families, but also to others, who had suffered loss of jobs. This is with one goal to provide nutritious meal so that their immunity increases and they can fight virus and diseases. So far Dad has distributed rations to almost 3300 families and he continues this task relentlessly. He has also taken charge on the second phase of reaching out to additional 3000 plus families in the coming 1 month. Let us all put our hands together and pray that this epidemic comes to an end and we do not have to face wave three.

contd. from page 1...

You all must be knowing that we started our School Project 2Morrow2Gather in 2011. So far, we have supported 10 batches. Almost all from the first batch have completed their graduation, and many have taken up good jobs. Even from second batch, many girls who opted for three-year graduation course have completed their graduation and have started to work. With this development, both Dad and me and our Board of trustees, including the school committee, all felt the necessity of measuring our own performance and taking stock of the impact we have had on the life of these girls who joined us when in 7th standard and have completed their graduation as a part of LPF family. So, we have taken a break this year and not selected a new batch. After the study, we will realign the program next year to ensure that we are taking the right actions to achieve the objectives of the program and are on track of our mission of making our daughters economically independent, confident young ladies ready to face the challenges of the modern world.

Now I go back to my experiences as a trainee engineer. After working for two months in the machine shop, I moved on to assembly and testing workshop, where I spent almost a month and half and 2 weeks in the tool room. The most important learning in the assembly and testing shop was meticulous planning including checking thoroughly the customer specifications and special requirements. Without accurate planning and specific customer requirement, the committed deliveries to the customers do not happen, leading to unsatisfied customer, loss of reputation, loss of business and further the same customer will not give new business. What I mean by accurate planning is back working from the date of committed delivery. Having committed delivery involves checking out how much time would be required for testing; will the test bed be available according to your plan; how many hours required for assembly of final product; ensuring that the sub-assemblies are ready and available before commencing the final assembly. This means good planning for making the sub-assemblies ready in time. Going backwards to ensure the components required for the sub-assemblies like standard bought out items, sub contracted items and own manufactured components are ready and available. All this needs planning and co-ordination with purchase, manufacturing as well as the subcontract team. I will share with you one of the incidents of bad planning. We had an order of 6 separator Modules to be delivered before end of Feb 1969(from my memory). I thought we had done excellent planning, as this order was from a very important customer, who had promised to give us repeat orders if we performed well. Everything seemed under control and the assembly was progressing very well. Time came for testing; it was almost end of January. The modules went on the test beds one by one. All tests, as specified by our technical specifications and test protocol were done. Everything seemed okay, and we thought we are ready to deliver the modules well in time. We informed the customer that we are ready and sought their

approval for delivery. And then, came a bombshell. None of us has read the conditions of the contract carefully. The customer had specified inspection by their quality department. We thought we could manage that without a problem, so we invited the customer for inspection. They did come, but all 6 modules got rejected. We had not read their quality requirements. They had mentioned a few specific test requirements, which our modules could not perform. This meant rework on all 6 modules and the estimated time for that was only 6 weeks. We had missed the bus. End March came and went and we could not deliver the goods as committed. We not only missed out our March year end targets, but also had a very annoyed, dissatisfied customer on our hands and a very angry BOSS. The customer threatened that they would cancel the order and levy a penalty on us. This taught me the importance of good planning. Ever since I made a standard checklist format, which had to be filled up before accepting any delivery commitments from customers. This format would be discussed both internally with all departments involved and also the customer, and this became a monitoring document. Every task done would be tick marked and if any delays it would be communicated to the customer and new schedules discussed and agreed upon before proceeding. Till date I follow this process, even for implementation of a scholarship program. Training in tooling department was not very exciting and rather routine. Maybe I did not take much interest in this activity. Thus, this ended my training period on the various shop floors.

I next moved on to the training in various staff services departments, like drawing and designing, order processing, costing, long range planning, etc. More about these functions in the coming issues.

I end this communication by wishing all of you a wonderful festive season ahead. We have just finished Rakhi, Janmashtami and also Ganpati festivals, now waiting for Dussehra, Diwali, Christmas and New Year. Life is beautiful. So is every day. Never stop learning, because life never stops teaching. Every day is a new day and comes with new lessons. Always be happy. Being happy is your choice.

In Few days' time it is starting of my 78th BIRTHDAY. Though there would be no parties and big celebrations, I know at least all of you will pray for my well-being and good health. This issue will be released on that day.

Good luck! Wish you all the best!!!

Mom to all Lilas,

Friend to all readers,



Lila.



**Ankita Gajanan Khandekar
(LG 2016)**



**Poonam Kokate
(LG 2012)**



**Rohini Korde
(LG 2020)**



**Gayatri Padmakar Alaspure
(LG 2017)**



हे कस विसरू...

जसा मावळ्यास मान शान त्या तलवारीचा,
तसा मला अभिमान या **LPF** परिवाराचा.
तुमच्या हजारो मुलींनी शिकावं, पुढे यावं;
म्हणून दिवसरात्र राबलात,
कधी ना थकलात, कधी ना वैतागलात,
ना ही कधी थांबलात...
म्हणूनच म्हणते; हे कस विसरू...
काल मी त्या प्रेक्षकांमधे बसलेली,
आणि आज या व्यासपिठावर उभी असलेली,
याला तुम्हीच तर साक्ष आहात.
म्हणूनच म्हणते; हे कस विसरू...
जिला पंख नाहीत, तिला उडायला शिकवलात;
अहो जिने महाराष्ट्रा बाहेरचं स्वप्न नाही पहिल;
तिला तुम्ही परदेश दाखवून आणलं.
परदेशी तुम्ही आमची घेतलेली काळजी कशी विसरू,
आठवलं ते कि कळत नाही,
स्वतःला भावनांमधून कस सावरू.
म्हणूनच म्हणते; हे कस विसरू...
शिकले तुमच्याकडून, संकटात हसायला;
कधी तेज पसरवायला; तर कधी माणसांना धरून ठेवायला.
एवढेच नव्हे तर...
शिकवलात स्वतःच्या पायावर उभं राहायला;
तरबेज केलत विविध शैल्य-कौशल्याने आम्हाला;
आठवणीच तर सोडा हो,
मनातूनही कधी जाऊ देणार नाही तुमच्यासारख्या देवाला.



Priya Balasaheb Dhokare
(LG 2019)



Sayali Pravin Jadhav
LG-2015, LF-2019, PA-2018

ourQuote.in

कुछ ख्याल ...❤

यू तो रोज कई ख्याल टकराते हैं
कुछ मन मे समा जाते हैं ,
तो कुछ पास आकर भी रेत से फिसल जाते हैं ।

कुछ ख्याल जो दिल को पल में ही खुश कर जाते हैं ।
तो कुछ बुरे सपने से दूसरे ही पल मन को डरा देते हैं ।।

कुछ ख्यालो में दिखता हैं भविष्य सुनहरा ,
तो कुछ याद दिलाते हैं बीती जिंदगी का चेहरा ।।।

कुछ ख्याल बेमतलब कुछ होते हैं अहम ,
तो कुछ ख्याल लगे जैसे दिल का ही वहम ।

कुछ ख्याल उन चांद सितारों के,
तो कुछ ख्यालो में फिरे मन के ही भंवरे ।।

कुछ ख्याल दिलाते हैं याद अपनों की मोहब्बत ,
तो कुछ में दिखती है अपने लिए नफरत ।।।

लगता हैं हो जाए काश कोई कमाल ,
और सच्चाई बन जाए वो कुछ हसीन ख्याल ।

- प्रिया ढोकरे

When you wish for something with all your heart, the entire universe conspires in helping you achieve it. Everyone should have a goal, once that is decided, even if you are out of resources, your positivity & determination will help you gather all the reinforcements you need. And turning one such dream of hers into reality, is our very own, **Komal Vijaykumar Bhujbal, LG 2012.**

Komal was once a small-town girl. However, today she has travelled multiple countries in Europe and has grown both personally and culturally. From Italy to Paris, Komal had the opportunity to visit places that not only she, but everyone dreams of.

Talking about her journey Komal shares that as a girl she never thought that she'd be able to go beyond her hometown. "Whatever I am today is courtesy of Lila Poonawalla Foundation. They helped me when I had nothing but my dreams. Be it turning around my fate or being corporate ready, LPF has helped me through all of it." says Komal.

When Komal was promoted from a domestic team to a global team, Komal got the opportunity to visit Europe for her training. From not having enough funds to not having her passport till the last moment, she faced multiple challenges. However, she did not let this bring her down. Komal says, "Working in Europe was like an icing on the cake for me. I was travelling via a flight for the first time. I remember the pride in the eyes of my parents as they watched me take a huge step in my life."

Komal's unforgettable journey began at Mumbai International Airport. From there she travelled to Milan, Italy via Muscat. Although the purpose of the visit was to get trained & develop as a team to work more proficiently, the weekend brought a chance for Komal to explore the new places.



When Komal visited Rome, the city of marble, the city of illusions, and the city of yearning, she soon realised why it is said that Rome wasn't built in a day. She also explored the floating city of Venice and describes the city as extraordinary. And she swears that she took the iconic photo of holding the Leaning Tower of Pisa. Komal shares that the Vatican museum in Italy, which holds masterpieces from the Antiquity to the Renaissance time, is one of the most beautiful museums she's ever visited. She also made some unforgettable memories while riding through the elevators at the Eiffel Tower in Paris. She was overwhelmed with emotions while looking over the horizon from the top of the tower. Komal also got to experience the snowfall at Switzerland. She describes it as one of the coolest moments of her life. She also spent 3 months training at the Silicon Valley of India, Bangalore.

As memorable and enjoyable this journey was for Komal, she also learnt about the global culture and grew up as a person.

There is no harm in dreaming big, who knows when it might come true. And Komal's journey is a proof of the same.

■ **(Compiled and edited by Tazeen Shaikh)**

He who has health, has hope and he who has hope, has everything. With the pandemic still prevalent, it is more necessary than ever to have both hope and a good health. And a good diet is a key pillar in building a good health. Dietetics is a branch of knowledge concerned with planning diets to maintain health, prevention and treatment of disease.

A patient recovering from an illness will experience weakness and lethargy at both mental and physical level, which affects his day-to-day life. The novel Coronavirus is an acute illness affecting almost every second person on a global level. The symptoms and severity of this virus may differ for each patient. However, despite the severity of the illness, it is imperative for the patient to recover both, physically as well as mentally.

A slight modification in routine and proper dietary management will go a long way in this situation. Healthy diet is the key to a healthy life. A diet plan that can be followed for a speedy recovery has been specified below. A person can recover the energy expended during the illness in 15 days post infection by following the diet. Nevertheless, the patient can continue to follow the diet plan for a month.

Guidelines Regarding Healthy Diet:

- The patient should eat fresh, warm and soft food.
- All vegetables should be washed thoroughly. Common salt can be added to the water to wash the vegetables.
- 5 serves of vegetables and fruits should be included in the diet
- Ensure that the intake of water is minimum 4-5 liters.
- Make sure that the food is prepared in a hygienic atmosphere and the utensils used for the cooking are cleaned thoroughly before use.
- The diet mentioned below is planned according to the general basic principles of diet and nutrition. Probably suitable for almost all the patients recovering from Covid 19.
- If a patient has other co-morbidities, the diet may alter considering his symptoms and other parameters.
- **Total Calories:** 1500 Kcal
- **Total Protein:** Approximately 60 gm



Time Schedule	Diet Plan
Early morning At 06.30 AM	250 ml of warm water; (after 15 min) 4 almonds + 4 walnuts + 20 black raisins, Total water intake: 500 ml (warm water)
Exercise Schedule	Any cardio exercise for 30 - 45 min + breathing exercise for 15 min; (depends on individual capacity) Before exercise: Any fruit preferably an apple (medium sized 75 gm) (It is better to ingest the fruit stewed and partially boiled) Post exercise: A glass of milk (without sugar. If the patient is non-diabetic, can add 1 spoon of dried dates powder or 1 scoop (30 gm) of protein powder)
Breakfast At 08.30 AM	Two slices of brown bread + 1 spoon of pea-nut butter + 1 omelet (50 gm of vegetables can be added like chopped onion, tomato, cucumber, capsicum, coriander). Vegetarians can intake 100 gm of Paneer. (low fat)
Midmorning At 11.30 AM	1 Bowl of soup (200ml), For Vegetarians: mix veg/tomato, For Non-vegetarians: chicken. For Non-vegetarians: The patient can include 100 gm of fish or 50 gm of chicken (as per the patient's choice and availability of product)
Lunch At 1.00 PM	1 Phulka/1 roti/1bhakri + 1 bowl of daal (thick) + 1 bowl of green leafy vegetable + 1 small bowl of raita + 1 small bowl of rice.
Evening Snacks At 5.30 PM	1 Cup (100 ml) of tea + 1 bowl of steamed sprouts (add onion, tomato, green leafy vegetables) or any fruit 100 gm (as per the patient's choice)
Dinner At 8.30 PM	1 Roti/1 bhakri + 1 small bowl of rice or mix veg pulav + 1 large bowl of daal methi or daal palak + 1 spoon flax seeds chutney Or 2 small dosa + 1 bowl of sambhar + ½ bowl of coconut chutney Or 1 plate of rava or oats upma + 50 paneer bhurji Or 1 plate of mix veg, moong daal khichadi
Bed Time At 10.00 PM	200 ml of warm milk (without sugar. If the patient is non-diabetic, pure honey can be added).

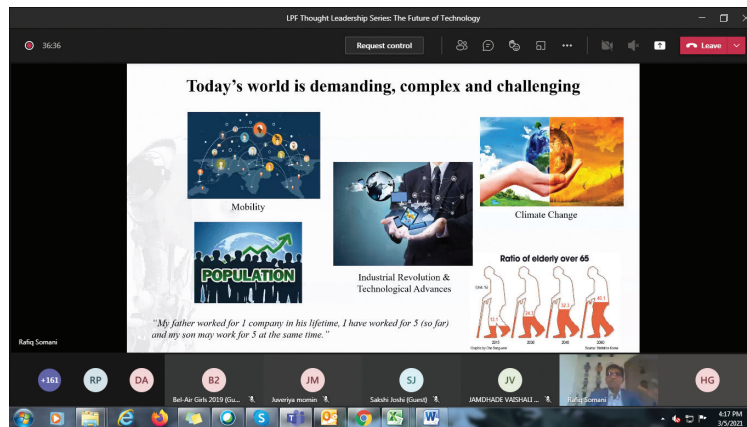
■ Dr. Priyanka Musale M.D. (Homoeopathy)
Consultant Dietician and Nutritionist
LF 2010

Contact No: 9822918064, Email : curehom1987@gmail.com

LPF Thought Leadership Series

A uniquely designed series facilitated by trustees & prestigious partners of LPF was been undertaken for all the LILA girls from 1996 to 2019. As the name, '**LPF Thought Leadership Series.**' indicates that this series itself was driven by the extraordinary success stories which led these personalities achieve what they dreamt.

The session was an extraordinary share of thoughts between the speakers: Mr. Anant Talaulicar (Trustee, LPF), Mr. Pradeep Bhargava (Trustee, LPF), and Mr. Kiran Acharya (MD and CFO – Sandvik Asia Pvt. Ltd.) who conducted sessions on LPF Thought Leadership Series-My Story, Balancing Conflicts- Work / Life & Mind / Heart, and Positivity and Self-Motivation respectively.

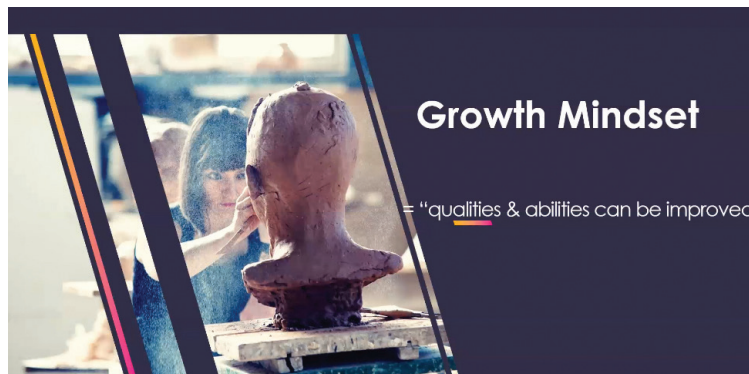


The series further witnessed a session from Ms. Vinita Deshmukh (LPF, Trustee) on The Consumer Protection Act 2019: Know Your Rights as a Consumer, then by Mr. Rafiq Somani (Area Vice President, India and South Asia Pacific, Ansys Inc) on The Future of Technology and also by Ms. Roda Mehta (Trustee, LPF) on My Journey with LPF.

The LILA girls actively participated in each session and shared their heartfelt thoughts. Rutuja Morye (LG 2019) said, "Pradeep Bhargava sir shared lots of valuable points with paper presentation which are really important for girls to grow. I now understood how to balance conflicts, how to develop myself to become a good leader." My learning from this session was – To Turn Your Conflicts into Your Destined Goals

Growth Mindset by Mr. Ravinder Pal Singh (Amdocs CEP)

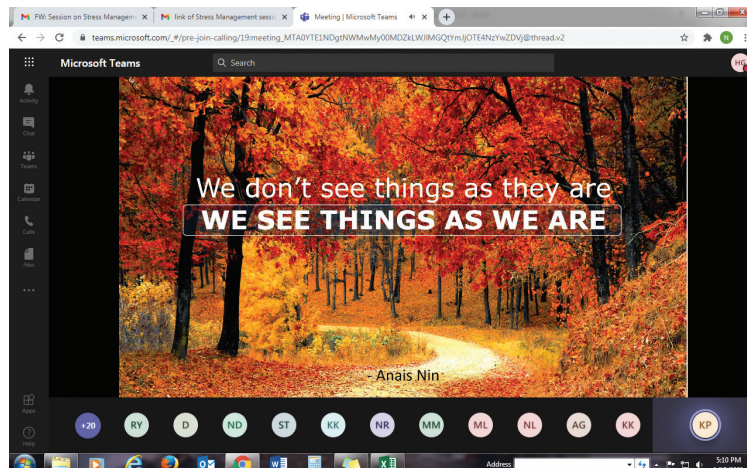
A program on Growth Mindset was conducted under Corporate Employability Program (CEP) organized by Amdocs that was facilitated by Mr. Ravinder Pal Singh for 2nd year Engineering LILA girls. The session focused on brain indulging thoughts like Intelligence and talent that can be developed. It also made the girls



acquainted with the ways for adapting to a new process or method, goals – short / mid / long term, viewing failures as an opportunity & embracing challenges. The LILA girls were highly benefited from this program as they learnt the difference between fixed mindset & growth mindset.

Stress Management & Mental Well-being (Amdocs) by Mr. Karna Patil

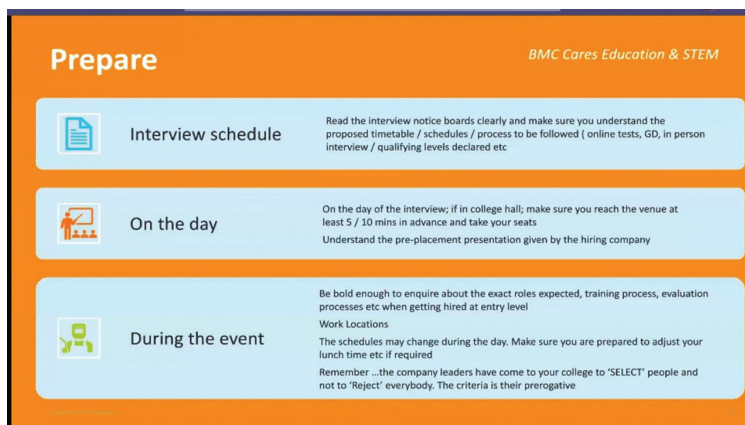
Mr. Karna Patil facilitated the 'Stress Management & Mental Well-being' session. This session was conducted for 2nd year Engineering LILA girls. During this, he stated some facts like – 'In the current scenario, where we all have to attend colleges online or work from home, sometimes it really gets stressful to manage everything and then we start to lose our interest in the ongoing topic. So we



all should try some yoga or mind soothing activities to maintain our wellbeing'. During the session, the girls also had a group discussion about types of sleep, sleeping patterns and some interactions like which kind of sleep is important like sound sleep, deep sleep and quality sleep. Mr. Patil also made the girls realize how to avoid procrastination and work on their mental abilities.

Smart placement preparation strategies by BMC Team

Preparing for an interview is something that all of us can relate to. But most of the time our efforts go in vain as we tend to focus on areas which we are not good in. So to make sure that the 3rd & 4th year Engineering LILA girls understand how to prepare themselves to rise in the professional industry, BMC organized the session on 'Smart Placement Preparation strategies'



Prepare BMC Cares Education & STEM

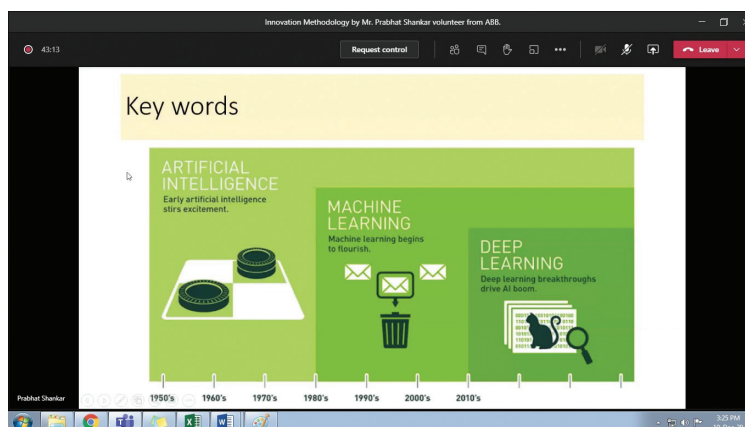
- Interview schedule**: Read the interview notice boards clearly and make sure you understand the proposed timetable / schedules / process to be followed (online tests, GD, in person interview / qualifying levels declared etc)
- On the day**: On the day of the interview; if in college hall; make sure you reach the venue at least 5 / 10 mins in advance and take your seats. Understand the pre-placement presentation given by the hiring company.
- During the event**: Be bold enough to enquire about the exact roles expected, training process, evaluation processes etc when getting hired at entry level. Work Locations. The schedules may change during the day. Make sure you are prepared to adjust your lunch time etc if required. Remember ...the company leaders have come to your college to 'SELECT' people and not to 'Reject' everybody. The criteria is their prerogative.

which included topics such as:

1. Placement process – resume, aptitude test, GD, Technical & HR round.
2. Preparation – Schedule, on the day, during the event.
3. Appearance – Curiosity, Body language, Self-confidence, Communication skills
4. Being frank with proper sense.

Innovation Methodology by Mr. Prabhat Shankar (ABB)

L PF organized a session on 'Innovation Methodology' was facilitated by Mr. Prabhat Shankar from ABB for 2nd year Bachelor of Science & Bachelor of Pharmacy LILA girls. This was an interesting session that discussed on the trending topics such as Data Science, Artificial Intelligence, and Machine Learning & Deep



Key words

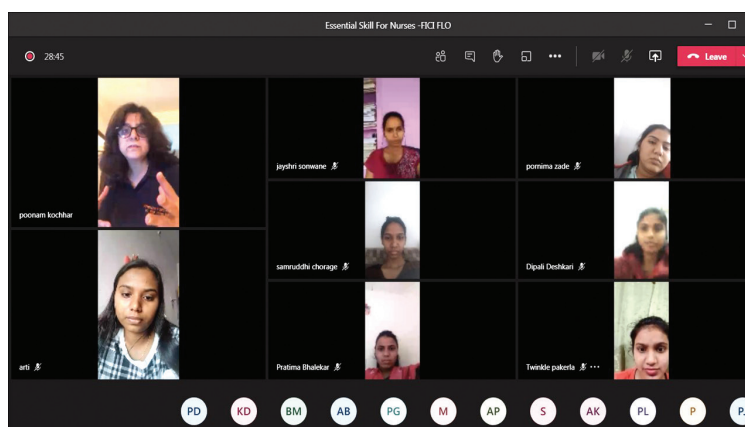
- ARTIFICIAL INTELLIGENCE**: Early artificial intelligence stirs excitement.
- MACHINE LEARNING**: Machine learning begins to flourish.
- DEEP LEARNING**: Deep learning breakthroughs drive AI boom.

Timeline: 1950's, 1960's, 1970's, 1980's, 1990's, 2000's, 2010's

Learning. Sir explained girls about how the exact data should be maintained and calculated like Computing statistics, Statistical comparison, Analyzing trend & Prediction. He mainly emphasized on AI Turning test & the ability to process information from environment and take decisions to mimic human behavior.

Essential Nursing Skill by Ms. Poonam Kochhar (FICCI FLO)

'Essential Nursing Skills'- a session facilitated by Ms. Poonam Kochhar from FICCI FLO for duration of 4 days. It was undertaken for 2nd & 3rd year Bachelor of Nursing LILA girls. During the course of 4 days, the session enlightened our girls with topics such as Communication & Interpersonal interactions, Team work, Problem solving, Critical thinking & Networking



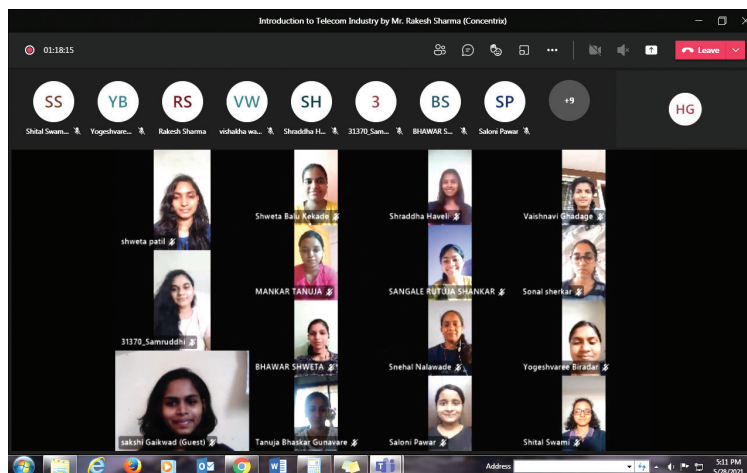
Video conference screen showing participants: poonam kochhar, jayshri somase, poonam zade, samrudhi chougale, Dipali Deshpande, arti, Pratima Bhalkar, Twinkle paketi.

professionalism. Ms. Poonam deeply highlighted some real life nursing situations where one should be able to control their emotions and concentrate on the tasks that are expected from them. Ma'am also shared important guidelines and facts about the interview process of nurses which made the girls more

confident and motivated.

Introduction to Telecom Industry by Mr. Rakesh Sharma (Concentrix)

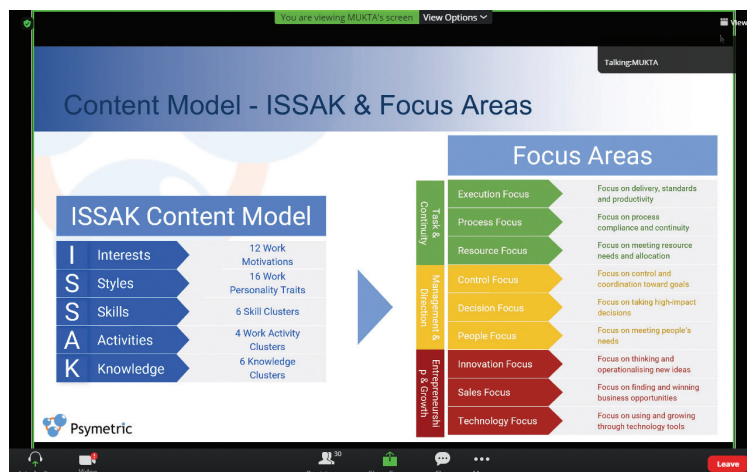
A session on 'Introduction to Telecom Industry' was facilitated by Mr. Rakesh Sharma from Concentrix for 3rd year Engineering LILA girls. As the buzz term 'Telecom' itself is a world of its own which takes an active part in the rising job creation across the globe, this session surely made it engaging to learn about the workings and different verticals of the Telecom sector. A participant - Shirsha Teleti (LG 2019), shares her feedback on the



session," *The Session on Telecom Industry was wonderful and very helpful for us. My learnings from the session are different verticals in telecom industry, skills required for different job role, active usage of telecom services and technologies to name a few. Sir also explained the future holdings and growth of the telecom sector. So thank you and Rakesh Sharma sir and LPF for this interesting session.*

Assessment & Counselling by Ms. Mukta Kampilkar (Tata Toyo Radiator Ltd)

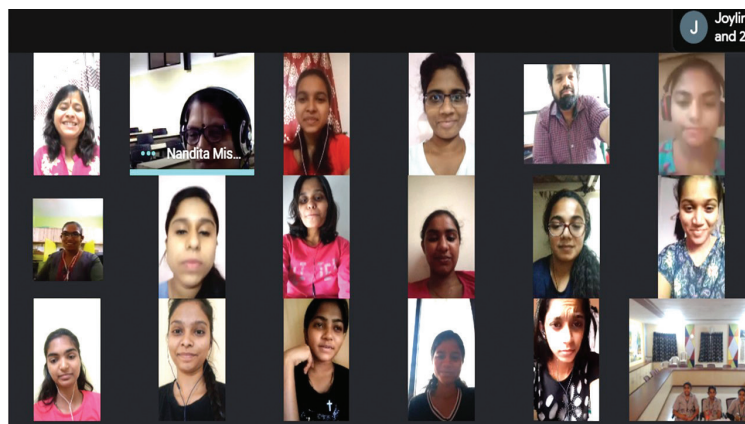
Tata Toyo Radiator organized a different assessment program with the assistance of Ms. Mukta Kampilkar which served as an aid to 2nd & 3rd year TTR supported (31) Engineering LILA girls to go through a unique self-evaluation tool called as the 'ISSAK Content Model'. This model measures an individual's personality through 132 different constructs to predict their potential at



work. The ISSAK report is broken into three parts. The first part describes your work personality; the second part describes your work motivation; while the third one indicates your potential at critical work focus-areas. Research suggests that self-reported ability and self-concept are powerful predictors of actual behavior.

Women Health & Safety session by Ms. Ragini Godbole & Dr. Nandita Mishra (MITCON)

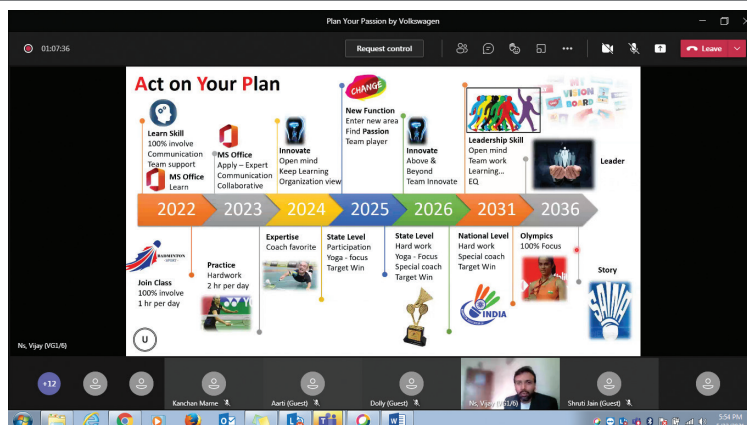
Ms. Ragini Godbole & Dr. Nandita Mishra from MITCON conducted a 'Women Health & Safety' session for 2nd year Nursing LILA girls to make them understand the importance of taking care of them along with nursing to the other patients. Risks associated with shift wise sleep schedule, performance, safety, social and familial disruptions



were deeply explained by the faculty. Dr. Nandita also helped our aspiring nurses to overcome their fears about harassment and partiality by explaining them the important protocols and measures that are granted to them by the government. The faculty ended the session by quoting that "Nursing is a noble profession" as you girls are angels.

Plan Your Passion by Mr. Vijay (Skoda, Volkswagen)

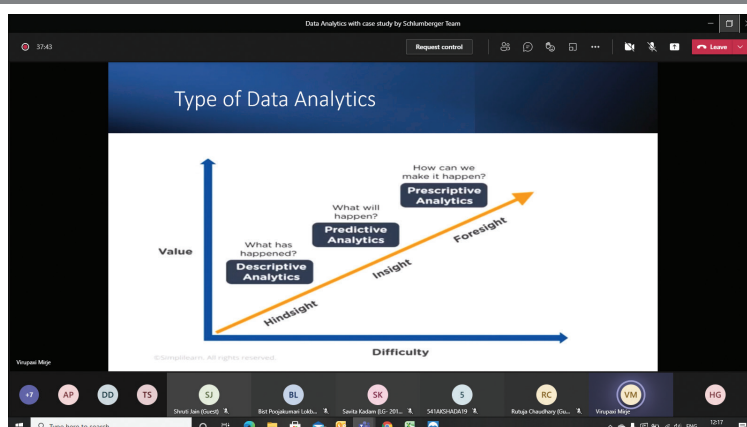
For 3rd & 4th year engineering LILA girls, 'Plan Your Passion' was facilitated by Mr. Vijay from Skoda, Volkswagen. The session began with explaining our day to day responsibilities, basic needs, financial support, commitments etc. How to



overcome the fear of failure and create your own story was admirably narrated by the trainer. He made the concept very engaging by explaining how to turn your passion into your mission by taking charge and acting up on your plan.

Data Analytics with case study by Mr. Virupaxi Mirje (Schlumberger)

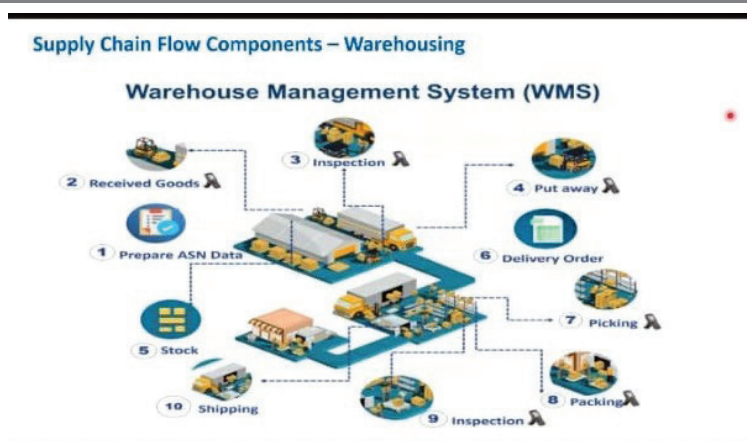
Data Analytics with case study was conducted by Mr. Virupaxi Mirje from Schlumberger for 4th year Engineering LILA girls. The topics covered in this session were Big Data; What & Why is Data Analysis, Types, Applications, Case study using Power BI. Akshada Shelar (LG 2017) shares her learning from the session and says that, "I really enjoyed the online program. I thought it was well planned



and organized, easy for me to understand. I am from an Engineering background, so Data Analysis is in our syllabus. It will be helpful for me in future to work with the Power BI tool. The overall structure of the session was good and I gained a lot from it. I would like to thank LPF for giving us the opportunity to learn and the Schlumberger team

Supply Chain Basics by Mr. Dhruv & Mr. Amol Deshpande (GE Aviation)

Supply Chain Basics was the first session from the series organized by GE Aviation Team for 3rd year Engineering LILA girls. Mr. Dhruv & Mr. Amol Deshpande facilitated the session covering the core contents of supply chain like Integration and Information Sharing, Procurement, Manufacturing, Product



Development, Logistics, Customer Service Feedback & Relevant Performance Measurement. This session gave an overview of how the management actually works and delivers the expected product with taking consideration of the factors affecting the performance.

contd. on page 11...

Birthday Celebrations, grandiose and memorable...!

14th April, a special day for the Lila Poonawalla Foundation, as it marked the 85th Birthday of its Founder Trustee and beloved Dad to the LILA Daughters, Mr. Firoz Poonawalla.

A grand celebration was planned with many initiatives, however all of that had to take a backseat due the 2nd Lockdown prevailing because of the outbreak of the second wave of COVID-19. Determined to make this day as grand and memorable as it could be, LILA Daughters, Peace Ambassadors (past and present), Team LPF, well – Wishers, Family and Friends all across the globe joined hands for an online celebration.

The celebration started by cutting multiple cakes, followed by an interaction session with the LILA Daughters, Peace Ambassadors (past and present), LPF Board of Trustees, Team LPF, well – Wishers, Family and Friends. The Peace Ambassadors created a special video tribute for their beloved dad, which was presented during the online celebrations followed by a birthday wishes video by the LPF Team.

The celebrations concluded with special address from Mr. and Mrs. Poonawalla.

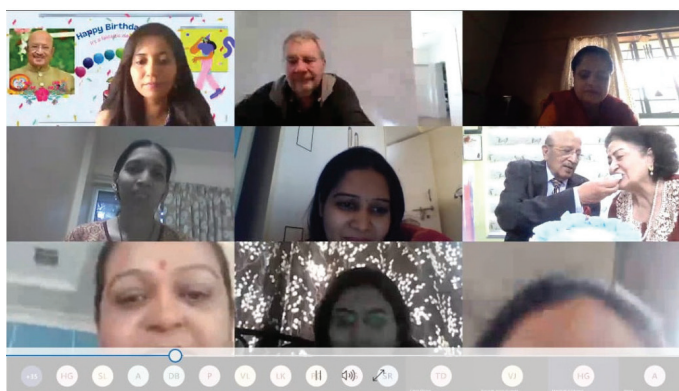
Celebrations were unending... But it was organized virtually this time!

51 Glorious Years of Married Life and Counting...

15th May, a day to celebrate the love and long lasting relationship! A wonderful online celebration was organized for Mr. and Mrs. Poonawalla, with well wishes, tributes pouring in from their beloved LILA Daughters, Family, Friends, Well-Wishers, LPF Board of Trustees and the LPF Staff.

The Peace Ambassadors of 2016 and 2017, each shared a special video tribute, which gave glimpses of the wonderful time, the Peace Ambassadors spent with their beloved Mom & Dad. The LILA Juniors from the School Project – '2Morrow 2Gether' too prepared a special video for wish the happy couple. Not far behind the LPF Staff created and showcased a special montage of Mr. and Mrs. Poonawalla's journey as a couple and as parents to 10,835 girls.

The celebrations concluded with the release of Inspira alongside with Inspira's editor and committee member Harshada Babrekar and the upcoming editor Kashmira Deval, LILA Girl 2012, LILA Fellow 2015 and Peace Ambassador 2017.



Developmental programme contd. from page 10...

Holistic approach to develop emotional and social abilities of girl students by PCCOE (Academia Connect)

PCCOE faculty organized a session for LILA girls, entitled 'Holistic approach to develop emotional and social abilities of girl students'. This program focused on making our LILA girls socially and emotionally involved in the different aspects of being a woman and taking charge with optimism as well as enhance relationships that they will form through their work ethics. This program was unique in itself; as it portrayed that you need something more than passion to achieve something in your life



is that you need to develop skills along with it. This program also taught them the importance of relationships in life and what one should do to preserve them. Topics covered were leadership ability in female intention and analysis, gender equality, Her's Truly-The art of being remarkable, Leadership ability in female and role in society, Importance of relations in humanity, Role of education for behavior family society and nature.

contd. on page 12...

"To make a difference in someone's life, you don't have to be brilliant, rich, beautiful or perfect. You just have to care, help and support others!"

During the novel Corona Virus disease (COVID-19) phase II, the pandemic outbreak elevated the food crisis for the informal sector workers in India. The loss of income, acute food shortage and bare access to healthcare during the pandemic, has not only turned their lives upside down but also amplified the deep-rooted structural disparity in our country. Our Lila Fellow, **Rita Madanlal Shetiya, LF - 2005, PA - 2011**, came



forward to help and support the needy workers. Her own Foundation, named 'Ritaa India Foundation' has a vision to help people in underprivileged class, medical emergencies, and also to educate rural region children. During the toughest COVID wave II pandemic times, her foundation distributed 500+ food grain kits and 220 sanitizers to Needy workers, Orphanage students, Transgenders, House maids at Taljai Pathar, Taljai Vasti near Dhankawadi, Gandhi Bhavan area near Kothrud, Suryoday Social Foundation at Indira Nagar and many more.

She would like to express her heartfelt gratitude towards Lila Poonawalla Foundation, (Respected Lila Poonawalla Mom & Firoz Poonawalla Dad) for their sincere contribution

and donation of 50 food grain kits and 220 sanitizers to needy people through Ritaa India foundation. As we continue to fight the spread of COVID-19 and despite this being the worst pandemic, LPF has always shown the never ending generosity and dedication to help needy. She also thanks our beloved Lila fellows- Deepa Krishnamurti, Jayshree Raut, Priyanka Eratkar, Rutuja Kanase and Harshada Dhumke for their continuous support. Special thanks to other donors for providing food grains kits.



At the same time Rita has also provided her full help to the people stuck in medical emergencies. She helped to raise funds for Lila fellow- Chitra's father to treat post covid medical complications and Arush Jadhav's liver transplant.

She appeals everyone to join in her vision and help to spread more happiness in the world!

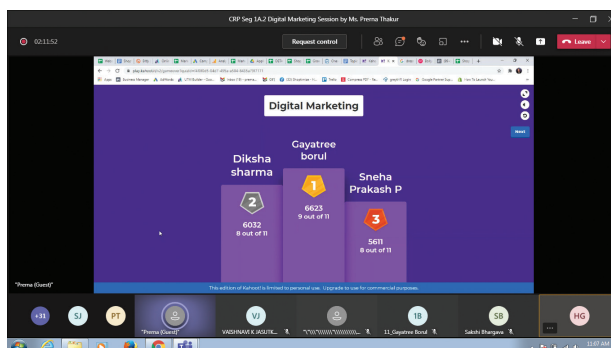


**■ - Rita Madanlal Shetiya
LF-2005, PA-2011**

Developmental programme contd. from page 11...

Corporate Readiness Program sponsored by Atlas Copco (India) Ltd

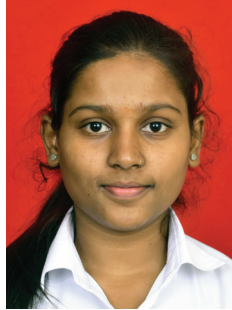
A distinctive and result oriented initiative by LPF in partnership with Atlas Copco (India) Ltd. This Program emphasized on 21st century new age technology & employability readiness skill development of our 2nd & 3rd year engineering LILA girls. The girls were selected based on their precise academic marks and active participation in the sessions organized by



LPF. The program consisted of well-organized modules which were then broken down into 11 sessions for 2nd year girls and 8 sessions for 3rd year respectively. The initiative was based on one exclusive thought 'To make LILA girls acquainted with the growth mindset and skills required to gain employment with the organizations of their interest.'

Inspira brings to you yet another girl who is confident, ambitious and full of dreams...

Consistently a meritorious student right from her Class 10, Diploma course is **Ankita Ugale, Lila Girl -2019** who is now pursuing Bachelor's degree in Computer Engineering. Ankita enjoys studying and taking up new challenges. She studied at Shivraj Vidya Mandir, Pune and took a Computer Diploma course from Government Polytechnic, Pune and further joined AISSMS college of Engineering, Pune for her current course. She wants to excel in the computer engineering field. Post her completion of bachelors, she will take up a corporate opportunity for some couple of years then proceed to complete her Master's degree abroad.



Ankita belongs to a middle-class family, her father is a truck-driver and mother is a housewife. Their financial condition was undistinguishing; however, they always have supported and nurtured her dreams. Her parents wish that she should pursue her dreams with full conviction. I was her financial condition and academic excellence that introduced Ankita to Lila Poonawalla Foundation (LPF) scholarship program. Little did she know that this association will be a lifelong learning journey and not just a financial aid.

"As we always say, once you enter the LPF family you are a part of this lifelong journey of learning, coaching, mentoring, grooming yourself to make you a better person who can face life challenges in a powerful and confident manner. My journey too started with meeting Mom and Dad at Fili Villa for my scholarship claim. I met Dad and took his blessings until then I was waiting for an important result to come from my college. The very next day the Developer Student Club (DSC) results were out and I was selected as DSC- Lead", Ankita shares this very excitedly. She feels the oneness with the LPF family in this regards too.

The programme of Developer Student Club (DSC) is arranged by Google to help the students bridge the gap between theory and practice in the software development and coding field. This was the first time DSC had reached her college and she had to do everything from scratch. She conducted interviews and prepared a team in her college. The selection procedure of being a DSC lead is difficult and consists of three steps. The Google team screened more than

3500 applications this year and selected only 250 students from India out of which 12 students were from Pune. This selection was based on the technical knowledge in the field and leadership qualities the students possessed. This programme is going to be for one year where Ankita will arrange events at national and international level.

Ankita humbly expresses her gratitude stating, *"It felt like a dream come true when I received an email stating that I have been selected as a LILA Girl. Thanks to Mom, Dad and LPF for all the learning so far. LPF has not only supported me with a financial aid but also helped to groom my personality through workshops like personality development, time management, self-defence, etc. These sessions helped me boost my confidence level, taught me to present myself in a better way that helped me to crack the DSC interview too. I am the first-ever DSC Lead in my college for the period 2020-21, there is a tremendous pressure to prove myself. While playing a role of DSC lead I inculcated good leadership qualities to handle pressure. Apart from gaining a considerable amount of technical knowledge, I gained experience in network development and team management in this activity".*

Ankita wishes to become a self-reliant, confident lady like Lila Mom. She likes to give the credit of her success and positive changes in her personality to the foundation.

Foundation wishes all the best for her future endeavours!

■ (Compiled by Vaishnavi Nimbalkar)

"Obstacles? Don't be Stopped by them, be Strengthen by them"- Bernard Kelvin Clive.

This quote pretty much summarises Nirmiti's life.

Nirmiti Gawande - Lila Fellow - 2018, an in-born fighter who always sees her hard hitting financial condition as a motive to work hard.



The struggle started when she lost her father at the tender age of 6, and life seemed gloomy. Her mother took charge of the fort, worked strongly day and night to earn a living and give good education to the children. Her mother keeps her morale high by always reminding

that, If you want to succeed in life, education is the only option; as- Education is wealth. (**“तुम्हाला जर पुढे जायचं असेल तर शिक्षणाशिवाय पर्याय नाही. शिक्षण हीच आपली संपत्ती”**)

Little Nirmiti followed these words religiously and topped board exams.

The struggle further deepened when Nirmiti wanted to pursue undergraduate studies in Pune and her own relatives were in opposition. Nirmiti's mother, who did not care for grimy relatives, left her job and shifted to Karve nagar, Pune for the sake of her girl's education. Nirmiti always wanted to pursue Engineering. She applied for numerous scholarships but unfortunately did not get a response. She even took admission for B.Sc. as Engineering fees were not affordable.

Her mother coincidentally came to know about LPF scholarship. Nirmiti rushed to the foundation office to get a scholarship form and understand the process. She, being new to Pune city, boarded the wrong bus which led her to a 6 KM barefoot walk in the rising heat. On the same evening, she visited a nearby internet cafe and applied for the scholarship. She prepared day and night for the interview. During the interview, Lila Mom sitting at the right-side corner didn't ask many questions but did mention that, *"you seem very enthusiastic and like your family members"*. When she was granted the scholarship Nirmiti was extremely happy, she looked into her mother's eyes and whispered, **“पुण्याला येणाचा न्हिणय चुकीचा नव्हता...”** (Moving to Pune wasn't a wrong choice)

With the help of the scholarship funds, Nirmiti took admission to one of the prestigious Engineering colleges in Pune. She had to do a part time job as a physics tutor to support her family needs. Engineering study, assignments, part-time work load, extra-curricular activities were so hectic that her bedtime became 3 in the morning.

On the other hand, she was looked down by her classmates for not wearing branded clothes, speaking fluent English etc. However this did not continue for long as Nirmiti was continuously working on improving herself. She attended almost every LPF arranged workshop and training programs and worked on her presentation, leadership skills and English language skills. Her part-time work also gave her a

lot of confidence and astoundingly, she kept gaining technical skills and soft skills both at the same time.

All of her efforts hugely helped her to achieve a position of Vice-Chairperson of ACM Chapter, Secretary of IoT forum, Women-Representative of Rotaract club, Project leader and various positions in college clubs. She also got recognized by college faculties for all the extracurricular activities where she was involved. Nirmiti worked hard on herself and is still working on it. Her mother and sister always supported and cheered her up in the journey.

Nirmiti believes in dreaming big – very big, she was in 8th Class and had already decided to become an entrepreneur, a CEO for her organisation. Whenever she tells people about her dream, they have this expression on their face, **“तुझा जीव केवढा आणतुझे स्वप्न कती मोठे”** (*Look at your size and see how big your dreams are?*). This does demotivate her sometimes but then, she keeps an example in front of her of all the great women in India like Indra Nooyi and Priti Khare who are well distinguished CEOs and moves on with the high spirit. She is raised by a single mother and that's why knows the potential that any woman could succeed if we decide to achieve heights by keeping the aim high.

Nirmiti got to know about Johnson Controls organisation internship from LPF Placement team. 20+ LPF members attended the workshop but she was shortlisted for a discussion, they questioned her about the interests, workshops, training, college activities etc. She was able to crack this interview with confidence and was selected for this internship. This is definitely a lifetime opportunity for Nirmiti.

LPF has not only kick-started her academics journey, but also has taken her future career on track as well. She is extremely thankful to Lila Mom, Dad and the entire LPF team for everything that they have done for her and also to many other needy girls like her. She also mentioned that it is one of her goals to become a LPF board of directors in the future and her willpower says she will definitely achieve it.

We wish her all the best for everything that's in the store for her.

■ (Compiled by Sonal Mohite Walunj)

Pune Placements

Sr. No	Name	Scholarship Year	Placement
1	Reshma Anil Borkar	LF 2017	UNICEF as a young professional
2	Kshitija Moreshwar Kulkarni	LG 2016	Cognizant as a Trainee analyst
3	Riddhi Sandeep Patare	LG 2017	Amazon as a Sr. Associate Prod Compliance
4	Dixita Nirmal Jain	LG 2016	Cognizant as a Programmer analyst trainee
5	Mayuri Umesh Damodhar	LG 2016	Atos Global IT Solutions & Services pvt ltd as a Trainee
6	Sonam Savkar Bangar	LG 2016	Bajaj finance Pvt Ltd as an Associate Software Engineer
7	Sushmita Surendra Ghate	LF 2017	She is working in Qmax & CamK12 as a Teacher
8	Revati Ramdas Jagtap	LG 2016	Fujitsu as a Application Developer Trainee
9	Muskan Latif Attar	LG 2016	Accenture as an Application Development Associate
10	Janhavi Nitin Sonawane	LG 2017	L& T infotech as a Trainee
11	Sakshi Manojkumar Jain	LG 2017	Citi Corporation limited as a Technical analyst
12	Kartiki Anil Chaudhari	LG 2016	Volkswagen IT as a Software Engineer trainee
13	Bhavna Kishandas Vaishnav	LG 2016	Talentio as Trainee
14	Ashwini Rajaram Balgude	LF 2017	Sci-Edge Abstracts as a Trainee Analyst-Scientific Information
15	Gauri Kishor Chauhan	LG 2016	Aditya Birla hospital as a staff nurse
16	Mitchelle Albert Venila	LG 2016	Aditya Birla Hospital as a Staff Nurse
17	Mayuri Sunil Patil	LG 2016	Qunatify analytics as a Trainee framework engineer
18	Vaishnavi Ramdas Bhise	LG 2016	Zensar as Jr S/W Engineer
19	Pratiksha Popatrao Pabale	LG 2017	Barclays as a Graduate Analyst
20	Sylvia Sanjeev Seelam	LG 2015	Rao Nursing home as a Staff Nurse
21	Utkarsha Ramesh Shinde	LG 2016	Mumbai Metro as a Station Controller
22	Rasika Dattatraya Sandbhor	LG 2016	Accenture as a Software Development associate
23	Amruta Ashok Bhalerao	LF 2017	Dr.Kathe Paramedical institute Narayangaon as a Teacher
24	Pooja Ramakant Wanode	LG 2016	Baxter as an Analyst Trainee
25	Bazeela Farooque Khan	LG 2017	TCS as a System Assistant engineer
26	Sanjivani Shirish Kshirsagar	LG 2016	Zensoft services Pvt Ltd as a Associate Engineer QA
27	Tanuja Baburao Shinde	LG 2017	Seagate as a Developer
28	Nilam Balaso Zende	LG 2017	Automatic Data processing (ADC) Pvt ltd as a Configuration Analyst
29	Archana Chandrakant Mahajan	LG 2017	ConnectWise as a Software Engineer
30	Mrunalini Mahendra Unecha	LG 2016	Covance as a Safety Science analyst
31	Kishori Pandurang Nikam	LG 2016	TSL Consulting Pvt Ltd. As a Business Development Specialist
32	SAYALI VITTHAL BATHE	LG 2017	Amdocs as a Software Engineering associate
33	Jincy Biju Pappachan	LG 2016	Fidelity Information Services (FIS) Global as a IT Trainee

Sr. No	Name	Scholarship Year	Placement
34	Komal Dnyaneshwar Bhosale	LG 2014, LG 2017	Accenture as a Associate Software developer
35	Shruti Satish Mahadik	LG 2016	UB soft as a Jr.Game Tester
36	Shreya Navalkishor Bhattad	LG 2016	E-zest Solution as a Trainee Software Engineer
37	Pranjal Ankush Borhade	LG 2017	Persistent as a Software Engineer
38	Pranjal Ashok Bhujbal	LG 2017	Pragmasys as a Tester
39	Ankita Laxmikant Bahirat	LG 2016	Deettek as a Jr.Java Developer
40	Richa Rajesh Patwa	LG 2016	Icon technology as an Marketing executive
41	Pradnya Anil Patil	LG 2016	Bharti Hospital as a Biomedical Engineer
42	Kajal Dattatray Thorat	LG 2016	Tata Motors as a Quality analyst
43	Chaitirali Dhanraj Gavhane	LG 2017	Citi bank as an Analyst
44	Anisha Sachin Jagtap	LG 2017	Accenture as a Application Development Associate
45	Shivani Khandu Sahane	LG 2016	ISGEC Heavy Engineering as a Graduate Engineer Trainee (GET)
46	Vruddhi Sanjay Kapre	LG 2017	Amdocs as an Associate Software Engineer
47	Akhila Reji Suja	LG 2016	Ruby Hall Clinic as a Trainee Staff Nurse
48	Pooja Sanjay Aher	LG 2017	Contera as a Technical assistant
49	Sakshi Ramesh Mitkari	LG 2016	Cognizant technology solutions as a Software Analyst Trainee
50	Akanksha Suresh Dangat	LG 2016	Softlink InternationalPvt Ltd as a Software Engineer
51	Aarya Tapan Narulkar (Mahesh Tatke)	LG 2012, LF 2017	Pfizer Health care India Pvt. limited in Regulatory affairs department as an Executive Role for US and Europe market
52	Prajakta Hanumant Sakore	LG 2017	TCS (ninja role) as a Software Engineer Trainee
53	Purva Karunakar Shetty	LG 2017	TCS as an Assistant System Engineer Trainee
54	Komal Rajendra Bharambe	LG 2017	Cognizant as a programmer analyst trainee
55	Muneera Malang Gadwal	LG 2016	Quality Kiosk as a Digital Quality Engineer
56	Ashwini Balkrishna Bacholkar	LG 2017	Atos -Syntel as a Associate consultant
57	Fatema Zoher Sanchawala	LF 2017	PTC Software (India) Pvt. Ltd. as an Associate Software Analyst
58	Ashwini Parasram Pokale	LG 2017	Optum as a Software Engineer
59	Priyanka Tukaram Chandgude	LG 2016	D.Y.Patil hospital as a Staff Nurse
60	Shafa Najir Lagiware	LG 2016	Airproduct Industries ,Pune as a Graduate Trainee Engineer
61	Shilpa Biju Aleyemma	LG 2016	Ruby Hall Clinic as a Trainee staff nurse
62	Sayali Yogesh More	LG 2016	Alitmetrik as an Software Engineer
63	Prachi Shrikant Ghodekar	LG 2016	Cognizant as a programmer trainee analyst
64	Vaishnavi Vishwanath Kevalram	LG 2016	USB as a Software Engineer
65	Kajol Anil Hulawale	LG 2017	UMAS Consultancy firm a a IT Consultant

Sr. No	Name	Scholarship Year	Placement
66	Payal Sunil Sawase	LG 2016	TCS as an Assistant system engineer
67	Priyanka Balasaheb Pokharkar	LG 2017	Audetemi India pvt ltd as an Associate Engineer
68	Rutuja Anil Bajare	LG 2016	Vodafone
69	Shraddha Machindra Dondekar	LG 2017	Logic Monitor as a Associate Software Engineer
70	Pooja Arvind Chaudhari	LG 2017	Accenture as a Associate Software Engineer
71	Devyani Narendra Jadhav	LG 2017	HSBC as a Trainee Software Engineer
72	Pratiksha Dnyaneshwar Shivekar	LG 2016	Capgemini as a Software Engineer
73	Aarti Suresh Borhade	LG 2014, LG 2017	Data Metica as a Associate Software Engineer
74	Divya Dnyandev Gadage	LG 2016	Deenanath Mangeshkar Hospital
75	Kiran Vitthal Waghmare	LG 2016	Pratiti rehabilitation center through Chaitanya Hospital as a Staff Nurse
76	Mrunal Mukesh Vaidya	LG 2013, LF 2017 & PA 2018	Auxilife Scientific Services as a Regulatory executive
77	Sony Ghe Varghese	LG 2016	Bharati Hospital as a Staff Nurse
78	Vijaya Wasudeo Zaparde	LG 2017	EMTEC as a Associate Software Developer Engineer
79	Pragati Kumar Borate	LG 2017	Infosys as a System Engineer trainee
80	Bhagyashree Sanjay Waghole	LG 2016	Deenanath Mangeshkar hospital as a Staff Nurse
81	Mausamee Sanjay Yedave	LG 2016	maha xray as a Electronic Engineer
82	Rutuja Ujwal Dhere	LG 2017	Grid Logocs as a Software Engineer Trainee
83	Shalaka Vijay Kudale	LG 2016	Xoriant company as a Software developer
84	Diksha Narendra Kumar Bhargava	LG 2017	Persistent Systems as a Software Engineer
85	Harshada Kiran Tingare	LG 2016	Bitwise as a trainee programmer
86	Monika Vijay Nagawade	LG 2016	Forbes Marshall in Quality Control section
87	Shivani Shivraj Kotalwar	LG 2017	TCS as a Assistant System Engineer Trainee
88	Mrunal Naresh Kalokhe	LF 2017	BMC Software as a Jr Product developer,
89	Anamika Yashwant Dalvi	LG 2016	Dentsu World services as a Full stek Engineer
90	Apurva Ramdas Vavale	LG 2016	Infosys as a System Engineer
91	Akshada Sandeep Shelar	LG 2017	HSBC Technology India as a Trainee Software Engineer
92	Harshada Santosh Padwal	LG 2016	TCS as a Software Engineer
93	Swapnali Dnyaneshwar Kale	LG 2016	Apprentice Trainee
94	Bhagyashri Maruti Pasalkar	LG 2017	Technofour Deffence Pvt Ltd
95	Minakshee Ramdas Suryawanshi	LG 2014, LG 2017	Fiserv India as a Software Engineer

Sr. No	Name	Scholarship Year	Placement
96	Latika Prakash Sawant	LG 2017	Accenture as a Application associate development
97	Ashwini Jaywant Takawale	LG 2016	Deenath mangeshkar hospital as a Staff Nurse
98	Shriya Vinayak Deo	LG 2017	LG India as an Graduate Engineer Trainee (GET)
99	Mansi Vijay Ranaware	LG 2017	TCL as a Associate Engineer
100	Tanvi Sandeep Kulkarni	LG 2016	Accenture as a Application Development Analyst
101	Shruti Rupendra Jain	LG 2017	Xoriant as a Software Engineer
102	Neha Pravin Thorwat	LG 2017	Cognizant
103	Prajakta Jaywant Zanjale	LG 2016	Deenanath Mangeshkar hospital as a Trainee
104	Rani Ramesh Potdar	LG 2016	Retila as a Sales person
105	Priyanka Nandkumar Dadge	LG 2016	Concentrix as a Technical support
106	Jincy Ponnachen Sogha	LG 2016	Bharati Hospital as a B.Sc staff nurse
107	Prerana Pandurang Maral	LG 2016	Pari Industries as a Graduate Engineer Trainee.
108	Akshada Sunil Kadam	LG 2017	L & T Infotech as a Graduate Trainee Engineer (GET)
109	Shraddha Shivkumar Rathi	LG 2016	Raja Software Labs as a Software developer
110	Chaitrali Suresh Kamthe	LG 2017	Nice System as a Support Engineer
111	Shivani Vishal Patil	LG 2017	Optum, Hyderabad, as an Associate software Engineer
112	Gayatri Shrikishanji Dhoot	LF 2017	Synrrzit as a Jr.Engineer
113	Riya P Moni	LG 2016	Altimetrik as an Associate developer
114	Saanchi Pankaj Goel	LG 2017 & PA 2019	Infosys as a system engineer
115	Shambhavi Sunil Deshpande	LG 2017	Accenture as a Associate Software Engineer
116	Apporva Abhay Khaire	LG 2016	Namo Medical as a Pharmacist
117	Pratika Subodh Girme	LG 2017	Cybage as a Trainee software Engineer
118	Krutika Rajendra Latkar	LG 2016	Amdocs as Tester
119	Pallavi Rajaram Badhe	LG 2017	Capgemini as a Software Engineer
120	Monika Tulshidas Dimble	LG 2017	Cognizant as program analyst trainee
121	Harshada Dattatray Hole	LG 2016	Deenanath Mangeshkar hospital as a Staff Nurse
122	Nikita Sharad Vishwasrao	LG 2016	Lovesyone software services pvt ltd, Ahmedabad as a software tester
123	Bhavana Ghanashyam Sharma	LG 2016	Capgemini as a Analyst
124	Shraddha Yogesh Shah	LG 2017	Infosys, Mysore Ltd as a Systems engineer
125	Jayashree Kuramani Maharana	2018	Mpaani as Software Developer Engineer
126	Nidhika Kalubhai Gohil	LG 2015, 2018	K Point Technologies Pvt. Ltd.as Software Developer Engineer
127	Savita Bhagwat Pokharkar	2018	Ramkrishna More College Akurdi as Assistant Professor

Sr. No	Name	Scholarship Year	Placement
128	Sayali Prakash Gaikwad	2018	Bet Narayan Maharaj BO as Assistant Branch Postmaster (ABPM)
129	Suvarna Harishchandra Chavan	2018	Shoptimize Pvt.Ltd. As Associate Member of Technical Staff
130	Vrinda Rupchand Borkar	2018	Tox Pressotechnik India Pvt Ltd as GTE
131	Priyanka Prakash Sahu	2018	Cognizant as Trainee
132	Aishwarya Narhari Kashid	LG 2015, 2018	Siemens PLM Graduate as Trainee Engineer (GTE)
133	Aishwarya Vijay Sinhasane	2018	Techperspect as Associate Software Engineering
134	Akshada Kishor Pachapande	2018	TCS ninja as Software Engineer
135	Ankita Bhausaheb Kajale	2018	Yotta infrastructure as trainee
136	Harshita Sanjay Bhosale	2018	HSBC as Trainee Software Engineer
137	Manasi Nitin Mathkari	2018	Infosys as System Engineer
138	Medha Dilip Borhade	2018	TCS as Trainee Associate System Engineer
139	Meghana Nandkumar Dhanokar	2018	TCS as Asst system Engineer
140	Muskan Mohiddin Momin	2018	Barclays as Graduate Analyst
141	Prachi Pramod Polakhare	LG 2015, 2018	Wipro Ltd. as Project Engineer
142	Pragati Shamrao Gaikwad	2018	Xebia as Software Developer Engineer
143	Prajakta Radhakisan Karanjule	2018	Tata Electronics as GET
144	Pranjali Vinayak Mane	2018	Accenture Pvt. As Associate Software Engineering
145	Rajlaxmi Pradip Darekar	2018	Deloitte as Analyst
146	Rohini Nivrutti More	2018	TCS (Ninja) as Assistant System Engineer-Trainee
147	Ruchita Ashok Nikhade	2018	Accenture Pvt. As Associate Software Engineering
148	Sanjana Mukund Patil	2018	TCS as Assistant System Engineer
149	Sayali Sandip Mane	2018	Siemens PLM as Graduate Trainee Engineer (GTE)
150	Shivani Deepak Bijamwar	LG 2015, 2018	Capgemini As Analyst
151	Shivani Manoj Ladkat	LG 2015, 2018	Barclays Pvt. as Software Developer Engineer
152	Shraddha Shivaji Mandekar	2018	Cognizant as Software Developer Engineer
153	Shreyasi Sunil Kore	2018	Bajaj Finserv as Trainee
154	Shruti Sanjay Gujar	2018	Persistent as Developer
155	Siddhi Sandip Bhor	2018	L & T as GET
156	Vaishnavi Vilas More	2018	TCS as S/w Engineer Trainee
157	Vipra Vijay Sharma	2018	SIEMENS PLM as GET

Amravati Placements

Sr. No	Name	Scholarship Year	Placement
1	Mayuri Namdev Pokale	LG 2017	Capgemini as an Analyst
2	Ruchita Hiteshkumar Modh	LG 2017	Capgemini as an Analyst
3	Samruddhi Sanjay Joshi	LG 2017	Capgemini as an Analyst
4	Vaishnavi Pramod Joshi	LG 2017	Capgemini as an Analyst
5	Vaishnavi Rakesh Alekar	LG 2017	NCDEX e-Market Limited as an User Acceptance Testing (UAT)
6	Pooja Rajendra Indhane	LG 2018	Capgemini as an Analyst
7	Tarkeshwari Manohar Kubde	LG 2017	Hitech Elastomers Ltd. Ahmedabad as a marketing executive
8	Akshata Sunil Pote	LG 2017	TCS Company, Pune as a Assitant System engineer
9	Janhavi Manoj Chatwani	LG 2017	TCS Company, Pune as a Assitant System engineer
10	Mitali Manoj Bhele	LG 2017	TCS Company, Pune as a Assitant System engineer
11	Purva Shrikant Sharma	LG 2017	Capgemini Company as aJunior Analyst
12	Tanusha Rajesh Rawat	LG 2017	TCS Company, Pune as a System Engineer
13	Dipti Pradip Gayakwad	LG 2017	Infosys Company, Maisur as a System Engineer
14	Pratiksh Manohar Khedkar	LG 2016	Capgemini company, Banglore as a Software Engineer
15	Pooja Ganesh Lahaber	LG 2016	TCS Company, Banglore as a Assitant System Trainee
16	Ashwini Ganesh Navghare	LG 2016	Infosys company, Banglore as a System Engineer

Wardha & Nagpur Placements

Sr. No	Name	Scholarship Year	Placement
1	Anushakti Shyamapada Bag	LG 2017	Tata Consultancy Services Ltd. (TCS), Pune as a Assistant System Engineer
2	Mrunal Yogesh Sayre	LG 2017	Zappcode Solution, Nagpur as a Software Trainee
3	Angel Yesanna Silka	LG 2017	DXC Technology as a Assosiate Professional
4	Apurva Raju Pachpute	LG 2017	Volvo Eicher Commerical Vehicles, Bhopal As a Graduate Engineer Trainee
5	Disha Pruthviraj Bhagwat	LG 2017	Accenture, Pune as a Associate Software Engineer
6	Sakshi Manish Rathod	LG 2017	Cognizant Technology Solution, Pune as a Programmer Analyst Trainee
7	Sakshi Ramesh Peshne	LG 2017	Persistance System as a software Engineer
8	Minal Dilip Wath	LG 2016	KP Technology Nagpur as a Office Assistance
9	Monika Gulabrao Bankar	LG 2016	Lupin Limited as a Medical Representative
10	Bhushani Vijay Kadu	LG 2017	Kokilaben Dhirubai Ambani Hospital, Mumbai as a Staff Nurse
11	Kiran Waman Thakur	LG 2016	Lilavati Hospital & Research Center, Mumbai as a Staff Nurse
12	Bhumika Jagdish Vaidya	LG 2017	Accenture, Pune as a Application Development
13	Rutuja Rajesh Ghodmare	LG 2017	Infosys, Pune as a Software Engineer
14	Monali Digambar Mehare	LG 2017	IGT Pvt. Ltd. as a Trainee

“If you have a vision, knowledge and a plan, you know what decision you need to make intuitively. And that confidence is contagious” these words by Nancy Pelosi, speaker of US house of representatives truly fit in the little world of **Snehal Kakteekar- LG 2012, LF 2015 and PA2017.**

Snehal is a beautiful young lady belonging to a middle-class family in Pune where her father Mr. Shivaji Kakteekar is a tailor by profession and her mother Mrs. Mahananda Kakteekar is a home maker. Like many of us she had her own dream world. She says- *"It is always important to have dreams. Without them we are nothing. To make them come true, one should take small yet impactful steps, which will get you closer to them."* Her dream was to buy a house for her parents, for which, she needed a good job to gather money and she thrived to complete her dream. Her family supported Snehal in all her decisions. She proudly says *"My family always made sure that I receive the education I wanted to pursue as they couldn't receive theirs due to financial conditions. There was no compromise when it came to learning. What I am today is because of the blessings of my family and Lila Poonawalla Foundation."*

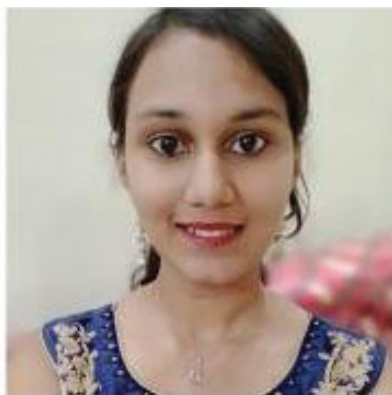
However, huge programme fees were worrisome to her family while searching right path of her career. Amidst of these, when she got selected for LPF scholarship her family was much relieved. With LPF's support, she could complete B.Sc. in Computer Science and pursue higher education of Masters in Computer Science from renowned institute MIT Pune. She says *"My aim to excel in academics was stronger than ever. And with the courtesy of Lila Poonawalla Foundation, I got the resources to complete my education and I am forever indebted to them."* Even after bagging the scholarship Snehal did not stop and rely on the scholarship alone. She supported her family by making her hobby into her part time work. She made hand painted diyas' during Diwali and craft projects for school students. She also worked as an assistant teacher in a coaching class for 1.5 years which helped her contribute towards her family chores.

Apart from providing scholarship amount, foundation groomed her in such a way that she got ready for her industrial avenue. Now it's the time that she is ready to serve her duty towards the foundation. In her words *"The kind of knowledge foundation instilled in me prepared me for the best. I attended several programmes that taught me the virtues of leadership, patience and determination. Soft skills and career guidance programs made me ready for campus placements. Being selected for PA 2017 program was one of the biggest milestones in my personal and professional life. This program helped me become more organized, presentable, shaped me to be confident in any situation and gave an exposure to team work. The program learnings helped me for my first on-site visit to Europe. The etiquettes I learned in grooming sessions came in handy when I got a chance to travel abroad for work. Foundation has not only helped me financially but it gave me a new family of sisters, lovely Mom, supportive Dad and also an opportunity to visit the place ASHA CENTRE, to meet all the great personalities and learn from them. The kind of love and support we receive from Mom and Dad is overwhelming."* Another surprise for her from foundation was in queue when she received a call regarding her interview for Corporate Citizens Magazine. She is thankful to Mom for sharing her achievements with one of trustees Mrs. Vinita Deshmukh as Snehal never expected herself to be featured in the magazine.

Snehal currently works with Tieto India Pvt. Ltd for past 3 years as a Software Engineer. When asked about her professional experience, she said *"All good things come with time and I know I will achieve my goal if I continue the way I am preparing. I neither think about results nor do I get disheartened when I fail. Rather I always learn from my experience. Even in lockdown I and my family suffered from many problems as my father's work stopped. But we fought through it together as a team."*

She had supported her family financially and successfully managed to fulfil her dream of buying a house for them. She truly is a motivation to excel for all the Lila girls. To end this article, let's read a beautiful thought as shared by Snehal in her interview for corporate citizen magazine. *"Be a dreamer, you will find a way in the darkest days and make the most of the moonlight. Set goals and targets. Follow a schedule and access your performance time to time. Be confident and believe in yourself."*





Sakshi Raju Bhangale (LG 2018):

Successfully completed e-Internship exchange program from 9 Jul to 30 Aug 2020

Riya Nilesh Hindocha (LG 2020):

Won successive medals for swimming since 2013 and was selected for a scholarship from Sport Authority of India (SAI) during the year 2016



Pranoti Namdev Mane (LG 2019):

Published research paper on subject "Analysis of Construction Waste Management in sangali region, Maharashtra" at IRJECT (International Journal of Innovative Research in Science, Engineering and Technology)



Ayesha Rahim Shaikh (LG 2018):

Received a bronze medal at 9th National Level Championship in Martial Arts and currently working as an instructor trainer at WARDA (Women's Against Rape and Domestic Abuse)

contd. on page 26...

Dear dad,

Wishing you a very Happy 85th birthday 🍎

I always feel that I'm the luckiest daughter to get love and blessings from my parents & both of you who nurtured me at the different stages of my life and shaped it the way one can just imagine. 🙏🙏🙏 I always start my day with the good morning wishes from you. There is not a single day that I have not received such messages from you. 🍎🍎



Since last one year, you are tirelessly helping girls and their families to survive in this pandemic situation. Without any discrimination religion/ caste or any sort, you went to places personally and extended help to all those who are affected by Covid-19 crisis. 🙏

In my difficult times, you were the strongest support. Even my close friends or relatives hardly come forward but there was not a single day, you called me to check the status and supported me in such situation. 🙏🙏

Whenever I came to meet you in your office, I always found something interesting, especially your classic collection of brooch, set works or décor, it always fascinates me. Oh and how can I forget about your trips to different places in the world! 🌍

When we start discussing about your trips 🗈️, time just flies, the way you narrate the stories or your experiences, one can feel to be a part of those trips. Each story is so meaningful and life lessons.

I am lucky to get the interesting gifts from you, all the time when I come to meet you. The handful of dry fruits or imported chocolates or sweets 🍌🍌🍌, are another reasons to visit your office again and again 🙏

You have taken me to the places I could only dream of. 🗈️🗈️ The traveling experience with you and mom would always be memorable in my life. The lessons I learnt from both of you would always remain close to my heart. 🍎

Each party, picnic or get together which you organize, are always grand. 🙏 You are the perfectionist right from the minute to minute planning, décor, theme for such events, everything is just so thoughtful, and one can learn everything just by observing and listening to you. 🙏🙏

Today, you are turning 85 years but your energy and a strong desire to support others and living life to the fullest, inspire all of us. God bless you with health, wellness, love and happiness. 🍎🙏

Gayatri Kshirsagar
Peace Ambassador 2016

Our dear Firoz,

Wishing you a very happy birthday! May you be blessed with good health so that you can continue to spread cheer and help all those who need help. Your generosity has helped to change lives of not only the young girls but their families and society at large. Your love and affection has helped the girls who felt neglected or those who were struggling to realize their dreams have helped them to have confidence and self respect. The ever grateful girls are stepping into the world with vigor, renewed zeal and hope to achieve success. They are no longer feeling helpless.

You have changed the concept of father figure in these girls by playing the role of a perfect father. On this happy occasion Zal and I wish you all the very best.

With lots of love,



Freny

Hello,

Happy Birthday to awesome Dad.

I wish you the best birthday dear Dad. You are always inspiration for me. Whenever I meet you, I always want to be kind, confident and gentle like you. Definitely the support from you and mom is going to help me create bright future. And I am very thankful for that.



You always support your Lila daughters. And I feel super proud to be Lila girl. Your words always make me smile. Your appreciation makes me creative and happy. Your suggestions give me ideas to try something creative. You are really an amazing person.

I hope this pandemic will over and we will meet you and mom soon.

And once again many thanks to support us and Happy Birthday.

Stay home, stay safe

And take care of yourself and mom.

Your Lila girl,

Rutuja Pujari
LG 2020

Dear Mom and Dad,

Getting parents like you by my side makes me what I am today. Thank you so much for supporting me unconditionally. I received the e-card you sent. Being very honest to you but I am really feeling so very short of words that I actually need to praise you for all what you had actually done for me and also for what you just do for me every time.



God has blessed us in so many ways, but the biggest of them is our parents. They deserve the best from us always. If people could choose their parents before they were born, they'd all choose you because you are just awesome. Thank you for being such great parents for me and my sisters in the world!

I promise you to visit you guys no sooner.

Lots of love and hugs.

Warm regards

Neha Mahamuni
LG 2016

Dear Mom and Dad,

Thank you for wishing me on my birthday. You have been always showering Love and Happiness on me. All the confidence that I have gained in the past couple of years is just because of you. I am feeling very humble by your Love. Every day I wake up and think about becoming like you. Those thoughts give me power to rise and shine.



I hope you are taking care of yourself and not panicked about the pandemic. My family and me are doing well. I study everyday for my master's entrance exam. Spend the rest of the day with Mom and Dad and learn new things as well. I try to be productive and invest most of the energy in building a mind map of what I would like to do in the future. All these things became possible because of you. Your financial and emotional support to empower me is really a beacon of light for me.

I promise you that I will always keep you in my heart. You will never regret about your decision about choosing me as a LILA girl 2017. I will always strive for empowering me and my sisters. You will be proud of me someday.

Covid-19 has spread here in Vidarbha region for last couple of weeks but we are taking care of ourselves please don't worry about me.

Eagerly waiting to see you Mom and Dad. Lot's of love and best wishes. Thank you once again for the blessings.

Yours lovingly,

Shreevidya Mangesh Yamatkar
LG 2014 and LG 2017(Amravati)

Hello Lila mom & Dad,

How are you mom and dad, I hope you are doing well. I am very thankful that I got your support. Whatever I am today is because of support and love. I wish to share that, after completing my engineering in Amravati I went to Pune and take admission for CDAC. In that course, I learnt many programming languages. And after that course completion, campus placements took place. After two months of struggle, I have got placed in Nihilent. In Nihilent I have worked on Net, Azure and AQL and now I have been allocated to Nedbank project, which is very challenging project for me. But, I am happy that they have given me this opportunity. I have attended office only for three months and now I am doing work from home due to this pandemic time.



I really miss the activities that you always arrange for us. I miss that entire events and I feel that, those event and activities were most memorable times in the engineering. I feel very blessed to have you in my life. I don't know in what words I can say thanks but still thank you Lila mom and dad for being part of my life.

Thanks and Regards,

Prajakta Sune
LG 2014

Dear Mom and Dad,

Perfect is the word that comes to mind when I try to describe your gift. I don't think I myself even could have gifted anything better. Thanks for knowing me so well. Thanks for the wonderful gift. I really loved it.



In ordinary life we hardly realize that we receive a great deal more than we give, and that it is only with gratitude that life becomes rich. Thank you so much for sending me such lovely and meaningful gifts on this special day. Thank you for everything Lila Mom and Firoz Dad!!! I hope Dad and you are doing well. It gives me an immense pleasure with working with Persistent. I wish you and dad live a great life ahead. This 25th anniversary of our foundation isn't just a milestone of one more year of being together.. it is an official testimony that your love is truly forever.

Happy 25th Anniversary to foundation!

Mansi Ashok Todi (Pune)
LG 2014D

Dear Mom ,

I am Palak SanjayKumar Shravagi
Lila Girl 2017 . Wishing you a very
happy Women's Day Mom .

You're a transformational force.

You're a facilitator of change.

You're a limitless wheel of fortune.

You're adaptable.

You're a perfect role player.

You're an executionist.

You're powerful.

You're a great asset to humanity.

Your spirit is indestructible.

You're loved!□

Happy Women's Day Mom□.

Love you so much .

Thanking you,

Your lovingly daughter,

Palak Shravagi (Amravati)
LG 2017



Dear Mom,

Wishing you a very Happy Women's Day, I am Sana Qureshi Lila Girl- 2017. Mom, your generosity, love, care and humbleness have taken you a long way and you deserve every great thing coming your way.

I always consider myself very lucky for having met you. From the first day when I met you today and surely for the rest of life , as my mother always been my inspiration, you are too. Very lucky to have both of my mothers in my life who always guide me and inspire me to be successful. Ever since you are a part of my life, things are going better, thank you so much. Wish I could be as wonderful a person as you are. I wish I could be as strong as you always have been. Wishing a very Happy Women's Day!

Thanking you!!

Yours loving daughter,

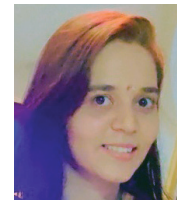
Sana Qureshi (Amravati)
LG2017



Kavita Kulkarni
Rs. 30,000
LF 2001



Rashmi Joshi
Rs. 25,000
LF 2001



Prajakta Khatri
Rs. 25,000
LG 2012



Pooja Devarmani
Rs. 15,000
LG 2016



Mubashsharaha Khan
Rs. 20,000
LF 2003



Sai Ratna Moatamarri
Rs. 20,000
LG 2013



Neha Gupta Tambekar
Rs. 15,000
LF 2009



Sneha Gupta
Rs. 10,001
LG 2012



Vidya Jain (Shinde)
Rs. 10,000
LF 2002



Manisha Kulthe
Rs. 10,000
LF 2011



Merin Philip
Rs. 10,000
LG 2012



Shivkanya Shinde
Rs. 10,000
LF 2015



Amruta Nirgudkar
Rs. 10,000
LF 2008

Food is something that makes everyone happy! Undoubtedly it's the most favorite part of life. One such passion for preparing and inventing new dishes is upheld by Sonal Bhagat LG 2014 and PA 2017.



Sonal says, *"Over many years of this passion, I have built a relationship with my food. I not only cook but I enjoy the process more because I feel I am the safest and happiest person when I am in the kitchen. This might be because I'm myself a foodie person. I started cooking at a very young age with a motive to help my mother in kitchen chores and later found my passion in it. I love when people savor my dishes, I love to see the smile on their faces and enjoy the appreciation of their satisfied tummies..."*

Over these years she has grown strong and confident and has also started taking up challenges that once felt hard to be fulfilled. She adds that this is because of her association with the foundation. Mom has always been the inspiration and encouraged her to take up new opportunities and challenges and Dad has always supported her throughout her decisions. Even her own parents encouraged and supported her to take up this step and extended support as and when they could. Thereby, she says' *"Over many years I have been posting up my dishes on my social media accounts and love it immensely when people appreciate it. I used to think of creating my own blog for food, but I never pursued the idea as it takes a lot of efforts and dedicated time to make it successful. I used to think it needed a lot of investment in terms of money and time. Amidst pandemic, working from home I used to get a lot of free time. I decided to start regularly trying new dishes and later it sort of became a routine. Every Saturday was the day I used to try new recipes and after some editing, I used to post it on social media. I decided*



to have my own Instagram handle for food blogging. I named it whats_sonal_cooking. As I am working, I don't get enough time to prepare content for the page, so I decided to share whatever I prepare in my daily routine."

Though true that this is not an overnight built passion but the people around us like colleagues and friends suggest people through social media platforms and help in growing the network further.

Sonal loves to prepare food from the very first step, from planning the dish, buying material, to cleaning vegetables and to plating the dish. Recently she has also developed the interest in food styling and photography too. Even after this, she says that trust me the process is

not easy as she faced lot of challenges and still continues facing them. But yes, with all these hardships, she is now comfortable in sharing culinary skills with people.

"What is important is your creativity, your imagination and ability to engage people with your activities with simplicity. So, I decided to use my creativity and all the things available around me, preparing my own backdrops and spending hours on capturing that one

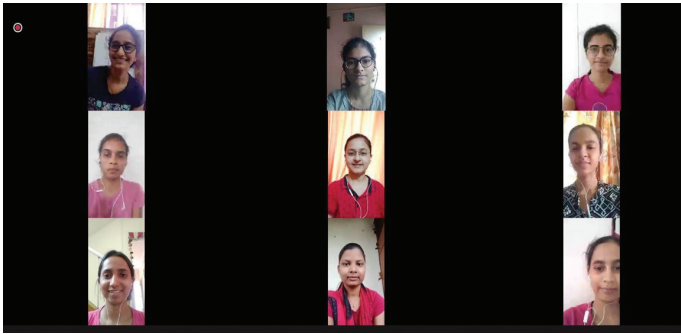
single perfect shot that makes your dish look more beautiful" adds Sonal.

She will continue her experiments and make the best of the available resources and come up with many more fascinating dishes and traditional recipes for all her viewers as these activities really make her happy and can help in measuring the personal growth. She funnily adds, *"To be very honest, if I wouldn't have been a Mechanical Engineer today, I would have been a wonderful chef I believe."*

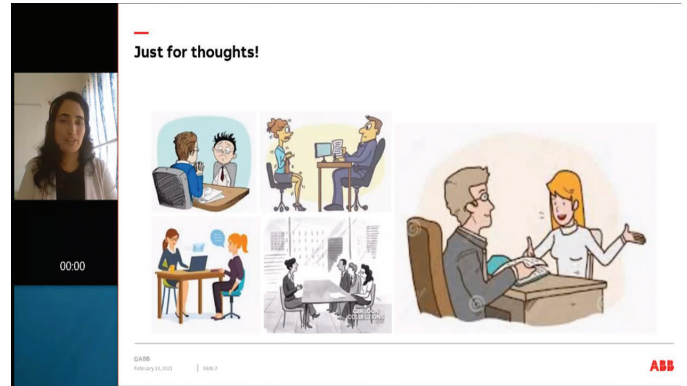
If you too are a foodie, do visit her profile and if you like it follow her on Instagram @whats_sonal_cooking.

■ -Sonal Bhagat
LG 2014 and PA 2017

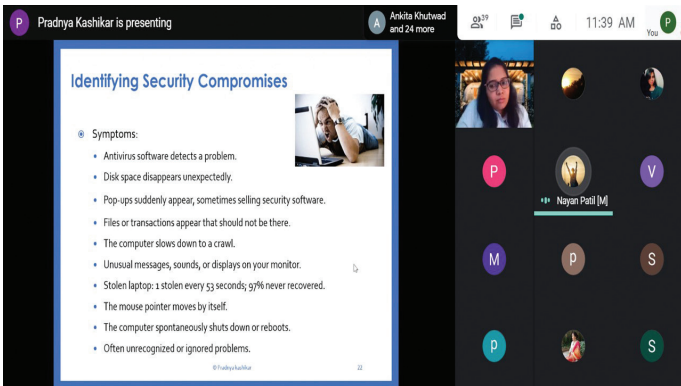




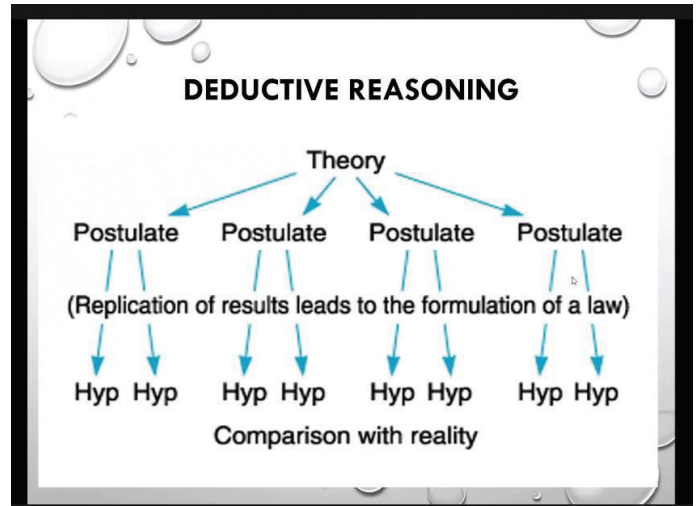
Lila Girls posing for a group photo with the trainer Snehal Patil (LF 2005) during the session of Quality by Design



Volunteer from ABB explaining in the pictorial form about 'how communication plays an important role'



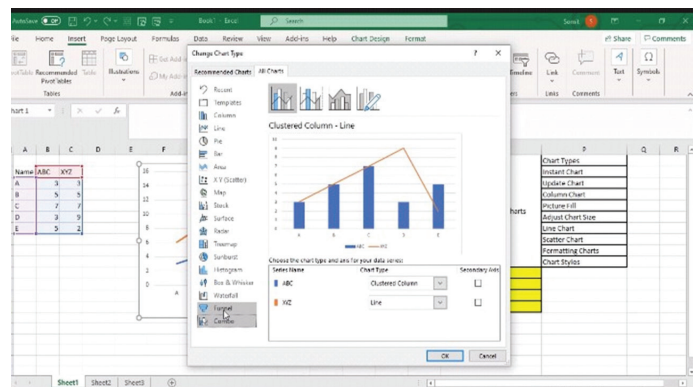
The trainer explaining about identifying threats during security in Cyber Security Awareness session as part of the Corporate Readiness Program sponsored by Atlas Copco



Trainer Dr Asawari Bhawe explaining deductive reasoning during the Research Methodology session as a part of Corporate Readiness Program sponsored by Atlas Copco

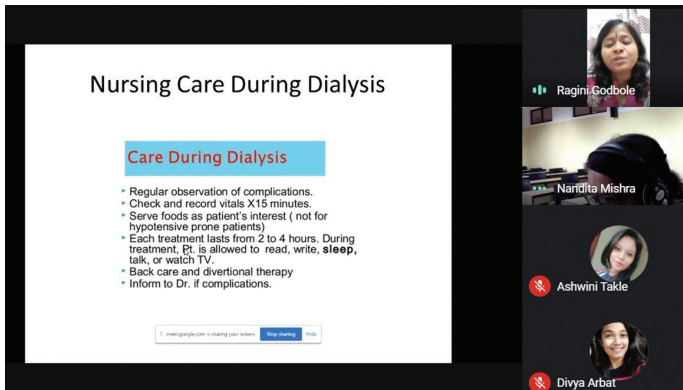


The trainer explaining about interpersonal skill during Leadership skills session, which is part of the Corporate Readiness Program by Atlas Copco



The trainer showing the representation of data in excel using link chart, pie diagram etc. conducted during basic & advance excel session

contd. on page 29...



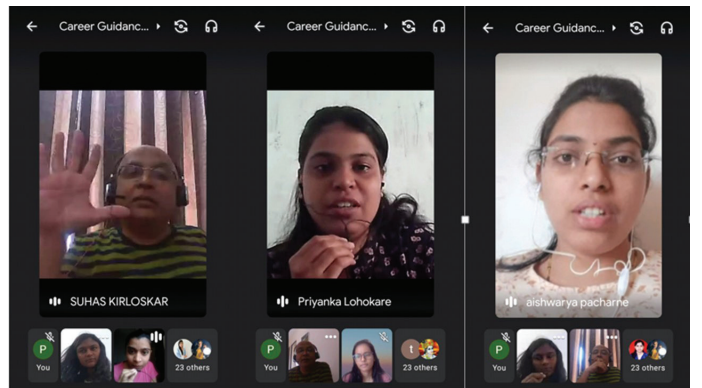
Trainer Ragini Godbole explaining Nursing Care Dialysis during the session on Medical Devices Regulations



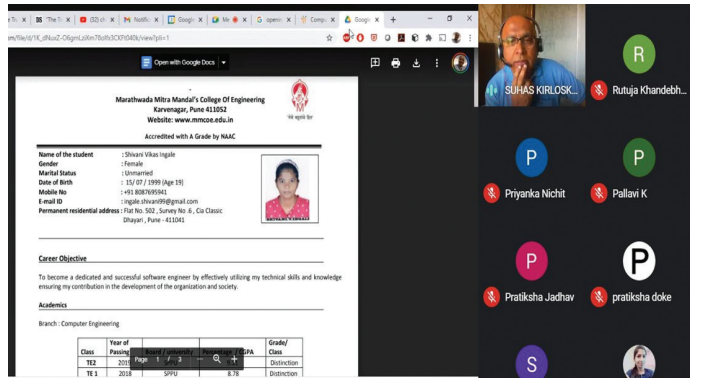
Session on Design Thinking by Amdocs volunteer



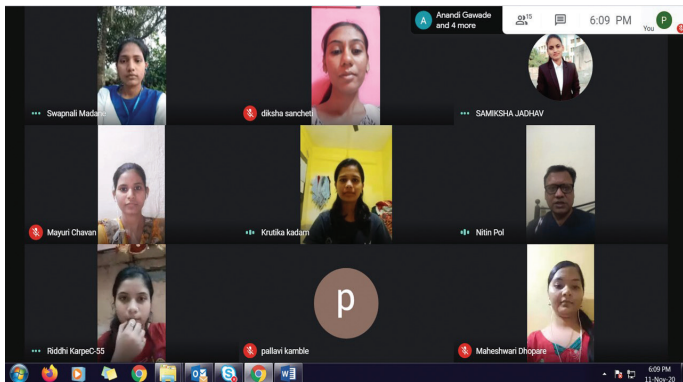
Group photo during the session on Unconscious Bias session by Amdocs volunteer



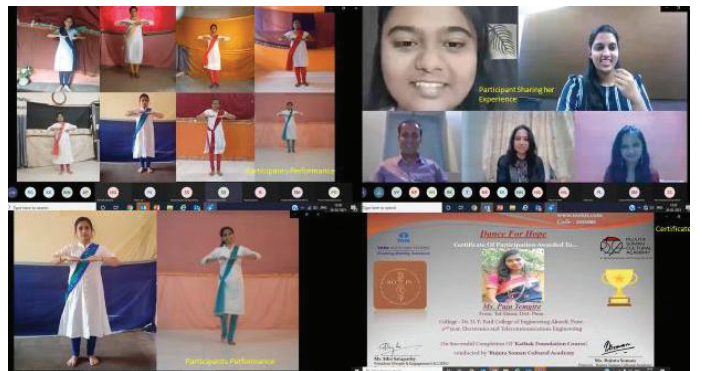
Trainer Suhas Kirloskar giving guidance on the career scope in the respective domains of work



The tranier explaining girls how to prepare resume

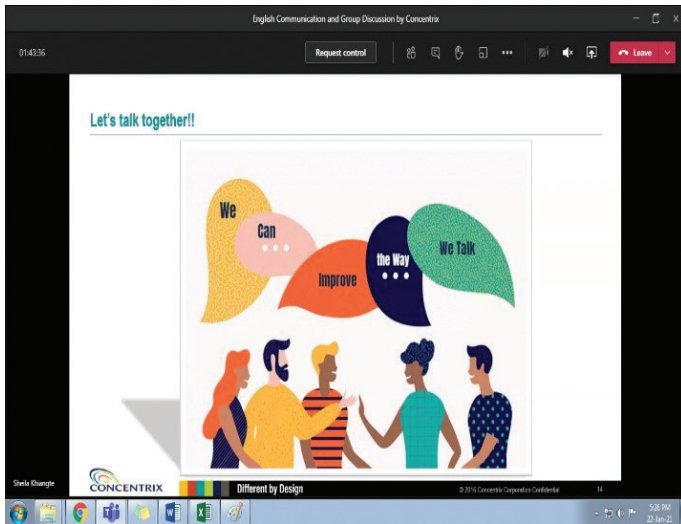


Lila Girls posing for a group during the online Spoken English Classes



Video of girls performing Kathak dance

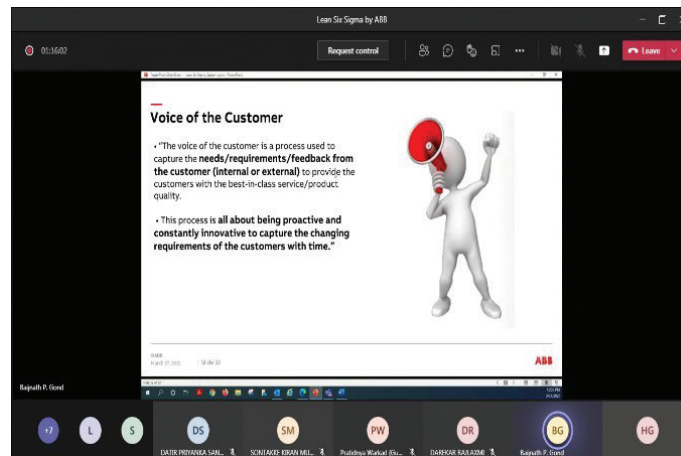
Corporate Employee Volunteers for LPF Girls



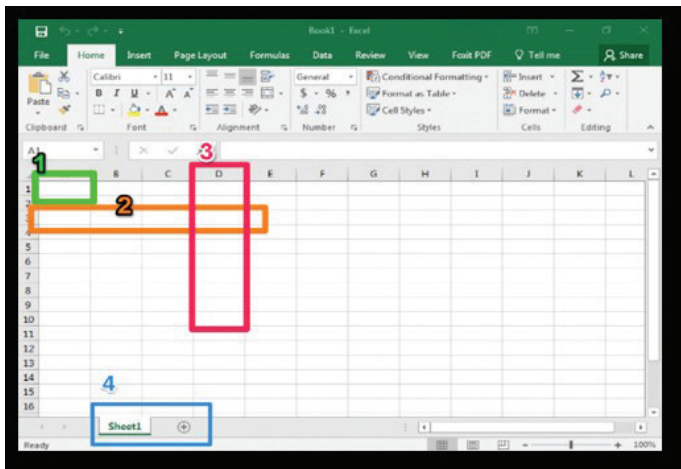
A program on 'Communicate for success' by Concentrix Volunteers



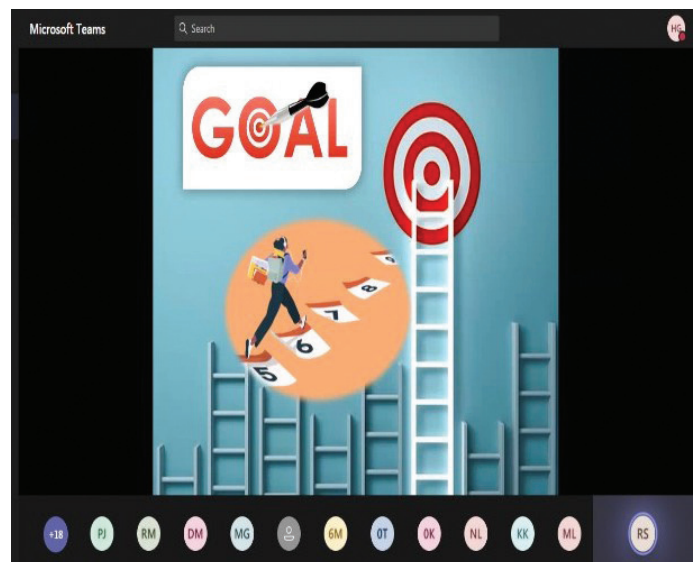
Seco Tools arranged for 'Mind Mapping' program



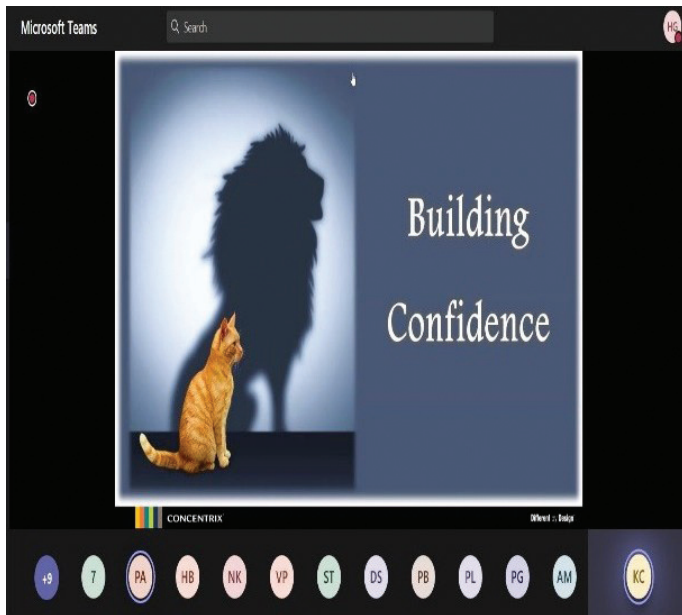
'Lean Six Sigma' workshop by ABB Volunteers



Tata ProEngage Volunteers arranged for a session on 'Basics and Advanced Excel'



A workshop on 'Goal Setting' by Amdocs Volunteers



An extra ordinary series of 'Confidence Building' by Concentrix Volunteers



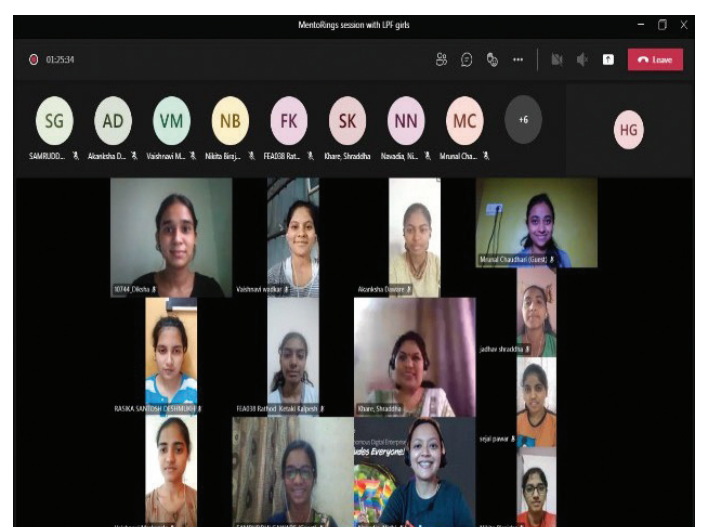
TATA Toyo Radiator conducted a session on 'Automotive Industry Trends & Innovation'



A learning session of 'Basics of Supply Chain' by GE Aviation



A lecture on 'Big Data' by Schlumberger Volunteers



An informative program on 'Basics of Agile, Dev-Ops and SDLC' by BMC Volunteer (MentoRings)

Session: Emotional excellence workshop

Firstly, I want to say big thank you for giving me the opportunity to attend this wonderful session.

On Day 1: I enjoyed and learnt a lot which includes the major thing that I have learnt- $IQ+EQ=SQ$. Ma'am, cleared all of my doubts by giving so appropriate examples that made me realize how to balance IQ and EQ and how they are equally important. A small survey was great in terms to get an idea of how things are dependent on each other and individually important to live a great life.

On Day 2: Ma'am, introduced us with very important factor i.e. Emotional Intelligence Domains that includes- Self Awareness, Manage your emotions, Empathy, Motivate yourself and Social Skills. They helped us check our individual EQ score.

The test was designed perfectly so I understood in which area I am strong and in which section I need to improve myself. Example of Former Indian all-rounder Yuvraj Singh's as he smashed six sixes in an over against England in the first-ever T20I World Cup in 2007 was very refreshing. It was from that moment, that I understood how I could handle the situations, emotions

by not getting distracted from my goals and staying focused. It was indeed an informative session.

On the last day, Day 3: It all started with relaxing and calm music which worked as a therapy to me to forget tensions, anxiety and stay focused throughout the session. The thought set by the Tea example was a perfect explanation for "YOU HAVE NO CONTROL OVER WHAT HAS HAPPENED BUT...WHAT HAPPENS NEXT WILL BE DETERMINED BY HOW YOU REACT" I learned a lot from that. Ma'am perfectly told us how we can apply the "90/100 PRINCIPLE" in our life. Thank you so much for your very valuable training. I really enjoyed it.

I feel much better and well prepared now to deal with uncomfortable issues. A big thank you for your wisdom, experience and awesome 3-day session. I found it extremely beneficial. It was: thoughtful, inspiring, fun, meaningful and motivating.

■ - Akshada Pachpande
LG 2018 , Pune



Session: Build a better you

The session for building a better version of you was divided into three parts as 'Why? What? and How? I knew the "why" part and now I also know 'what is to be done' and 'how I can do that'. Also, thanks to Meera ma'am, she conducted the session very interestingly and made it motivating for everyone. I love to attend her sessions focusing on life and development of positive attitude towards it.

This complete session was conducted for 3 days, where in, on the very first day, understanding that our dominating thought creates our life; if we focus the thoughts on positive and productive things , we can achieve it in a go gave us a vision to look over ourselves again. Then on the following day, the realisation that 'I

am the reason for most of the things in my life and should be consciously involved in that process' was very satisfying. Also, the last day made us realise that there exists a learning ladder, in which I know where I stand and now I have to practice to make it to the last step.

Thus, the learnings will definitely help me building a better version of myself and all due thanks for organising this session.

■ - Akanksha Giri
LG 2017 and PA 2019 , Pune



Session: Boot camp on 'Innovational strategies & Research Methodologies'

'Boot camp on Innovational strategies & Research Methodologies' was indeed a wonderful session conducted by Pradnya Ma'am. She is very active, interactive and is an awesome motivator to make us think in right direction. The way she is conducting sessions from day one were very well structured and also implemented according to topic.

The way she makes us think on next level along with new ideas and innovations is very fascinating and powerful. From the initial day itself, I can feel the difference in my thinking, behavior and learning of any concept. This boot camp has cleared all of my confusions by linking the applications of concepts like innovation, invention,

research, ideas, strategies, thinking methods and imagination together.

I feel most satisfied and pleasure some to be part of this boot camp as it has enlightened my knowledge and thinking. Waiting to be a part of more such upcoming sessions.

All thanks to Lila mom, Lila Poonawalla Foundation and Pradnya ma'am



■ - Darshana Bandal
LG 2019, Pune



"कर हर मैदान फते" In this Covid 19 pandemic, I was really inspired from this line....

In the beginning of pandemic, my emotions were running high, I cried on my way to work for each and every day because of the worry that I would get Covid -19 and might die or infect my family and friends. May days passed with this worry until one day, when a 7 months old baby was admitted in my ward along with his father and grandmother but his mother was not allowed to enter in ward because she was Covid 19 negative.

That 5-6 days experience with baby was really unforgettable that 5 days taught me lot...

That time I felt it is a God given opportunity to provide care for Covid patients and safely discharge them.....

I started Covid duty in July 2020 and that time I was supposed to be posted for only 15 days in Covid ward but till date I am working in Covid ward....

■ - Pranjali Uttam Kawade
LG 2013

Hospital- Jehangir Hospital
Post- Staff Nurse from July 2018

First when I volunteered for Covid duty, there was fear of catching the infection...Though the thoughts were distressing, staying far from dear ones, working in suffocating PPE kits, working for hours at a stretch in covid isolation wards, risking life, trying to care patients, gaining their confidence, all such deeds made me feel worth for the oath which I had taken to serve the humanity. It was not just prayers; blessings that made me feel strong but also the very hope that the time ruled by Covid will surely pass. Therefore, I refused to give up!

Proud to be one among the Covid Warriors...BE A WARRIOR, NOT A WORRIER

■ - Agnes Sheeba Royichen
LG 2017

Posted at Grant Medical Foundation,
Ruby Hall Clinic

I am very grateful that I got a chance to serve the people during the 1st and 2nd wave of Covid-19 pandemic. During the first wave, I have served the people by conducting Naka screening, Home to Home survey to identify people with covid-19 symptoms. Followed by this, I also did Covid duty at Bel-Air DCHC (Dedicated Covid Health Centre).

And during the second wave, I did covid duty at Bel-Air DCHC (Dedicated Covid Health Centre). The duty shifts is 6 hours in the morning and evening whereas night shift is 12 hours. But the work is very hectic whether it is day shift or night shift.

Through Covid duty, my clinical skills have improved and also my self confidence in caring for the patients has boosted up. Wearing PPE (Personal Protective Equipments) kit and working is not at all easy. It causes suffocation and I got allergic rashes on the skin.

It brings me joy to see the Covid patients recovering from Covid and going back home to their loved ones.

Last but not the least; it affected me emotionally to see some of the patients lose their lives to covid-19.

■ - Ibakordor Wahlang,
LG 2017 and PA 2019

Currently studying in 4th year Basic B.Sc Nursing,
Bel-Air College of Nursing, Panchgani





First few days it was very difficult to do the Covid duty wearing full PPE kit and especially mask and face shield. I used to sweat inside the PPE Kit completely and with the mask and face shield, I couldn't see anything. But day by day, it become a daily routine and taking care of the covid patients, especially the pregnant patients and babies became a challenging experience.

I indeed felt very proud as we, being into nursing profession witnessed the harshness and because of our dedications throughout this pandemic situation, we could give our best service to everyone. I'm really very glad to be a part of this Covid duty.

■ - Binsu Joy
LG 2012

Posted at Artemis hospital,
Gurgaon- Haryana

It is not how much you do, but how much love you put in the doing.

- Mother Teresa

I, Ms. Reshma Tanpure (LG 2012) feel proud to be working as an Infection Control Nurse. Initial days were really tough; everyone had no clue about what's going on, how to avoid getting infected, and what treatment

to be given to infected patients. This was frightening and as well as shocking for everyone especially for Frontline workers like us. We had no choice to do work from home instead we must attend our duty from hospital.

Being part of Infection Control Department, it was our duty to control the spread of infection amongst Healthcare workers and all over the hospital. It was challenging as Covid infection transmits rapidly.

I am very thankful to Mom and Dad for their constant support and guidance. Because of that, I'm able to work in this unpredictable and challenging situation.

■ - Reshma Shankar Tanpure
LG 2012

Hospital name- Bharati Hospital, Pune,
Post- Infection Control Nurse



Firstly I would like to thank Mom and Dad for giving me opportunity to share my experience.

here is a special feeling of sharing my experience of working as a COVID warrior and battling the pandemic from the frontlines, "This pandemic is a life-time experience and I pray that this situation never comes again. While working on the frontline I witnessed the pain of families those were unable to meet their patients. Even after getting discharged from the hospital, patients have to continue to be in isolation.

I feel grateful that I am in a situation where at least I am able to do something to change the way things are.

We were in PPE>S throughout the duty period and it is difficult to remain in it. Even though we suffer this, we happily provide services to safely discharge Covid patients who pin their hopes on us."

"This whole experience has taught me to value life despite all the problems and to cherish and appreciate whatever we have in our life."

■ - Tejasvini Uttam Raut
LG 2017

Student of Tehmi Grant Institute of Nursing Education, Pune
Posted in Grant Medical Foundation, Ruby Hall Clinic

As Lila Poonawalla Foundation (LPF) celebrated 25 Years of Excellence in the year 2020, LPF had not one but 11 Scholarship Award Functions to welcome the new batches of LILA Girls and LILA Fellows.

It all began with 2 award functions held on 30th of January, 2021. LPF welcomed the new batch of LILA Girls for Bachelor of Science and LILA Fellows for Postgraduation. In the month of February, LPF had the first ever award functions in Hyderabad. Where, the first batch of LILA Girls was awarded scholarships for pursuing Bachelors of Technology (4 years) and Bachelors of Technology after Diploma (3 Years). A total of 188 girls were awarded the scholarship. In the month of March, LPF had 6 award functions to welcome the new batch of LILA Girls for Bachelor of Engineering (4 years), Bachelor of Engineering after Diploma (3 Years), Bachelor of Pharmacy, and Bachelors of Science in Nursing. The photos of all award functions can be glimpsed across.

Correspondingly, for all the functions held in 2020, the no. of Girls Awarded Scholarship in each region is thereby given as-

- **Pune**
 - ✓ Postgraduation: 43
 - ✓ Bachelor of Engineering/Technology (4 Years): 227
 - ✓ Bachelor of Engineering/Technology after Diploma (3 Years): 286
 - ✓ Bachelor of Science in Nursing: 107
 - ✓ Bachelor of Science: 30 and
 - ✓ Bachelor of Pharmacy: 62
- **Wardha, Amravati & Nagpur (WAN)**
- **Wardha and Nagpur**
 - ✓ Bachelor of Engineering/Technology (4 Years): 67
 - ✓ Bachelor of Engineering/Technology after Diploma (3 Years): 36
 - ✓ Bachelor of Science in Nursing: 26
- **Amravati**
 - ✓ Bachelor of Engineering/Technology (4 Years): 93 and
 - ✓ Bachelor of Engineering/Technology after Diploma (3 Years): 68
- **Hyderabad**
 - ✓ Bachelor of Technology (4 Years): 153
 - ✓ Bachelor of Technology after Diploma (3 Years): 35



30th Jan 2021: Chief Guest **Vishakha Ambekar (LILA Girl 2011, LILA Fellow 2013) & LILA Fellow 2018 and Peace Ambassador 2019 – Radhika Gholap** as the Guest of Honour, along with Trustees – **Ms. Roda Mehta and Ms. Vinita Deshmukh, Mr. and Mrs. Poonawalla** awarding the certificates to new girls of LPF family



30th Jan 2021: Chief Guest **Snehal Patil (LILA Fellow 2010, Peace Ambassador 2012)** awarded the certificates to newly added LILAs.



5th February 2021: Chief Guest **Mr. Vinayak Chintapally (Head, ITID, HSBC Technology India)** awarding the certificates to newly added girls



6th February 2021: Chief Guest **Mr. Viswanathan Mani Iyer (Chief Operating Officer, HSBC Technology India)** at the award ceremony for LGs



12th March 2021: Guest of Honour **Mr. Prasad Natu, (Vice President - Pune Branch, West Zone, ABB)** awarding the certificates to newly added girls



6th February 2021: Chief Guest **Mr. Raman Kumar Singh (Chief Human Resource Officer, ABB India Ltd.)** awarding the certificates along with other LPF members to the newly girls.



14th March 2021: Guests of Honour **Mr. Ravinder Singh Rana (SVP - Regional General Manager - India, ASEAN & ANZ, Concentrix)** and **Mr. Ravi Chidambar (Chief Executive Officer, Tata Toyo Radiator Ltd.)**



12th March 2021: Guests of Honour **Mr. Sakaar Anand (India Head & Head of HR, BMC Software Inc.)** and **Mr. Norbert Konig (Vice President - Asia Pacific and Managing Director - India, Seco Tools)** awarded the certificates to newly added LILAs.



13th March 2021: Guests of Honour **Mr. Anupal Banerjee, (Chief Human Resource Officer, Tata Technologies)** and **Mr. Vinay Shende (HR Director, Hognas India Pvt. Ltd.)** awarded the certificates to newly added LILAs.

contd. from page 35...



13th March 2021: Guests of Honour **Mr. Gautam Gulati (Director, Schlumberger India Technology Centre Pvt. Ltd.)** and **Mr. Dhananjaya Krishna (Centre Manager, Schlumberger India Technology Centre Pvt. Ltd.)** awarding the certificates along with other LPF members to the newly added LILAs.



14th March 2021: Guests of Honour **Mr. Girish Bidani (Head - Centre Operations, HSBC Technology India)** and **Mr. Jan Frydrych (Executive Director - HR & Admin, SKODA AUTO Volkswagen India)** awarding the certificates to newly added girls with other LPF members and beloved Mr. And Mrs. Poonawalla

Hello dear readers,

This is for the very first time that I'm interacting with you. This platform to have a word with you all through the 58th issue of INSPIRA is really a noteworthy moment. As I take over the baton from Harshada didi, I still remember the day when Mom first called me to ask if I could look after the highly prestigious INSPIRA newsletter and be its chief editor. The telephonic conversations, getting known with the team, developing new columns etc. began all then.

From that moment till today, the journey made me understand how we search for the bits and parts of the experiences, thoughts, moments etc. from our sisters, make its foundation stronger by drafting it and then choosing the columns for finally constructing it all together. Really an awesome way to go through!



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There's a lot of difference between working passively by observing the issue and then active participation for undertaking every small role. I could feel the responsibility on my shoulders but the support of every single member from foundation helps me to learn and grow more with a sense of happiness.

The INSPIRA team has helped me a lot to recognize my role and explained me well with all

my tasks. It's because of them all including Mom, Dad, and Inspira team that has made this happen. Undoubtedly, the trust which Mom showed on the very day will be kept from my end for many years to come along.

I thereby look forward to interacting with you. Till then, let's all take care and be safe. See you then...

■ - Kashmira Deval
LG 2012, LF 2015 & PA 2017

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